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Jeans That Fit: How to Find Them

By Sheila Dicks

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by: **Sheila Dicks**

We all own jeans and they truly are the main ingredient of any casual wardrobe. However, they are not all equal or equally flattering. We are not all born with the same shape, so, the style we wear will impact the way we look. Have you ever seen an outfit on one of your friends that looked spectacular but when someone else wore that same outfit it lost its pizzazz? That has to do with the body shapes of the two people and

sometimes the color of the garment. Both women could be the same height and weight but have a totally different shape. The same holds true for jeans. Here are a few hints when trying to find jeans that will fit and look great on YOU.

Small flat behind:

If you have a small flat behind and your jeans tend to make you look smaller, choose a design with detailed pockets that are high and slightly smaller than those

found on most styles. Pockets will draw attention to the eye and will create the illusion of width and lift.

To add curves

Wear low-rise jeans in a cotton-Lycra blend. The clingy fabric hugs the body and a contoured waistband will help create curves. Choose a pair that has been lightened at the

thighs and knees to make legs look more shapely. Avoid standard boot cut jeans that have little shape.

To flatten a tummy:

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Try a medium to high-rise (no higher than the belly button) in a dark color.

For the appearance of smaller thighs:

Stick to dark colors for sure and wear flared styles that will draw the eye downward and create balance. Don't wear them too tight or too loose.

For the appearance of slim hips:

Do look for jeans without front pockets or jeans with slit pockets and stay away from front patch pockets. Buy dark colors with stitching that is the same color (or very close)

as the fabric. Avoid light stitching and designs.

To prevent a gap at the waist:

If your hips are much larger than your waist then you will probably have this problem. What to do?

Wear stretch denim jeans and stay away from crisp or heavy fabrics such

as cotton.

To make your legs appear longer:

Wear a high-heeled shoe and flared jeans that will completely cover them.

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Sheila Dicks is a wardrobe and image consultant who teaches women how to look slimmer by dressing to suit their body type. Visit her at

to download a copy of her

e-book Image Makeovers and get How to Build a Wardrobe free.

Jeans For Work Or Sexy Jeans

By Mike Yeager

A little over a century ago Levi Strauss invented the first modern jeans. Introduced originally as rugged, durable clothing for hard working men and women, today all social classes feel comfortable in jeans. Trends and fashion icons come and go but wearing stylish, comfortable jeans is still favored by many people. . While their charisma springs from their legendary American roots, their commercial strength rests on innovation and interpretation in the hands of jeanswear makers around the world.

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While the basic structure of jeans has remained the same, there have been some colorful innovations. Consider the Bell Bottoms of the 1970's. Tight waisted and wide flaring bottoms. Yes, jeans are versatile and durable which is why they are such a hit with people. Who hasn't enjoyed the feeling of slipping on an old comfortable pair of trusted jeans on a lazy Saturday morning? They fit well and they look great.

There are so many styles of jeans to choose from. Whether you want to mow your lawn or dress up for a business meeting, jeans just fit the bill.

Shop for jeans, flare jeans, hipster jeans, bootleg jeans, classic cut jeans, hip hugger jeans, low rise jeans, bellbottom jeans stretch jeans, maternity jeans, carpenter jeans, straight cut jeans, ultra low rise jeans and much, much more. You can do all that from the comfort of your own home. And once you have your jeans, go show the world how great you look!

Mike Yeager
Publisher

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