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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Is Your Marriage On Auto-Pilot?

By Tom McKnight

Ah remember that honeymoon phase when you first fell in love? You may have even been in the

lust and infatuation stage before you even realized you were in love. You felt giddy, smitten, and were walking on air. Your heart went pitter patter and your breath was shallow whenever you were around your honeypie. You were busy with work and responsibilities, but you would always catch up later, at this phase you wanted to spend all your waking hours with your sweetheart.

But then came love, then came marriage, then came Junior in the baby carriage. And suddenly there are bills to pay; places to be, repairs to be made and you're just tired all the time. "So this is marriage?!" you relent, with a sigh.

Whether you've been married 12 months, 12 years or 32 years, it doesn't have to mean the honeymoon is over. Think back to the effort you made initially when you were wooing your betrothed. You will get what you give. If you give humdrum, day in day out, that's what you'll get in return. If you give romance and spark, guess what you'll get in return?

Forgot how to do that? No worries. Here are ten suggestions to help jump start your hibernating marriage.

1. Drop off a cup of coffee and an apple to your spouse at work. Don't stay; just say you appreciate the hard work and thought he/she might be ready for a break.
2. Place a note in the sole of his/her shoes "You're my heart and sole."
3. When your spouse gets home from work have a picnic all prepared – in the bedroom. Picnic blanket spread across the bed, beverage of choice, shrimp, strawberries, bread. If the kids are around, have a pizza waiting for them and tell them that the parents need some time to discuss some things.
4. If you live in a winter climate, take your wife's/husband's clothes (assuming it's not a suit or dress) and put them in the dryer first thing in the morning. Getting dressed into warm snugly clothes in the dead of winter is a real treat.

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5. Leave a love note in the purse or briefcase.
6. Participate in one of your spouse's activities that you'd rather not. Go fishing with him, go to a play with her, walk the golf course with him, take her shopping – just try it. Even if it's not the time of your life, the fact that you wanted to do something he/she enjoys will speak volumes.
7. Go for a walk and for gosh sakes, hold hands!
8. Have some sexy pictures taken of you. Even if you use your own digital camera in your spouse's favorite outfit (or lack of one!) Most cameras are equipped with self timers. Leave it in the lunch box or have it waiting in the car with a note "meet me for lunch at noon at xxx."
9. Switch chores. If you don't normally take out the trash, do it this week. If it's usually her job to do laundry, just do a load.
10. Compliment your spouse often. Don't say it if you don't mean it, but there is always something positive you can say. Whether, "I appreciate you working hard every day for us." Or "That dinner was fantastic." "That outfit makes you look really hot." Whatever – so long as you're sincere and you keep them coming!

Hopefully this has given you a start. Please give it some thought. Your random acts of kindness need not be time consuming nor expensive. Just remember, a little goes a long, long way!

<http://www.onlinedivorce.net>

Marriage Can Lower The Cost Of Auto Insurance

By Elizabeth Newberry

There is really only one reason to enter into marriage - love. When two people love each other and want to spend the rest of their lives together, it is usually safe to assume that marriage probably is not too far down the road. When you enter into marriage with a person you love, respect, and want to be with forever, and that person loves, respects, and wants to be with your forever, life is grand.

That being said, we can put all romanticism aside and take a look at the other perks of marriage, namely the financial perks. You can save a lot of money when you get married, especially when it comes to insurance. Any insurance policy you purchase as an individual is going to be more expensive than if you could purchase it through a group, such as an employer or an association to which you belong. Since not all employers offer insurance, and not all of us belong to association that offer insurance, many of us just opt not to purchase certain kinds of insurance. However, auto insurance is something we can not just opt not to purchase. Auto insurance of some sort is a requirement for everyone who owns a vehicle.

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Single people, especially young single people, tend to pay much higher auto insurance premiums than older people and married people. When two people enter into marriage together, their lives merge together and so can their auto insurance. Why? Because many auto insurance companies offer discounts for married couples.

If both you and your new spouse have your own auto insurance policies from two different insurance companies, sit down and review each company and policy to determine which one you want to stick with and which one you want to let go. If you both have your own policies from the same insurance company, talk with your insurance agent about purchasing an auto insurance policy together.

<http://www.myquoteguide.com/Car-Coverage.shtml>

<http://www.ezquoteguide.com/home/>

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