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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Keeping a Flawlessly, Wrinkle-Free Skin**

**By Martha Fitzharris**

Surely you have had enough of advertisements discoursing over the facts about wrinkles and the methods and products on getting rid of them. But before you go hysterical looking for the right wrinkle removal cosmetics it's important that you understand the bits and pieces of information about them. This will allow you to choose the best product in the market that also provides a run for your money.

Facts about wrinkles

Wrinkles normally appear as a direct consequence of the maturation process. As we grow old, elastin fibers (cellular structure which accounts for the stretching ability of the skin) loses its characteristic elasticity and relative degree of tolerance to stretch. It's like when you bent a piece of rubber that returns to its original shape when it is released. They tend to break up and are produced minimally in old age.

A similar protein substance found in the skin is collagen, which helps to maintain a flawlessly wrinkle-free skin. Collagen fiber networks make the skin tissues able to resist deformation. Underproduction of these fibers may lead to premature aging.

Still, habits and lifestyles are some of the things which put us more on the danger of acquiring those "roadmaps of life." However, it should be noted that certain physiological phenomenon materialize in the premature appearance of wrinkles. Some of them are outlined below.

1. Smoking - Studies shows that people who smoke have higher chances of developing premature aging than nonsmokers. Smokers have major incidence of developing creases and furrows between the eyebrows and around the face below the eye region which causes the cheeks to droop.

The dramatic effects in skin quality such as texture, flexibility, tone and color tells a lot about the adverse physiological consequences of smoking.

2. Aging - Maturation is indeed the season in our lives where occurrence of prominent wrinkling starts to show off.

## Keeping a Flawlessly, Wrinkle-Free Skin

The occurrence of wrinkles is manifested in all of us as we age. Maturation is the time when furrows and ridges across the face, depressing neck muscles and crinkled skin are visibly evidenced on our body.

3. Photo aging - Skin ages prematurely when it's exposed to UV rays. Excessive and frequent exposure to sun rays damages the structural integrity of elastin and collagen proteins. These proteins play a critical role in keeping the skin cells intact. In fact, wrinkled skin is characterized by decreased density of collagen fibers and elastin fibers, or in some cases, production of abnormal forms of them.

4. Diet and Physical Activity - Unhealthy diet full of refined sugars and inadequate intake of water dulls the skin. Lack of physical exercise causes poor blood circulation and results in poor skin complexion, tone and texture. You may have heard from your parents or your teachers that fruits are good for your health.....and they really are!

Fruits contain large amounts of antioxidants which are needed for removing toxins that tends to build up in your body. Potent vitamins such as ascorbic acid (Vitamin C) are important in getting rid of free-radicals which are highly reactive oxygen molecules that damage the cells along the way. Research shows that consuming 3 to 5 servings of fruits and vegetables everyday, reduces premature aging and lessens the risk of some forms of skin cancers.

Our skin provides factual clues to our overall stamina and well-being. No matter how we live up to the expectation of our skin and body, we simply cannot avoid the environment which continuously batters our integrity. Some skin damage may be treatable but most can not easily be reversed. Restoration of damaged tissues gets difficult as we grow old.

Most of you may share this burden but the good news is it can be prevented! Our natural and powerful beauty care product, Bio Skin Care cream, works as an anti-wrinkle cream.

NATURAL BIOLOGICAL SKIN CARE brings you the ONLY skin renewal product that incorporates natural skin activators to gently dissolve the worn out cells while at the same time it triggers the reproduction of new collagen and elastin cells. This yields a coordinated biological regulation of the skin renewal process and thus advanced skin rejuvenation.

The best skin renewal and skin repair results are achieved when exfoliation of damaged cells is combined with SKIN REGENERATING ACTIVATORS

Truly, none of the existing products in the market can equal our Bio Skin Care cream.

Martha Fitzharris is a free lance journalist for

<http://www.naturalbioskincare.com>

a website offering a

new biological natural skin care product that activates skin renewal.

If you want more information about Stretch marks, please clic natural skin care cream with natural skin renewal activators.

## **How To Choose An Anti Wrinkle Solution**

**By Jasmine Yap**

How To Choose A Anti Wrinkle Solution?

Finding an anti wrinkle solution that works for you is a long and tiring process. You're faced with offerings from hundreds of companies using a variety of unproven components that promise to leave your face as smooth as it was in your youth. Most men and women want to erase the ravages of time, remove facial wrinkles, and restore their skin to its younger days. As a result a great deal of creams and various other skin treatments have been created to solve this ever-present problem but few of these treatments are effective and safe. Which combines the most effective anti aging skin care ingredients with a new revolutionary component in a blend that will really leave your skin feeling young and smooth.

There is no need to undergo expensive and painful surgery or shots which offers risky and far from permanent results. More importantly the continual use of wrinkle solutions that can gradually rejuvenate the tone and texture of your skin to leave you long lasting effects.

Why Choose the An Anti Wrinkle Solution?

Wrinkle Solution offers fast results targeting wrinkles, crows feet around the eyes, and other signs of aging and can help to remove 10 years or more from your complexion. The isolates in wrinkle solution can dramatically decrease the appearance of wrinkles and revitalize your skin in addition to increasing collagen and elastin for men and women.

Many customers report that it is more effective than Retinol and Vitamin C creams and Emu Oil in reducing the signs of aging and removing the appearance of wrinkles. When comparing your options for anti-wrinkle creams there are a number of creams on the market which can cost upwards of hundreds of dollars but few offer the effectiveness and value for money.

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<http://www.deception-wrinkle-cream.com>

By Jasmine Yap

Find out more information about

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