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Is Your Baby Ready For Potty Training

By Sarah Veda

You're getting tired of changing those diapers, aren't you? It's so great to be able to get your child out of diapers. But, when it comes to potty training, timing is everything. If you start when your child isn't ready, it will just take longer. However, if you miss the right opportunity, your child may resist the process more when you try later on. So, just how do you know when to begin?

First of all - forget what your mom told you about having you potty trained by the time you were eighteen months old. She probably just had herself trained to sit you on the toilet at regular intervals, which is not the same as being fully potty trained. It's really best not to even think about potty training until your child is two. But, for most children, the right time will hit sometime between the ages of two and three.

When your child is ready to begin potty training, he will show an interest. He will begin to want to observe your toilet habits and will ask questions. Explain that big people go to the potty instead of using a diaper. Even if it makes you uncomfortable, let your child go to the bathroom with you and watch. If you have a son, make sure Daddy is taking him to the bathroom with him, too. Daddy will probably resist this, though I'm not really sure why, since public restrooms make public urination a regular occurrence for the average male! There are several good story books on the market about potty training that you can start reading to him your child at this stage, to help encourage an interest in going potty. There are books geared specifically to boys and those geared to girls, which is helpful.

Another good sign that your child is ready for potty training is his ability to pull his pants up and down by himself. If your child has mastered this step of dressing, potty training will go much more smoothly.

Another important physical sign of potty training readiness is the frequency with which your child urinates. If he is still wetting his diaper every half and hour or so, he is not ready. But, if he's going one to two hours between wet diapers, then he is able to hold his urine, which is critical to being truly potty trained, at any age.

If you think your child is ready for potty training, check out my article in "Mommy to Mommy - the Truth About Taking Care Of Baby", where I outline some potty training strategies designed to make this

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developmental hurdle as painless as possible, for you and the little one. You can pick up this book at

<http://www.educatedmother.com>

Sarah is a 41 year old wife and mother of two boys and one girl. She spent many years as a manager in the corporate world, and gave it up to be a stay at home mom. Go to

<http://www.infantresources.com>

now and get her incredible baby minicourse - absolutely free.

Potty Training After a Divorce or Separation

By Danna Henderson

Many parents share custody of their children, which presents a unique problem when it comes to potty training. It's best to discuss potty training and agree on a strategy before you start. Both parents need to be informed about potty training and have the necessary potty training aids.

Potty Training Aids - To maintain consistency throughout the potty training process, it's best if both parents either share the potty training aids or purchase the same aids. This way your child will have a potty seat she is comfortable with at each parent's home.

Potty Training Methods – Both parents need to use similar potty training methods so your child doesn't get confused. Make sure you are both informed and decide how you're going to handle potty training instruction, rewards, and accidents.

In some cases, the divorced or separated parents don't have a good relationship and this level of communication is not possible. If this is your situation, it may be easiest to pack your child's potty seat along with a note describing your potty training strategy (and any other necessary information) and send it with your child.

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Danna Henderson started ZIP Baby in order to provide parents with comprehensive potty training information as well as a large variety of potty training products. For more information about potty

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training, visit

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When Not To Begin Potty Training

Potty Training Techniques That Don't Work

Potty Training Battle of the Wills

Prepare Your Child For Potty Training

Baby's First Year –What Parent Needs To Know

Gag Gifting.

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