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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Kanhaiya Amla Powder

By Govardhanlal Bajaj

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AMLA (EMBLICA OFFICINALIS)
FOR HEALTH AND BEAUTY

AMLA, proudly known as Indian Gooseberry' has been the key constituent of many Ayurvedic formulations. And nowadays, it has been accepted by almost all medical branches as a result of extensive research carried at Germany, England, India, and various other countries.

IN AYURVEDA, importance of Amla has been ascertained from the experiments and experiences of ancient Rishi-Munis of India, namely Charak, Chyavan, Atreya, Kartik, Vrat Koumudi, and many others. Amla is considered one of the strongest rejuvenatives (rasayana), particularly for blood, bones, liver, heart and skin.

qSOURCE OF NATURAL VITAMIN C : Amla is exceptionally rich source of vitamin C and powerful anti-oxidant. 100 gm. of Amla contains about 700 mg. of vitamin C, which is thirty times the amount found in oranges.

qVITAMIN C : Vitamin C is essential for making Collagen' in the body. Collagen provides much of the framework in the cell or tissues, just as the skeleton provides the framework for the body. Thus, Vitamin C plays the vital role in growth and repair of tissues in ALL PARTS of human body, and hence it is useful for treatment as well as prevention of so many diseases. It enhances the overall immunity.

" When your immune system is strong,
You get sick less often, and recover quickly."

qPOTENCY OF AMLA : Research has shown that Amla is 12 times more assimilable and creates more potent medicinal effect than synthetic vitamin C, known as Ascorbic acid. Researchers have also shown that just 8.7 mg of natural vitamin C from Amla is equivalent to 100 mg of synthetic vitamin C. The synthetic vitamin C is missing vital nutrients such as Rutin, Bioflavonoids and the "J" & "K" factors.

Kanhaiya Amla Powder

qMODERN SCIENCES: The modern sciences too, have accepted the supremacy of Amla towards imparting health and beauty, due to its very high vitamin C content.

qUNIVERSITY OF CAMBRIDGE researchers, published the result of their study, based on a single measurement of vitamin C in the blood of 19,496 individuals aged 45 to 79 state that : as concentrations of vitamin C in blood plasma went up, the risk of dying from all causes went down.

This report in the March 3, 2001 issue of Lancet' state that the risk of death from all causes including heart disease, cut in half for individuals who have highest levels of vitamin C in blood. In the findings of Dr. Kay Tee Khaw, the high blood levels of vitamin C were associated with a decreased risk for cancer.

qAN ANTIOXIDANT : Oxidation is removal of electrons from the molecular oxygen and to convert it to an active form called as oxidant'. It has a tendency to acquire electrons and damage most cell structures by releasing DNA damaging free radicals. The Vitamin C in Amla is a well-known

antioxidant, which is able to inactivate DNA-damaging free radicals, by releasing oxygen electrons. Thus vitamin C in Amla prevents the abnormal growth of cells in all parts of body.

qH.L.NEWBOLD, in his book "VITAMIN C AGAINST CANCER", has interviewed four Noble Prize Winner scientists, and professors from some of the world's best-known medical centers. He reports the latest findings about vitamin C as a promising new weapon in the battle against cancer- not only for treatment, but also for prevention. Few lines between the covers of his book have been quoted below:

... (Nobel Prize Winner) Dr. Linus Pauling and Ewan Cameron began an experiment with 1100 terminally ill cancer patients. The results: the 100 patients taking vitamin C had lived four times as long as 1000 control patients who received no added vitamin C.

... cholesterol is broken down and eliminated as bile acids. Vitamin C is beneficial to heart patients.

...Mr. Cameron said that in terminally ill cancer patients treated with vitamin C : not only their lives prolonged, but also the quality of their lives was greatly improved during the time they did live. This freedom from pain was most important for terminally ill cancer patients.

...We (human beings) cannot make our own vitamin C.

...one should not wait for the application of vitamin C until one gets ill. We should take it all the time.

