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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Increase Fertility With The Fertility Calendar And Herbal Plants

By Jeanette Pollock

Is getting pregnant your ultimate dream this time? Have you gone through all sorts of

stress-relieving activities but then you just cannot increase your fertility? Have you engaged in an unprotected sexual intercourse with your partner for over a year now but then there is still no news of your upcoming baby? Why don't you increase your fertility with the help of the fertility calendar?

If you are facing several difficulties in getting pregnant, you are hence not alone. Such thing has long been a major dilemma for most women. The incapacity to get fertile is nonetheless a great risk to be faced by both men and women. Some failed marriages can trace their roots from one of the couple's incapacity to bear a child. Being childless can open certain emptiness in a married couple's life. It may sound clichéd but there is always a solution to every problem.

What is the fertility calendar?

What is there with the fertility calendar? How can you increase fertility with the fertility calendar? Basically, the fertility calendar predicts in which days you are most probably fertile so you can have a successful pregnancy. Experts recommend that you get into a sexual intercourse in your most fertile days. You must first be aware of your own cycle to get into the meat of your fertile days. The fertility calendar will make you see your fertile dates, the end of your menstrual cycle, your ovulation period, and the most probable due dates.

What can the fertility calendar do for you to increase your fertility?

By using the fertility calendar, you get to know a series of ways wherein you can put your own cycle into a chart. When you are aware of when your most fertile time is, you increase your chances of conceiving. The fertility calendar also allows you to conceive the gender of the baby of your choice. So if you do want a baby girl or a baby boy, start using the fertility calendar. How can this be possible? It is said that the sperm that contains the X-chromosomes are able to live longer and they swim a lot slower in contrast to the male Y-carrying sperm cell. Therefore, if you engaged into an intercourse at least 3 days before the ovulation, you may get a baby girl. But if you get into an intercourse a lot closer to the ovulation period, you get bigger chances of getting a baby boy.

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Meanwhile, if you aim to delay your pregnancy because you wish to wait for a longer time before you get pregnant again, the fertility calendar will also guide you in your goal. Hence, unwanted pregnancies are also avoided by the use of the fertility calendars.

How can the herbs help you increase fertility?

Aside from the fertility calendars, you can always supplement your quest to increase fertility with the use of herbs. According to the customs, there are some herbal plants that pose a great influence on one's fertility. Among of which are the red clover, wild carrot, liferoot, wild yam, and partridge berry. There are women who can attest to the magnificence brought about by their drinking of these herbs.

There is nothing wrong to try the customary practice of drinking the herbal plants as long as there are those who can attest to its wonders and safety. Meanwhile, some free fertility calendars are available

in the internet. You simply have to download it and start tracking your own menstrual cycle and therefore learn to determine which your fertile days are.

Jeanette Pollock is a freelance author and website owner of InfertilityDomain.com. Visit Jeanette's website to learn more about

<http://www.infertilitydomain.com>

Ovulex – Female Fertility

By Ratliff J

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Ovulex™ is like 'Miracle Grow™' for the female body. It gives you everything you need to be in perfect nutritional and hormonal balance. Just like the soil, your body needs to be in perfect harmony to germinate a seed. Not only does Ovulex™ create the perfect conditions, it also aids in lengthening your ovulation cycle. Just like the earth needs sun and rain to germinate a seed, your body can utilize this extended opportunity for maximizing the success of conception.

Ovulex™ is completely natural and has no harmful side effects. You could already be expecting if you would have ordered Ovulex™ a month ago.

We are with you along every step of the way. We not only provide our nutritional hormone balancing supplements but we also provide a complete and easy-to-follow plan that ensures your success. It is true that every woman who uses Ovulex™ will not become pregnant, but most will. Will you be one of the women who see their dreams come true?

Learn more about

Ovulex

at www.ovulex-fertility.com.

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