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**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Lacrosse Teams In Proverbial Hot Water**

**By Elizabeth Gilley**

Early this year, lacrosse players of a known amateur team found themselves in an altogether

different ballgame. Duke University lacrosse team faced a controversial legal case reeking strongly of racism and sexual misdemeanor. Two black women dancers, hired by the players in one of their night-outs, apparently accused three unidentified team members of rape and racial discrimination. The team is composed of 47 players, all whites except for one black. According to Fox News, Duke University officials decided to prohibit the league from participating in the season's remaining games until the case is finally settled. Since the victims said the offenders are all whites, DNA tests have been conducted to the 46 white players. The case is all the more controversial because the victims involved are black.

Media love to hype up cases with traces of color discrimination and sexism as much as possible. Somehow, the case wouldn't have been as celebrated as it is if ever the victims are whites. Racial discrimination is still a complicated issue. Whether the Duke lacrosse players are guilty or not, the damage has already been done. The incident already caused players and the team itself with scars in the form of a detestable reputation. A month before the incident, another sport team was in hot water for tolerating hazing activities. Hartwick College administrators suspended the team after the police received a complaint from a student who leaked information regarding excessive physical abuse as part of the initiation. Since Hartwick has policies against hazing, the team has to face more serious sanctions aside from the one-season suspension.

Indeed, some lacrosse players also face charges and cases like other athletes do. This can really hurt the amateur players' chances of being drafted in national lacrosse teams in the country. Needless to say, an athlete's character is a significant but underrated factor. There are many great players who ended their careers in sport because of involvement in these kinds of hyped-up cases. Even if their innocence is proved in the end, somehow they didn't regain their lost glories. Aspiring athletes should keep in mind that it's not all about game play and point statistics. They also have to keep their reputations untarnished as much as possible. A player can be as promising as possible but once he gets himself in a sticky situation, it's hard to rise again. This holds true for athletes in every imaginable sport.

For more valuable information on Lacrosse, please visit

<http://www.columbuslandsharks.com>

## **Tankless Water Heater A True Marvel**

**By Jim Kapowski**

Who hasn't experienced the aggravation of running out of hot water halfway through a shower? Maybe the in-laws are in town and using all of your hot water or perhaps you just have a conventional water heater that is about to die. Whatever the cause, a tankless water heater could be the solution you are looking for. Although it may sound like bad science fiction, the truth is that a tankless water heater really works and is far superior to the old-fashioned gas or electric "tank" water heaters.

In a conventional water heater, be it gas or electric, hot water is stored in a tank. While this may keep a ready supply of hot water on hand for immediate use, the fact remains that the hot water just sits around when not being used. In time, the heat will dissipate and the water heater will need to reheat the water. This is a complete waste of energy and it is simply costing you money.

A tankless water heater, however, does not store hot water for later use. Instead, a tankless water heater only produces as much hot water as a person needs. So, when the hot water faucet is turned on, the tankless unit provides as much hot water as necessary until the faucet is turned off. You can literally leave the hot water faucet on for hours and the tankless water heater will continue providing as much hot water as needed. You never need to worry about running out of hot water again during a shower when you install a tankless unit in your home.

One of the biggest problems with conventional "tank" water heaters is that they leak. No matter how great of a unit you buy, the fact remains that they will start leaking water as time goes on. After all, they are constantly filled with water! That water can damage anything in the area and cause you one huge mess. A tankless water heater, on the other hand, does not store water and therefore will not leave you a big mess to clean up one day—because it doesn't leak!

Another big advantage of a tankless water heater is its size compared to conventional units. A standard "tank" water heater may be several feet tall by 3 or more feet in diameter. But a standard tankless water heater is generally no larger than a standard laptop—although it may be a bit thicker. The point is, however, that it is generally no problem at all to mount a tankless water heater to your wall.

In truth, a tankless water heater will never force you to take a cold shower again because it never runs out of hot water. Plus, tankless units save energy (and money) compared to conventional "tank" water heaters because they don't have to keep a large tank of water up to temperature all day long—even when not in use! Leak-free and compact, a tankless water heater is even more convenient than traditional units. So if you are tired of running out of hot water and dealing with messes because of leaking water heaters, look into a tankless water heater today and see how this modern marvel can change your life.

Tankless Water Heater Hub is an information site that contains links, a directory and other Tankless Water Heater Information. It can be found at:

<http://www.tanklesswaterheaterhub.com>



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