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Is Your Partner Worth Saving A Marriage?

By Julia Tanner

Anyone that has said marriage was easy had to be single! There is nothing easy about merging

your life with another person. Several decades ago, people did not divorce because they were in circumstances in which it was simply not an option - women could not support themselves and society did not accept it, among many others. Now, however, marriages are ending left and right. If you are in a marriage that is on the rocks, it may be a good time to consider whether your partner and the life you have is worth saving a marriage. As difficult as it is to make a marriage work, it is even harder to save one that is already damaged.

In looking at saving a marriage, you should not only look at current circumstances, but also the history the two of you share together. How did you meet? What was it that made you fall in love? Were you ever really in love? At some point, you should consider the good times instead of only dwelling on the bad. If you and your spouse are experiencing a bad time, it is easy to block out that good times ever existed. However, you should be fair to yourself and your partner.

Then, it is time to look at the bad times. Did either of you cheat? Are there other major issues that have occurred between you that one of you has a hard time dealing with? Sometimes these major issues get buried over time, but the resentment remains and it eats away at the relationship. Do you find yourself being mad at your spouse over little things or for no reason at all? If this is the case, you should really look at the underlying issues you have.

At some point, you should close your eyes and picture what the perfect spouse would be. Not Brad Pitt or Angelina Jolie, but the real characteristics you would like to have in your spouse. Then you should step back and see how your spouse measures up. You should be very careful to be realistic in this exercise. If you have unrealistic expectations, you will never be happy with anyone. However, if the essential core of your spouse is deficient, you may be selling yourself short by staying.

Although saving a marriage is difficult, you should not rush off and get a divorce. You should, however, try to be fair to you and your spouse and choose to both try wholeheartedly or to let go completely.

Julia Tanner is a professional writer. More articles can be found at:

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<http://www.caribbeanweddingspage.com>

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<http://www.savingamarriagepage.com>

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<http://www.westernweddingpage.com>

Infidelity – Childs Play Or So You Thought!

By Terry Ross

Infidelity is a funny little thing that come and bite you in the bum when you least expect it. Affairs might be fun at the time but infidelity isn't worth destroying your marriage for.

I often liken affairs to an addiction whereby however much you tell yourself you shouldn't be doing something you feel compelled to do the opposite. And of course, while it's sitting there for you on a plate who are you to say no. However, infidelity is like any other addiction, there comes a time when you realise that this isn't what life is all about and decide to let go. Unfortunately, all too often the realisation comes too late!! Just remember, if you want to play such a dangerous game as adultery someone is always going to get hurt.

I personally believe that you shouldn't sleep with someone while you are sleeping in the marital bed. Infidelity can be really cruel on the cheated partner, have you ever thought how you would feel if you knew your partner was behaving the same as you?

Some people do have open relationships and it does work but ground rule number one has to be that your partner is aware and is happy with the situation.

If you are the one committing adultery now is the time to ask yourself is infidelity really worth it. Is your life that bad that you need to shit on your spouse from such a great height? Do you love the person you are having an affair with and if so do you love them enough to destroy the lives of those around you. Is the new relationship strong enough to last and is it truly worth the infidelity?

A slight interlude - I had a mare once who, fell in love with a gelding in another field. She wasn't really allowed to see this horse because where they were kept most of the owners preferred their horses to be in separate paddocks. This didn't make a difference to my mare who, would jump out of her paddock into the next as soon as you put her back in her field (where she had several companions). After a month of messing around, jumping 7ft high hedges and a series of five bar gates just to get to the one she loved she got evicted for bad behaviour. I took her to another yard where she immediately flirted with all the guys and totally forgot the horse that she had got herself (and her mate) evicted over.

Anyway back to marriages and affairs. The only advice I can give you if you are having an affair is that

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you have to make a choice, and you have to choose now. It is totally unfair to both your spouse and the person you are having the affair with to continue as you are, you need to choose .

The choice is hard but you have to make it with a clear head and an open mind. Just because you are going through a rough patch now doesn't mean to say that with a little effort you can't save your marriage and become stronger and ultimately be better than it was at the start. Before you destroy what was and could still be a good thing be 100% certain that even with a lot of effort you can't save your marriage and that the person you are committing the infidelity with and destroying your marriage for is someone you want to stay with for the rest of your life.

If your partner is having the affair, or you suspect they are, it doesn't mean that it is the end of your marriage. For one your suspicions might be incorrect and for two if it's true you are now in the driving

seat. The future of your marriage is in your hands. You need to decide whether or not you feel you can and want to save your marriage, is it worth saving and can you forgive you partner for such a stupid mistake. We all make mistakes and some of us make more serious mistakes than others but should infidelity necessarily ruin the rest of our lives?

You need to ask yourself: Do you still love your partner? Do you want to save your marriage? And are you committed to trying to save it?

If you truly want to save your marriage then you will always wonder `what if?' if you don't make the effort now.

Just because your partner is having an affair it doesn't mean to say that they don't still love you and it doesn't mean to say that they don't want to try to work with you to save your marriage.

Don't just sit back and let infidelity destroy your relationship, say no to affairs and save your marriage before it's too late.

For more information of infidelity please visit:

<http://www.saveyourmarriage.marriagehealth.com>

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