

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Keeping Your Baby Fresh With Duvet Covers**

**By Kimberly Thane**

With the arrival of the winter, your mind is preoccupied with worries regarding your baby's comfort.

The chilling winter nights really make you nervous thinking about your baby. You need to learn things vividly to make those unnerving nights snug ones for your tiny kid. The main thing that strikes your thoughts is the temperature of your room. Along with that come factors like food, drink, a cozy assemblage of warm bedding and diapers.

All the above mentioned factors determine your baby's comfort, his health as well as safety. Coverings are one of the must-haves in your baby's beds. They are required for his afternoon slumber, at the time of breast feeding and they are essential of course for making the babies warm. For these coverings you can shop acrylic blankets, fleece blanket or duvet covers. While buying these, one wants to have these coverings to be strong adequately to last long even after several washes, withstand stains and prevent accidents.

Now how do you choose the right linen for your baby? Begin with buying eight sheets – four as top sheets and the other four for bottom. Make sure all these eight sheets have a uniform size though they can be flat or fitted. You will find that the sizes of these sheets vary. They are sized for almost all the sleeping arrangements for the babies such as Moses basket, cot bed, cot, crib. So what to choose and what to leave? Opt for the one that ensures breath-ability, warmth and comfort. All these requirements are provided by a cotton blanket or a fleece blanket. For buying fleece blankets, it is best to purchase them online because there you can find them at a wholesale rate and save a bit of money.

A sleeping bag is another option. But if you choose to buy that, you should purchase more than one (at least two) sleeping bags since babies in general wriggle at night. Although these sleeping bags are good for your baby's comfort, they have limitations – they limit your baby's movement. However, an advantage of these sleeping bags is that you don't require buying a blanket or top sheet. Want to pamper your baby a little? Buy him a mint blanket. Buy him pillows or duvet covers once your baby turns one year.

Kimberly Thane is an author and mother. See more of her articles at

<http://www.brandnamenursery.info>

## **Choosing Quality Bedding For Comfort And Fashion**

**By Carol Evans**

If you are considering redecorating your bedroom, one of the easiest ways to add some extra flair and comfort without too many extra books is to simply invest in a new set of bedding.

Bedding fashions are right in step with other fashion trends, and that means that floral patterns are out and solid color combinations are in. You should pick a color scheme that coordinates with your room color as well as the furniture in your bedroom. Also consider the other accessories in your bedroom such as paintings, rugs, and mirrors before selecting bedding that will compliment the room and achieve the style and effect you are after.

Nothing beats a good duvet for looks or for style. You can buy duvet covers in many different styles, and a duvet is a very comfortable replacement for the traditional quilt. Remember to buy both an inner and outer cover for your duvet, and if you are allergy prone look into alternatives to the goose feather or down stuffed duvet. Watch out, because testing by the Federal Food and Drug Agency has determined that no material is truly hypoallergenic, as most materials could cause a negative reaction even if it's a minute portion of the population. Based on these findings, the United States Supreme Court struck down the FDA's definition of hypoallergenic, and thus there is no real standard for what the term actually means. Companies who manufacture duvets could technically market any product as hypoallergenic.

You will want to do your research on the company and how they approach their research before purchasing one of their "hypoallergenic" bedding products. Also, keep in mind that materials such as cotton, wool, and silk very rarely cause allergic reactions, so the odds are that you are safe in buying a duvet stuffed with them or other bedding made of these fabrics. The same is true of manufactured sheets and bed liners.

Color scheme is important to consider when choosing your bedding design for practical as well as fashionable reasons. There are bedding color schemes in darker colors, but these tend to stain. Remember as well to buy a liner for your mattress.

Finally, a bed skirt adds a beautiful and classy touch to any bedding fashion scheme.

copyright©2006 beddingwebguide.com. Visit for more bedding

<http://www.beddingwebguide.com/articles>

articles. You'll find bedding

<http://www.beddingwebguide.com>

resources and more about linen

<http://www.beddingwebguide.com/linen/>

and comforters.



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**