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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Leap... And The Net Will Appear

By Sibyl McLendon

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In 1994, my life hit rock bottom. My husband was addicted to crack cocaine, my 17 year-old son had just gotten his 15 year-old girlfriend pregnant, we were about to get evicted from our home, I contracted a life-threatening illness with no health insurance and my Mother died very suddenly, and as her only child, the responsibility of this fell solely on me. My emotional hole was so deep, I could not even imagine the light at the end of the tunnel, let alone see it.

Two years later, my husband was free of addiction, I was running a business that was quite successful, I was healthy and had a beautiful Grandson that I loved deeply. Today, my husband is still drug free, my business has evolved to the point that we can work at home, my Grandson is still (and always will be) the light of my life, and I can honestly say that life is good.

It was a difficult path back into the light. Certainly, my life is far from trouble free now. But I learned one invaluable lesson during the dark time that keeps me from falling back into the abyss, no matter what the Universe throws at me today: faith. And really, faith in "what" is not the issue. It is simply faith in something. It could be faith in the Creator, angels, the Universe, yourself, electricity, or even a rock. It really doesn't matter. It is the act of having faith that makes the difference. Someone once told me that even an atheist has faith that when he flips the wall switch, the light will come on.

Along the way, I saw a Zen saying, "Leap... and the net will appear." It became my battle cry, my philosophy of life. Take a chance, give something a try, at least you are doing something. It is one step towards taking control of your life. Find a goal, even a little one, and then do one thing towards reaching it. It may be scary, but a little fear gets the adrenaline pumping. The rewards can be immense. Your self-esteem will benefit greatly. If you succeed, even in a small way, you can say, "Look what I did!" Believe me, it feels great.

Having faith means that you are able to take a chance on something. Taking chances, even small ones, leads to opportunity. Even if you take a chance on something and it fails, you have learned something through the experience. I know one thing for sure, if you stay in your house, waiting for something to happen in your life, you will die in your house, waiting for something to happen. You do

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not have to take a leap of faith, just take one step in faith, in the words of Dr. Martin Luther King Jr., "Take the first step in faith. You don't have to see the whole staircase, just take the first step." I am reminded here of a scene from a movie. Towards the end of the third Indiana Jones movie (Indiana Jones and The Temple of Doom), Indiana must cross an abyss to reach the Holy Grail. There appears to be no bridge, no way across, only a long fall to certain death. He takes the step anyway, and a bridge just appears out of nowhere. He took the step in faith that he would not fall. That is exactly what I am talking about here. We all have the ability to look inside of ourselves and find our faith in something or someone. Find it, and take that chance, the reward will outweigh the cost.

Sibyl McLendon is 1/2 Navajo. She is the owner of Spirit Web Design <http://www.spirit-webdesign.net>. She has been designing sites for 3 years. Visit Spirit Web Design for useful information on website

marketing.

The net-domain – backbone of the web

By Hans Peter Oswald

The net-domain – backbone of the web by Hans Peter Oswald

The net-domain – the backbone of the web

We do not always realize, that figures are just quantity and can deceive about quality.

In spite of the fact, that the net-domain is only the No. 4 in terms of the number of domain names registered, it works as a backbone of the web. The net-domains build the largest Top Level Domain by number of hosts, or machines connected to the Internet. More than 44 percent of name servers use net-domains. We presume, that programmers and other technical experts have a more narrow emotional relationship to .net than to .com. Their sympathy for .net is just greater than for .com. Historically .net was once reserved for providers. This might have still an influence to the technical use of .net and the importance of this use. Every programmer and hostmaster has an idea of .net, but not every programmer and hostmaster has an idea of .com. In some way .net stands for the web.

Other facts:

- 31 percent of all page views are dependent on a net-domain for resolution
- 32 percent of all B2C e-Commerce in 2004 is dependent on a net-domain for resolution.

Hans-Peter Oswald

<https://www.domainregistry.de/net-domain.html>

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