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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Learn How To Do A Proper Golf Ball Comparison To Improve Your Game

By Simon Ashton

If peak performance is what you are after then you need to learn how to do a proper golf ball

comparison. Just like choosing the right golf clubs, picking the correct ball for you is just a matter of matching the different types of balls with your swing and how you play golf. Golf balls are all the same, aren't they? They may be small, but they are one of the most engineered pieces of golfing equipment.

Have you ever taken a really close look at a golf ball? They have different feels, different densities and different spins resulting in a different action, depending on how you play the game. To get the best out of your game and your golf ball, you need to match each section of the golf ball with your level of skill and style,

First off, you need to chose the correct golf ball compression. The compression is the measurement of how tightly wound the ball is. Depending on your swing speed, depends on how the compression comes into play. If you're swing speed is quite slow, then you will want a lower compression. Therefore, the faster the speed, the higher the golf ball compression that you will need.

In total, the compression ratings are broken down into three seperate groups.

The first group is the 80 compression golf balls. They tend to be the softest and produce what essentially results in a sling shot effect when they are hit. They fly farther after being hit but they are much hard to control and hit accurately. They are the most popular type of golf ball amongst women, senior and junior players for their distance alone.

The next group is the 90 compression rating golf balls. Due to their middle of the road standing, soft enough to provide good distance on a slower swing but hard enough to provide a good degree of control, these are a good match for most male players in a golf ball comparison. They also prove to be a great choice for the more advanced female players.

The final group is the 100 compression rating golf balls. Fast swing speeds are needed for top performance due to these being the hardest balls. These type of balls are most popular amongst the low handicap and scratch players due to the faster swing speeds and the higher level of control.

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Of course the only real way for you to know which is the best fit golf ball compression for your game is to do your own golf ball comparison. So, why not take a few of each of the golf ball compressions out to the driving range and find out which ones work best for you.

Simon Ashton is the founder of

Golf Equipment Instruction Guides

A website created to give advice

on purchasing the right Golf Equipment and Instruction Guides on how best to improve your game of golf.

Golf Equipment Instruction Guides

aims to be an informative, unbiased site for your daily

golfing needs and news.

Exercise Your Swing By A Ping Golf Club

By George Andrew

Have you ever hit a good hit twenty yards threatening line? Did you had to endure heckling from playing partners who say, That's right where you planned.? Unfortunately, most golfers have to respond yes to both questions, because to get the ball to each time finish at the designed destination is more easy said than done. There is not less difficult way to Improve the quality of the shots you do than receiving a great new club as a PING golf club. The PING golf club is something that any golfer could mix to their arsenal & be grateful for when it is game time.

The golf scientists at Ping get finished to assist your swing—a Ping Golf Club. If you are going golfing by Ping Golf Equipment is like retrieving the perfect, brilliant—weight, swing—perfecting Ping Golf Irons from your sleek leather Ping Golf Bag—then golfing an afternoon far away. Enjoy simple lovely time by your new Ping Golf Irons and Ping Golf Bag. Its like to get a secret weapon. With a PING golf club you will get more quality ability over every & each swing & the quickness will be more greater with a PING golf club as well.

The PING golf club is a very well weighted & this will improve your golf game like you would never believe. Weight, worthwhile weight is essential to a nice golf swing and your game would never be anyway without a good swing. A PING golf club could pass along you this swing you want. & the looks of a PING golf club include beyond comparison on & away of the links. You will never be unsatisfied in how sensational you look on the course through your PING golf club. Ping Golf Club offers you Par Top quality!

I will recomend you that if you are starting in golf you ask for a coach at you favorite club. He can help

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you learn faster and make you an expert very quick. However this type of sport requires alot of practice to be able to master some of the techniques. Dont think that just with two sesions you will be an expert is not as easy as it seems, but its a beautiful sport and very rewarding.

If you want to find more information on best sports visit:



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