

Is It Colic?



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Is It Colic?

By Terry Ross

If your baby is crying for prolonged periods of time it maybe due to the fact that your baby is suffering from colic. Colic tends to start without warning and stops as abruptly as it starts.

Colic can affect both bottle feed and breast feed babies with possible causes being:

- The quantity of food offered, either too little or too much in one go.
- A feed which is too rich or too weak (if bottle feeding always follow the manufacturers instructions).
- A bottle feed that isn't offered at the right temperature being either too hot or too cold.
- Constipation or diarrhoea.
- Indigestion

When colic occurs you can try holding your baby close to your body providing warmth and comfort to

Terry Ross is the author for and creator of:

, a site targeted

at pregnancy, babies and baby care.

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Just What Is Colic - And Does My Baby Have It

By Sarah Veda

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