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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Is Massage Therapy School For You?

By Stephen Rinaldi

Is massage therapy school training for you? Well, there are many career paths in holistic health and alternative medicine. Which one you choose depends largely on your own interests. I'm not a massage therapist, but I'd guess that to be one, you'd have to be comfortable working very closely ON people. You'd probably also have to be in relatively good physical condition with strong hands and a good endurance level. If you've ever had a professional massage, you've seen that there's a lot of standing involved and hand manipulation that must surely require a high degree of strength and stamina. Have you ever tried to massage someone for 60 minutes straight? It's certainly not that easy!

With that said, however, massage school training could very well be perfect for you. Especially if you love working with people and find fulfillment in having a very positive effect on their overall well-being. There are few other professions that people look toward with such good feelings! After all, who doesn't love a good massage?

What to look for in a massage school

As with any career path, it is important to do your research before hand. Talk to local massage professionals and ask how they got into the field. What type of massage training did they receive? Did they find that their training had prepared them thoroughly for their job? Or did they wish that other components would have been added to their course to make their training more effective, better preparing them for the reality of their first job in the massage industry?

Ask about professional massage therapist organizations that you should be aware of, accreditations in the massage field, etc. Visit websites of massage school listings and review many sites before making a decision of which school to attend. Don't forget to check with the Better Business Bureau too to make sure that there have been no problems with your massage school of choice. Single complaints are not much to be concerned with in most cases. Even the best of schools can have one now and then – that's just the nature of providing a service – some people are never satisfied and love to complain about every little thing. What you should be concerned with is if there are several marks over a short period of time. That would indicate a trend and you should investigate the massage school in more detail (talk to past graduates, employers who hire graduates, etc.), or choose another massage school

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with a better record.

Like every other important life goal. It's important that once you've made the decision to begin a career as a massage professional, that you get started right away and work toward your goal. It's too easy to procrastinate, so don't put it off if it's really something you want to do!.

Stephen Rinaldi is Education and Marketing Director of Karma–Net and the BBI Network. For more details on online education or massage school listings, visit

<http://www.Karma–Net.com>

, the massage

school listings page,

<http://www.karma–net.com/listings/massage–schools.htm>

– or our new Massage

Therapy School Info site,

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Holistic Junction's Featured School of the Week: Lake Lanier School of Massage

By C. Bailey–Lloyd/LadyCamelot

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Holistic Junction's featured school of the week is leading massage instruction school, Lake Lanier School of Massage . Lake Lanier School of Massage is settled in charming and historic Gainesville, Georgia near popular Lake Lanier. Currently, Lake Lanier School of Massage is one of the only massage schools in Northeastern Georgia whose philosophy is '...each client should leave the massage experience feeling as if she/he has been cared for.'

Accreditations include the Associate Bodywork and Massage Professionals; Integrated Massage and Somatic Therapies Accreditation Council; National Certification Board for Therapeutic Massage & Bodywork; and the American Massage Therapy Association. Additionally, Lake Lanier School of Massage has two continuing education providers: the Florida Department of Health Division of Medical Quality Assurance and the National Certification Board for Therapeutic Massage & Bodywork, as well.

Is Massage Therapy School For You?

Authorized by the State of Georgia Nonpublic Postsecondary Education Commission and approved by the Florida Board of Massage – Lake Lanier's School of Massage offers convenient day and evening course schedules, Classes include: Pathology, Anatomy & Physiology, Applied Kinesiology, Aromatherapy, Swedish Massage, Body/Mind, Business Marketing, Chair Massage, Cranial Sacral Therapy, Eastern Shiatsu, Myofascia Release, Neuromuscular Therapy, Hydro Therapy, Massage Theory, history, law & ethics, and much more. Upon successful completion of 560 required hours, graduates receive certificates of program completion, and earn the title of Professional Massage Therapist. To become a Certified Massage Therapist, graduates must take the National Certification Exam.

Affording students with business management course on how to develop necessary skills to initiate private practice – Lake Lanier School of Massage offers crucial employment assistance that not only instructs students on unique marketing techniques; but also assists students in finding professional massage therapist employment upon graduation.

If you're looking for an interesting and fulfilling career, Lake Lanier School of Massage may just be the right place for you to start your educational direction in life.

To learn more about or to enroll in Lake Lanier School of Massage, please visit: Lake Lanier School of Massage Today. Lake Lanier School of Massage Today

Holistic Junction is honored to have Lake Lanier School of Massage on board and salutes its quality standards for being one of society's vital pioneers and promoters in Professional Massage Therapy Education.

To learn more about our, many listed, healing arts schools, visit our Healing Arts School Directory.

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