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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Is Your Child's Beloved Pet The Cause Of An Asthma Attack? Measures You Can Take To Prevent Or Minimize Asthma Attacks Caused By Pets.

By Susan Millar

That cute little kitten or lovable dog that your child (or partner) can't live without could be making them very sick. Sadly, as much as we love them, cats and dogs are often major asthma triggers for asthma sufferers and can send some to the emergency room. Contrary to what many people believe, it is the dander (dry flakes of skin), not the hair of the animal that actually is the cause of the problem. Your pet's dander is shed continuously, but it is so small that it's difficult to see. The dander is easily airborne and sticks readily to fibers— therefore it goes everywhere and gets on just about everything. If you have rugs and your pet comes inside the house, they are certainly full of it, so is your furniture and beds if they are allowed on them. If you cuddle or play with your pet, it's all over your clothing too. However, this doesn't mean that you have to get rid of Fido or Garfield.

There are a number of alternatives that you can take. Steam cleaning rugs and furniture in your home will help to remove the dander. Using a HEPA vacuum cleaner is also good. If possible, getting rid of rugs is the best solution. Make sure your pet stays out of the asthma sufferer's bedroom. Wash all bedding, floors and walls to remove the dander. Then use a HEPA air purifier at night in the bedroom with the door closed.

Take your pet to the groomer for a shampoo once a week or have a family member wash your pet outside to ensure that the dander level is kept as low as possible. Long haired pets should get clipped shorter. If your pet loves to show their appreciation by licking, this should be discouraged since their saliva will contain dander as well as proteins, which are also an asthma trigger for many asthma sufferers.

If you don't have a pet but your friends or relatives do, even a short visit to their home can cause problems for an asthma sufferer, especially children who can't resist playing with them. When you get home, get your child to take a shower and wash their clothing too to remove the dander.

Living with your beloved pet can be comfortable and symptom free when taking all of these measures. However, if your situation is more serious and your pet still makes you sick, then you may want to try a

natural asthma treatment. For more information about asthma prevention visit

<http://www.dramatic-asthma-relief.com/asthma-prevention.htm>

Susan Millar is a former asthma and allergy sufferer. She is a researcher and the author of "The Dramatic Asthma Relief Report", based on extensive research from internationally respected medical publications about genuinely effective alternative treatment for asthma & allergies.

<http://www.dramatic-asthma-relief.com>

Allergic Asthma Treatment

By Roger Thompson

Allergic asthma treatment is often a necessary treatment for those asthma sufferers that face asthma attacks that are triggered or brought on by allergies that they have. Those that have allergic asthma are known to have chronic inflammatory conditions within their breathing airways. Those that face allergic types of asthma will have an asthma attack that is brought on by the various types of contact with such things as they are allergic to such as dust, pollen, dander and even mold. The treatment for this type of asthma is important to take note of although the treatment method often starts by learning what the allergy is.

Those that have allergic forms of asthma are those that often have the same types of symptoms as other asthma patients. It is estimated that about 60 percent of those that suffer from asthma actually have allergic asthma. The symptoms of an attack are the same as other asthma in that shortness of breath, changing breathing patterns, pain in the chest area, wheezing, coughing and rapid breathing are all experienced by those that suffer from this form of asthma. The most common way to get this type of asthma is to inherit it from a parent or relative that has had allergic asthma.

As far as treatment goes, the first step is to determine the allergen to individual and then to avoid that allergen. In doing this, the frequency of allergic reactions will happen. The same medications that are used to treat other asthma sufferers such as anti inflammatory, are used to treat those that suffer from allergic asthma. In addition, there are other medications that can be taken to limit the reaction that the body has to the allergen thereby lower the frequency of the asthma reactions. Those that face asthma should determine if allergic asthma may be behind their asthma. If so, avoiding the trigger to that allergy will help in minimizing the asthma attacks.

Roger Thompson writes about asthma, health related Issues and jobs for

<http://www.idohealthcare.com>



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