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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Increase Your Self–Confidence ...

By Syed Anees Ahmed

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How to Increase Confidence and Self–Esteem

If you want to be more confident and create a higher level of self–esteem – start by tackling projects that you know you can do. Set goals that you know you can achieve, as you achieve them raise the bar by setting goals that are a little higher. Keep track of the goals that you achieved. Have a closer look at those that you didn't achieve and learn something from them – so that you get better results by applying what you learned the next time around. Failures are important – because you will learn from them and that wisdom will propel you to greater success.

Understand that you won't succeed all the time at everything that you do. The best baseball player hits around .350 – which means he misses 65–percent of the time. But every time he misses he learns something – understands what he didn't do right and goes out and tries it again. He works on his swing and mechanics. My point is baseball players don't focus on the failure – they learn from it and move on to the next challenge. Confident people learn from their mistakes and failures – they don't ignore them or dismiss them. They don't dwell on them. They learn from them and build on that wisdom.

Acknowledge yourself. One of the things you'll learn in the Creating Power system is the importance of focusing on your positive qualities. Hey we're not perfect – but if we focus on all that is wrong with us we'll only get down, depressed, unmotivated, and lose our confidence. However, if you focus on your positive qualities, the things that you like about yourself – you'll begin to attract people who like you for those positive qualities. We spend a good deal of time on this subject in the Creating Power system – because it's important to get your mind to move in a direction that will benefit you. That's what Creating Power does – it teaches you how to train your mind and subconscious mind to focus on what you want so that you achieve your goals.

Don't dismiss or ignore those qualities that you don't like about yourself. Take a closer look and then think about what you can do to change – so that you eliminate the things you don't like about yourself. If

you don't do this – they'll always be there. You can't simply ignore them.

Having confidence and a high level of self-esteem is something that you will need in order to achieve your goals. I can't think of a single successful person who doesn't have a high level of confidence or self-esteem. Without it you're doomed. But this is not something genetic – confidence and self-esteem are developed over time and this is done based on how you see yourself. Change your perception of yourself and you'll begin to increase your confidence and self-esteem. You can only change this perception by changing the way you think – by looking at yourself differently. This is just one of the topics we focus on in the Creating Power system. With Creating Power you'll learn how to increase confidence and self-esteem while achieving all your goals.

You have incredible powers at your disposal. Don't waste this opportunity -- learn how to use them.

Creating Power is the Instruction book for your mind. Remember: take control of your thoughts and you change your life. Start today – don't waste another moment creating the life you don't want. Remember – this is it. This is the only life you have. Use your incredible powers to make the most of it.

These are some ways and steps to achieve whatever you want.

im belong to syed family and im now studing in karachi university in computer science department

Increase Your Sales By Using Confidence

By Grady Smith

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Does your sales letter display confidence?

I mean does the reader really believe that you have confidence behind your product? Do you confidently show them that you know your subject, and through your selection of words and phrases, are you displaying confidence that this product is the one that will solve their problem?

Confidence makes us buy, because we begin to see that the person knows their subject. The lack of confidence in a sales letter shows us they don't feel comfortable with what they're saying. It comes across as unsure.

It might not sound like much. You've read that giving the potential customer specific benefits that offer a solution to

their problem is the biggest hurdle. But the reality is sales depend on how you present your material as to build confidence in you as well as your product.

Confidence sales. There was a time when I was a telemarketing sales manager. I know, but don't hate me. Though I might have interrupted a few dinners or got you up of the couch, I am about to teach you something here.

My job was to teach telemarketing reps how to sell. I would center in on someone that wasn't making any sales, listen in to them, then after a few calls I would let them listen in as I took one for them. I would mimic their sales pitch, using almost the exact same words that they did. But nearly every time I did this I would make a sale on my first call where they had struggled through about thirty presentations without even a nibble.

Why was I able to make a sale after only one call using the exact same words of a representative that couldn't close a sale after 30 calls? Confidence my friend. It makes all the difference in the world.

So how do you apply confidence to a sales letter you're writing? Start by looking at some of the marketing pros. See the words and phrases they use to display confidence. If an online marketer is making money with their sales letter then they're displaying

confidence in it.

Check your sales letter. Do you sound confident in it? Are the words you're choosing stating that you're very sure about what you're doing? Do you show that you're the authority on the subject, and that to pass on the offer would be crazy? Of course, you might not say that, but your sales letter should reflect it.

Write your sales letter like the product is sold, you're just explaining what they're about to get. For instance, use phrases like "You're about to learn all the marketing secrets", or "You are also going to learn". Just keep in mind that the customer is already sold.

That's not to say that you don't want to write your sales letter in the traditional sense of selling a prospect. But you want to sprinkle it with phrases that assume anyone would make the purchase after seeing the benefits they'll receive.

Another phrase to use is something like "You can't afford not to purchase." It shows confidence that the reader has to make the purchase or the results could be disastrous.

Remember though, that customers still need to feel in control of their decision. Using phrases like "You are going to buy" sound threatening. By crafting a letter that shows confidence, but doesn't demand the customer to buy, you've got a powerful sales tool that will work for you over and over again. It's a thin line, but with practice you will soon master it.

FREE \$50 Sales Letter Critique by Grady Smith details what you need to do to turn your sales letter into a profit-pulling machine. Plus, find out how you can get a killer sales letter cheap when you visit <http://www.cheap-copy.com>



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