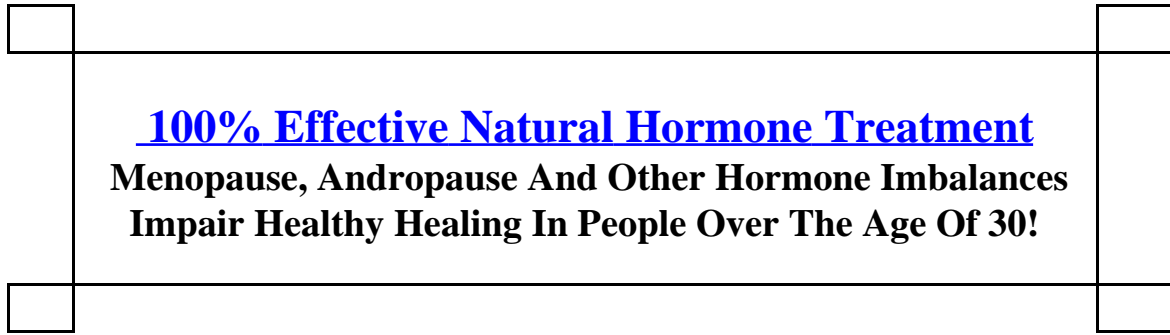


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January Soul Snacks

By Susie Cortright

January Soul Snacks

by: **Susie Cortright**

Here's a week's worth, specially designed to help you infuse this cold season with joy and warmth.

Day One

<http://www.momscape.com/a/comfortqueen.htm>

)

Day Two

<http://www.responsible shopper.org>

(For

more information, read Eliza Bloom's "How to Make a Difference with Your Dollars":

<http://www.momscape.com/articles/bloom/dollars.htm>

)

Day Three

<http://www.generosity.org>

Day Four

Day Five

<http://www.momscape.com/aromalchemy>

Day Six

<http://www.momscape.com/a/bluedolphin.htm>

Day Seven

Susie Michelle Cortright is the author of the Soul Snacks booklet series---

<http://www.momscape.com/soulsnacks>

--- and founder of the award-winning website Momscape.com,

featuring exclusive resources to help women balance their busy-ness. Visit

<http://www.momscape.com>

today and get her "6 Days to Less Stress" course free.

15-Minute De-Frazzlers

By Susie Michelle Cortright

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