...like oxygen and water, vitamin C is an indispensable part of the life of every living creature on this globe.

qPHARMACOLOGICAL PROPERTIES: Amla is not only a wonderful antioxidant, but it has proven anti-fungal, anti-bacterial, anti-viral, anti-mutagenic, yeast inhibiting, nematocidal, anabolic, anti-hepatotoxic, anti-hyperhidrosis, anti-inflammatory, anti-histaminic, anti-spasmodic, hypolipidemic, and hypotensive relieving properties. It also acts as an antacid and anti-tumorganic agent. In addition, it increases protein synthesis and thus useful in cases of hypoglycemia.

qPREVENTIVE AND IMMUNITY ENHANCING USES OF HEALTH FOOD : "KANHAIYA" AMLA

FRUIT POWDER

HEALTH

1. Cough, Bronchitis, Asthma, Intermittent fevers
2. Hyperacidity, Biliary vomiting, Gastritis
3. Ulcer, Jaundice, Hepatitis
4. Hemoglobin, Red blood cell count, Anemia
5. Cholesterol, Hypertension, Cardiac disorders
6. Diabetes
7. Ophthalmopathy, Cataract
8. Rheumatism, Osteoarthritis
9. Diarrhea, Dysentery
10. Gonorrhoea, Spermatorrhea, Sexual rejuvenation
11. Scurvy, Bleeding gums
12. Cancer
13. HIV
14. Heavy metal poisoning

qPREVENTIVE AND IMMUNITY ENHANCING USES OF HEALTH FOOD : "KANHAIYA" AMLA

FRUIT POWDER

BEAUTY

1. Premature graying and hair loss
2. Skin diseases, wrinkles on skin
3. Obesity
4. Aging

qRECOMMENDED DOSES : Daily intake of dietary vitamin C (According to U.S. RDA), are listed below :

Infants age below 1 year : 30 to 35 mg

Children age 1 to 14 years : 40 to 50 mg

Adolescent age 15 to 18 years : 65 to 75 mg

Men age over 18 years : 90 mg

Women age over 18 years : 75 mg

Only Quality Amla Fruit Powder contains over 3000 mg of vitamin C in 100 gm of powder. In accordance with the above chart, as a BEST DIETARY SUPPLEMENT & HEALTH FOOD, for enhancing general immune system, daily doses of powder can be adjusted with the age.

As we cannot make our own vitamin C, and the body excretes any excess of the same, the regular intake of herbal Amla Fruit Powder is highly recommended for all the people.

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Tips For Powder Coating

By Barney Garcia

Powder coating is the youngest of the surface finishing techniques that is still in use today. It was first used in 1967 in Australia by Allan Davies.

Powder coating is the simple technique of applying dry paint to a part such as metal or plastic, and after the final coating is the same as a finished 2-coat wet paint job. Powder coating can be applied in two ways; either by lowering an item into a bed of powder which may or may not be electrically charged, or the powder paint is electrically charged and sprayed onto the part. After being coating with dry paint, the part is placed in an oven and the powder particles melt and combine to form a permanent layer of paint.

There are two main types of powder available to use, either the thermoplastic powder which re-melt when heated, and thermosetting powders that will not re-melt when heated. This is because during the initial heating process a chemical cross-linking reaction is triggered so that the bonds cannot be broken.

The foundation of any high-quality coating job is preparation. Most powder coating failures are linked to a poor preparation process. It is important to know that the preparation treatment is different for different materials.

For all applications the preparation treatment for aluminum is to clean, rinse, etch, chromate, rinse and denim rinse. Oils and greases can be removed by weak alkali or neutral detergent solutions and the surface is etched to remove heavy oxides. After rinsing, the aluminum is dipped into a chromate or phosphate solution to form a adaptation coating. After rinsing the aluminum it is rinsed in de-mineralized water which gets rid of chemical salts on the aluminums surface. This process has two functions which include giving the aluminum a surface which is better for adhesion and protects the aluminum from under the paint corrosion.

If you are preparing a steel part, the steps you take to prepare your part are as follows: clean, rinse, etch, rinse, grain refine, zinc phosphate, rinse and acidulated rinse. The grain refiner is used after acid cleaning of steel surfaces and before zinc phosphate, because otherwise the zinc phosphate coatings produced will be very coarse and have a low adhesion ability. The etch is required to remove the zinc corrosion products which begin to form almost immediately the zinc is removed from the galvanizing kettle. The grain refiner ensures a fine phosphate is produced.

Barney Garcia writes about many different topics. He is a proud contributing author and invites you to his websites.

<http://www.need-powder-coating.info>

and

<http://www.need-powder-coating.info/sitemap.php>



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