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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Keeping Your Momentum

By Lin Miao

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I always believed that life is a fast paced race way. Those that stop get left behind and those that continue despite breakdowns, pauses or interferences will ultimately in the end, win the race. As this relates to car racing, so this applies to your life. You're in the beginning of the race of your life and you have set out to accomplish whatever you set your heart to: you must keep moving, and you cannot stop.

When I was eleven, I was so fascinated with computers; building them, setting them up and troubleshooting them: you would have probably called me an obsessive nerd who woke up working on computers and sleeping with them. Everyday, I would read up on the latest new hardware, or the latest software so I knew exactly how they worked and exactly how to put it together. I felt that I was fairly competent to fix anything that was wrong with a computer.

Two years later, I decided that my life wasn't all about computers and I shifted my focus to business; I stopped reading and updating myself on the latest coolest things and I stopped building and repairing computers. When people would call me up to repair their computers, I politely mentioned that I was no longer in the business and that my interest was else well. A year went by and my dad needed a new computer; and because he wanted it custom built, he asked me to build one for him, I agreed.

I ordered all the parts, and I began to put it together: I was in the shock of my life, I haven't seen these new parts and I did not know how to put together the latest and greatest things. Instead of taking a few hours, it took a couple of days, I was disappointed about myself but I learned a great lesson.

You cannot expect to get back on the race track and immediately be number one when you have taken a pause or stopped. Your momentum is lost, your strength is gone and most importantly your drive and energy have weakened.

Right now, it is summer time and for most teens, they're out playing and generally having a good time and not worrying about school. If you expect that you can walk in onto your school campus on the first day be it high school or college and immediately get back into the rhythm of studying, working and

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keeping pace with the grueling work load, you're wrong. You must work it back, you must set a predetermined amount of time during the summer to get your rhythm back, refocus and build back the determination you had prior to summer.

Smart teenagers that succeed constantly plan ahead; failure to prepare is preparing for failure. Life is built on momentum and smooth transitions; if you stop, your momentum is gone but you can always rebuild that rhythm back. It's not easy, you'll have to work, work and work at it. Today, I could probably fix any computer without too many problems, but nowhere like I was when I was really into it. But that's okay, I'm focusing on other things. Do everything you can to avoid bumps or pauses or stops in your life, because those are costly. Keep the courage, keep the faith and most importantly keep your momentum.

Known as The Miao, Lin Miao Executive Director of LinCity.com – <http://www.lincity.com> – The Ultimate Online Teen City, is labeled as one of the most powerful and inspirational speaker in the subject of Teen Leadership. He is also the Chief Information Officer for United Planet.

How to develop habit of achievements?

By ajaypats

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Nothing succeeds like the appearance of success. Always bear in mind that your own resolution to succeed is more important than any one thing. If A is success in life, then A equals x plus y plus z. Work is x; y is play; and z is keeping your mouth shut. If your success is not on your own terms, if it looks good to the world but does not feel good in your heart, it is not success at all. Aim for success, not perfection. Never give up your right to be wrong, because then you will lose the ability to learn new things and move forward with your life.

In each accomplishment there is the beginning of an even greater accomplishment. No matter how little you start with, it can quickly grow as each success builds upon the one before.

The size of the goal is not nearly so important as the momentum that is created by achieving that goal.

For success feeds best when it feeds upon itself.

Set a small, yet challenging goal, and then keep going until you achieve it. Suddenly, momentum is on your side.

Put that momentum to use by taking on a project that's slightly more ambitious. And the momentum grows even stronger.

The smallest step in a positive direction is considerably better than sliding helplessly backwards. And you can take that step forward right now.

Ajay Pats is professional manager working as sales manager. He runs inspirational ezine "Rediscover true colors of life" available at <http://www.topica.com/lists/venturemall> and community for home based business entrepreneurs available at <http://groups.msn.com/venturecon>.



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