

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Increase Your Casual Wear Flair**

By "Bridget P. Allen"

Let's put away the flip-flops, pack up our summer shorts and bring out this fall's newest line of

casual wear. In today's fast paced and changing lifestyle, we women love to dress casual. We want to feel good about ourselves and our femininity and still be able to do everything our lifestyle dictates while looking great.

Casual wear is not just a fad. Women demand chic, sexy styles with that built-in comfort factor with the right flair.

We love being able to just "throw something on" and wear it all day. But before we do that we need to build a core wardrobe of basic items with enough variety to keep from being boring.

To start with there are several color combinations that go well together - khaki, denim, tan and black, khaki, white. Choose cohesive pieces and build around the basic styles.

Casual shoes are also important. Please ladies, no white running shoes. I repeat, NO WHITE RUNNING SHOES! Stick with a pair of boots or sandals.

Match casual wear with casual accessories and handbags. Try to stay away from mixing styles.

Keep your casual clothes pressed and clean. Don't be lazy and wear wrinkled clothes. That's not a good look on anyone.

Jeans are the perfect casual pant. Designs and styles may change with the times but the basic jean has been around for awhile. Jeans are fashionable, sexy, and can be dressed up or down for the perfect day or evening!

For those of you who simply must hit the gym, the track suit is the perfect cover up for work-out clothes are just lounging around the house. Many come in luscious fabrics such as velour and velvet. Yum!

## Increase Your Casual Wear Flair

This fall, black is the newest trend. If you are looking for a piece that you can wear with everything, choose a little black jacket. They are the perfect accompaniment that comes in luscious fabrics such as velvet, brocade and silk. Some sparkle, like our personalities, and some are come adorned with sexy ribbons and lace. The little black jacket can be worn with jeans, pants or a slim skirt. Perfect for just about any occasion!

Choosing fashions for your personal style and comfort is easy. Fashion is about confidence. If you feel great in an outfit, others will feel your vibes. And if you don't feel confident, fake it!

Bridget Allen has worked for many years in the fashion industry, at a senior level, and she has written an amazing totally free fashionista minicourse that will thrill, entertain, and most importantly educate you about what you absolutely need to know about fashion. Get the free course " Fashionista Essentials" now at

<http://www.i-stylish.com>

### **Womens Casual Clothing Fashion Tips**

#### **By Bowe Packer**

Whether you're considered a soccer mom chic or college dorm student comfort is always on the forefront of your mind, the trick to dressing in womens casual clothing everyday with style is to know how to keep from looking sloppy.

For those lucky enough to dress in womens casual clothes everyday, the challenges could be many, but a few larger ones are, how to build a core wardrobe of basics with enough variety to keep it from getting boring and how to match these varieties without looking like a slob.

Here are some tips to help women build their casual attire:

Buy your casual clothes the same way you would buy career clothes: always thinking about building your best womens casual attire wardrobe. For example, when choosing your casual wear for women, choose cohesive pieces and build them around basic styles. For casual clothing the best approach is three colors for the best mix-and-match wardrobe – khaki, denim, tan; black, khaki, white; etc.

And please don't forget about a great casual shoe because nothing kills a chics sporty casual attire like a pair of white running shoes. Stick with a pair of boots or sandals, etc. You probably won't get stopped by the "bad wardrobe police" with boots and they go with almost all casual clothing.

Use casual accessories and handbags — especially when it comes to casual wear for women. No two worlds are more distant from one another than the classic look and womens casual attire. Please don't try to mix a gold and diamond watch with a sweatshirt unless you're Queen Latifah. Try to stay away from mixing styles.

Keep your casual clothes in good shape — don't be lazy if they need to be ironed then iron them, if they

need to be cleaned then clean them, you get the point.

Stay far away from womens casual wear cliches – like baggy sweats. Baggy sweats is for lounging around the house only and if you are certain no one will see you out of your standard casual clothes. Remember today you might have a reputation to up hold. Instead, opt for some in style womens attire, a great track suit that comes with a strong fitted look in fun colors and rich fabrics like velour or terry.

Don't get ridiculous or outrageous about casual attire for women. Remember it is just a style which can be fun and look good at the same time. So, if you're working in the garden or cleaning the house, then wear whatever works for you and leave your casual clothes for those right days.

Bowe Packer is the webmaster and content provider for

<http://www.clothes-4u.com>

. His website:

<http://www.clothes-4u.com>

is dedicated to providing free fashion advice and tips for women. Offering

excellent tips and strategies for women to look good in the areas of Casual, Petite Size, Plus Size clothing, as well as dress, athletic and casual shoes. You can reach him at:

[bowe@clothes-4u.com](mailto:bowe@clothes-4u.com)

Womens Casual Clothing Fashion Tips  
Clothes For Women Who Love Casual Womens Clothing  
Dressing Tips for Interview Success  
Looking For A Great Casual Womens Shoe? Then Online Shoe Stores Are For You  
Is There Room In Your Closet For Women's Casual Shoes?

The Ultimate Guide To Acing ANY Job Interview  
147 Killer Epublishing Strategies  
30-Day Low Carb Diet 'Ketosis Plan'  
Say A Few Words  
The Forum List



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**