

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

It May Not Be Your Golf Swing Thats Rubbish

By David Barnard

You could be making a big mistake blaming your mishits and mishaps on your golf swing?

No matter how much time and effort you have been spending, grooving your golf swing to perfection, you still will not achieve your goal if you are using unsuitable or defective golf clubs, will you?

Now is the time for you to consider the following Golf Tip – this covers an examination of your golf clubs quality.

If you plan on buying used golf clubs as beginner's tools, scrutinizing before purchasing is a must. The clubheads, the shafts, and the grips are golf club parts that should pass inspection first, before landing a decent spot in your golf equipment locker.

Another excellent golf tip that will help you when buying a used set of golf clubs, try and ensure you have set consistency. If all the clubs have the same grip, shaft and heads then this will add consistency to your golf swing. It will also help a lot if you check the price of new clubs versus used clubs.

A golf tip for a golfer that plans to regrip his clubs – Be cautious. This is because the grips are the only point of contact you have on the club during your swing. If the grips are too thin or too fat, this will make a big difference to your swing. Before carrying out the regripping, you need to know the core grip of the club and your hands grip size. To determine your core size grip, measure the diameter of the butt of the shaft you're going to re-grip. The shaft's diameter should match the grip's core diameter. In determining your hands grip, the available size grips are regular, mid-size, oversize and jumbo. Use only the best re-gripping materials that will provide optimum performance for your golf clubs.

Another golf tip is that using ill-fitted clubs will be an obstacle to your golf playing success. A golfer must consider his or her body type in choosing the best-fitting equipment to support and carry out the golf swing effectively. Too heavy or too light clubs will result in changes to your swing angles when carrying out your golf swing. With the resulting poor results. This will be avoided if you select the best fitting equipment available.

It May Not Be Your Golf Swing That's Rubbish

Custom golf club fitting makes a better option than just buying a new set of golf clubs. Getting custom fitting golf clubs is a golf tip that translates to a very worthy investment. The uniqueness of each person is attributed to the need of this way of buying new golf clubs. A custom fitting produces golf clubs that specifically suit the height, strength, swing characteristics and clubhead speed of the golfer.

The type of club shaft also helps in predicting whether you'll do well in a game or you won't. There's a choice between a steel club shaft and a graphite-made club shaft. This golf tip aims to make you realize which type of golf club shaft will benefit your game.

Observations show that the steel club shafts are more preferred by professional golfers while graphite shafts have become more popular with women, senior players and beginners. Steel shafts are less expensive than graphite shafts though.

One more golf tip that could help you is that the golf clubs in your bag must suit your skill level. Since

various skill levels need various golf clubs, it won't be wise to just use or bring a golf club that is just lying around. And, don't ever forget about the maximum golf club load your bag is allowed to hold during a round. You can only carry a maximum of 14 golf clubs in your bag. No more.

Aside from your skill level contemplation, your mastery of a certain golf club and being comfortable with using it must also be put into consideration in deciding which golf club to hit.

The correct combination of the right swing and a good choice of equipment will better arm you to become the best golfer you could ever be.

David Barnard has been playing golf for more years than he would care to remember. But he can also be found hanging around, and passing on tips at

<http://golf--tip.blogspot.com>

Some Tips To Improve Your Golf Swing

By Edwin Shackleford

So, your golf swing needs improvement and you know it? Here are some tips in making better golf swings. Tip no. 1. A great golf swing does not mean you have to swing with arms.

Behind your back, put your golf club while you turn your back to your target. It is like taking your club back as you hinge your arm at your shoulder.

You could also practice the drill known as no arms.

Tip no. 2. You should not forget cocking wrists. Do not forget cocking your wrists. This might be difficult at first, but it will be natural to you with enough practice. Tip no. 3. You should let the left

It May Not Be Your Golf Swing Thats Rubbish

arm clockwise slightly when you start the back swing. It is not really something that you actually should remember. It naturally happens if you would just allow it. This just means that you should not resist this movement that is just natural. You might not notice it, but you might have been resisting this movement because this causes the head of your golf club to go open slightly when you swing it. Just allow it to happen. Tip no. 4. Plant your feet firmly on the ground. You might have copied this from baseball. That is, letting your foot heel in front to come above the ground when you swing your golf club back. Some people think that by doing this so, their back swing feels more huge.

It is something that seems lifting the front heel can easily make the body coil and for the tension to build that much harder. Letting the foot roll freely to the inside is fine. However, one should keep that foot on the ground to make golf back swing well-anchored. Tip no. 5. From the bottom golf down swing.

Assuming that you accomplish all the drills correctly - from the golf stance, the golf grip you have, and your golf back swing. But you can still ruin everything if you begin the golf swing that you have with the shoulders. You might want to use a swing trigger to begin the golf down swing that you have with the lower part of your body. Tip no. 6. And again, on your golf down swing. You should turn the belt buckle to your target.

Try turning your hips as powerful and fast as possible when you do your golf down swing, it works.

Edwin Shackleford has been helping individuals improve thier golf game for years. Visit His Site Today

<http://www.improve-your-golf-game.com>

It May Not Be Your Golf Swing Thats Rubbish



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!