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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Know Your Fish?

By Robert Michael

Enjoy fishing? Here is some information on popular fish, both fresh and saltwater.

Freshwater:

1. Trout: A most delicious fish. Remember however, apply the catch and release rule part of the time. Trout are the top predator in their environment and therefore it is important to leave some of these fish behind. Varieties: Brown, rainbow, brook and lake.
2. Bass: This fish is the most popular game fish in America. American bass belong to the sunfish family and fishing for them is a truly exciting experience. Varieties: Largemouth, smallmouth, and white.
3. Walleye: It's been said this fish is the tastiest of all and I agree! They hang around in schools and are often located near a drop-off. Fishing for walleye is challenging but not at all impossible. Cousin: Perch.
4. Pike: Fishing for pike, also known as northern is tricky and a somewhat dangerous business. They have very sharp teeth and a surly attitude. These fish prefer the weedy shallows and you can't rush them. They wait in ambush for their food and are usually not in any hurry to strike. The meat is good but quite bony. Cousins: Muskellunge and pickerel.
5. Panfish: These fish are fun and usually easy to catch. Dining on them is very enjoyable. They are often pretty small and hungry so will go after almost anything on a hook. Varieties: Bluegill, white crappie, black crappie, sunfish.

Saltwater:

1. Bluefish: These guys are strong fighters but you can catch them fairly easily. If you enjoy a good fight try hooking one of these fish. They are especially yummy when eaten fresh.
2. Flounder: Another fun fish to catch and delicious to eat. This fish is a good early season catch. All you need to be successful is a small boat and a fish-finding device. Varieties: Fluke and flounder.

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3. Striped bass: Here is a real challenge for the fisherperson. These fish can be picky about what they will strike on and when. Try using bait fish such as the bunker or herring. Plugs and spoons work well or a fly-rod.

4. Redfish: AKA : Channel bass or red drum, can be fished from New Jersey to Houston. They like shallow water and are fighters. The redfish expects the fly to land within two inches of his nose and if not it will likely ignore the rest of your casts.

5. Cod: A very important commercial fish, the cod can be caught in cold months. You'll need a heavy line because these big boys often weigh more than 30 pounds! They can be eaten fresh or salted and dried.

Next time you head out for a day of fishing maybe one of these fish will end up on your line and in your net!

Robert Michael is a writer for Fishing Niche which is an excellent place to find fishing links, resources and articles. For more information go to:

<http://www.fishingniche.com>

Maintaining your Fish Bowls

By Mike Yeager

Maintaining your fish bowl can be difficult sometimes. However, your fish bowl should be kept as hygienic as possible. Doing so should help prevent any health care problems for your fish. When you are cleaning your fish bowl, do it as quickly as possible, because it is dangerous for your fish to be out of its fish bowl. Only clean your fish bowl with a cleaner that is safe for your fish. Also, be sure to let the water return to whatever temperature is right for your fish before you put your fish back in its fish bowl. Make sure that any special equipment that your fish bowl has is working properly before you put it back in the fish bowl. If you maintain your fish bowl properly, you will be able to fully enjoy your pet fish.

Fish bowls are the single most important factor in your fishes happiness and health. No other decision you make as a fish owner will be as important as what fish bowl you get for your fish. Therefore, it is critical to choose the fish bowl that is right for your fish. Consider what type of fish you have when you buy a fish bowl. Some types of fishes require larger fish bowls than others. Also take into consideration any special needs that your fish might have. For example, some fish bowls are built for only fresh water fish. Others are built to provide warmth for your fish. If you are unsure of what kind of fish bowl to buy, consult your veterinarian. Also be aware that a fish bowl that is suitable for one fish may be too crowded for more than one fish.

Mike Yeager
Publisher

Know Your Fish?

<http://www.a1-pets-4u.com/productpage/fishtanks.html>

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