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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Keeping Your Baby Safe

By Mary Johnson

Nobody wants to see a newborn baby get injured. Regardless of how careful and watchful you are, there is always room to take extra precautions to help keep your baby from getting hurt.

Below are 10 helpful tips to keep your baby safe:

1. Don't leave your baby alone with any pet, regardless of how small or harmless the animal may be.
2. Always keep an eye on your baby when you are shopping, out and about, going for a walk, or even at the playground. Kidnappers see strollers as a target from which to snatch your baby.
3. Never shake your baby. Don't even playfully throw the baby up in the air.
4. If you are giving your baby a bath in a large tub, be sure to put a towel or rubber mat at the bottom of the to keep them from slipping.
5. Avoid any toys, clothes, or household objects that have strings on them, and keeping phone cords out of reach. Babies have a tendency to get them wrapped around their neck and accidentally choke.
6. Always put your baby in a car seat when driving. It is extremely easy for your baby to get injured if you get into an accident, so be sure to pay attention to the road. Avoid talking on a cell phone, eating, or any other activity that could distract from your driving.
7. Keep your baby away from open if you aren't around to watch. In fact, it's wise to keep your baby from all open windows – ever.
8. Never leave your baby alone in a room with a child under the age of six. Children in this age range tend to play roughly with babies - almost as if they were dolls.
9. If a baby sitter watches over your baby, be sure that they have been trained in infant safety and CPR, are at least 16 years or older, and have solid references.

10. If you are changing your baby's diaper on a changing table, it is essential to never turn your back — even for a split second. In a heartbeat babies can roll over and fall off the table.

Nothing matters more than your child's safety. Don't take it for granted. Always be vigilant in looking after your baby's safety.

Mary Johnson writes for several web sites, including

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Finding the Right Baby Soap

By Erwin Venegas

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Baby Soap

Aren't all soap the same, especially baby soap? Do you really need to look at which baby soap you use with your new born baby? Bath time can be worrisome enough for new parents with a new baby. Is the water too hot or too cold? How do I hold the baby specially when they are all wet and slippery? Am I doing things right? With all these things to worry about, we should be completely sure that the baby soap we use is completely safe and gentle for your baby's skin.

Finding the Right Baby Soap

Keeping your baby's skin clean is one of the most important things you can do to help your baby stay healthy, and baby soap plays a very important role in keeping your baby's skin clean. So we need to make sure that we are using:

baby soap that is gentle

baby soap that is hypoallergenic

baby soap that is non-toxic

baby soap that sls free

You need to make sure that your baby soap is gentle because otherwise it could be irritating your baby's skin during or after bath time, and this would actually be opposite to what bath time is supposed to do. The baby soap that you use should be hypoallergenic since you do not know what your baby may be allergic to, and they are more susceptible at this very young age. Baby soap also needs be non-toxic since young babies like to put their hands in their mouth, and you want to know that if your baby swallows some of the baby soap, they will be safe. Finally, your baby soap should be Sodium Laurel Sulfate (SLS) free. SLS is a harsh chemical that is used as the chief foaming agent in soaps, including some baby soaps. The Journal of the American College of Toxicology said, "SLS can damage the immune system, causing separation of skin layers and inflammation of skin." Is this

Keeping Your Baby Safe

something you would like to expose your baby's skin to by using harsh baby soap?

Consider using

natural baby soap

that is made from only natural ingredients insuring that it is safe and

gentle on your baby's skin. Many times natural baby soap even helps protect and soothe your baby's skin.

During the first few weeks and months of your babies life, your baby's skin will develop spots, rashes, and some dots. This is normal. They will come and go naturally, but if you are concerned, then do not hesitate to contact your doctor or pediatrician. Even though your baby's skin will go through a few rough times, if you are using the right baby soap, then you know that you are caring for your baby's skin as best as you can.

Erwin Venegas is a father and helps run an e-commerce business providing natural baby products and toiletries. The shop can be found at <http://www.ecobaby.uk>



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