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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Learn Why Natural Acne Medications Are The Best

By Martha Fitzharris

The face is a part of the body that every one desires to keep at its best because it's the most visible of our body. So, if this important part becomes disfigured or has skin blemishes that we didn't have, an emotional reaction occurs. That is why people are so conscious whenever they have any spots on their face such as those acne problems bring with. It makes people feel less confident on the way they deal with other people because of the affected self esteem that these marks bring.

Acne is a common chronic disorder of the sebaceous glands in the skin, characterized by the presence of blackheads, whiteheads, pustules, nodules, and cysts. It occurs predominantly on the face, chest, back, and upper arms.

This skin problem could appear between the ages of 12 and 30 but usually becomes more marked during adolescence, because at this age the androgen endocrine glands of the body are at their peak of activity, which influences the quantity of the secretions of the sebaceous glands, which in their exacerbated flow to the exterior may damage the lining cells on the walls of the previously empty sebum canals provoking an inflammatory defensive reaction of the immune system.

Some factors that would worsen acne condition may be periods of emotional stress, premenstrual phase and when the diet contains an excess of fats. Consequently, treatments are needed in order to prevent follicular obstruction, reduce inflammation, combat secondary infection, and eliminate factors that may predispose to acne.

There are many ways to treat acne, some of which are available in the market, but the fact is that too many chemicals are involved in most acne treatment and not all these products have the good results they claim to have.

Today, people had come to realize the importance of natural acne ingredients for their medication. More and more people are opting for the natural way of treating acne because it has lesser side effects.

Natural is Beautiful

Learn Why Natural Acne Medications Are The Best

Although there are some topical skin care products and medications that can improve mild scarring and acne problems, almost all of them are artificial and invasive methods. For example, acne scars usually are treated with a combination of surgical procedures and skin resurfacing.

On the other hand, natural products only have natural ingredients and biological substances. Such is the case with tea tree oil, green tea extract, Vitamin E, rapeseed oil, Aloe vera, and some of the essential oils, which had long been proven to act upon blemishes on the skin.

Five reasons for using natural products:

1. They have natural antibiotics that fights infection, which, when taken for granted, will only cause more accumulation of acne scars.
2. They have natural skin regenerating ingredients that eliminate, if not eradicate, dark or red spots which causes the ugly appearance of scars.
3. Some contain glycolic acid which has the ability to loosen up the link between the upper layers of the dead skin cells and those of the healthy ones, facilitating skin renewal, thereby, eliminating acne scars.
4. Some contain vitamins that curb swelling and irritation.

Unfortunately though, most natural acne treatments are often just too weak to give people the results they need.

Prevention

Start using natural acne medication instead of commercialized chemical treatments, for they may just end up worsening your problem. This is because too many chemicals tend to over manipulate the skin's natural healing process causing even more clogged pores.

Fortunately, there's a new natural product that works as a skin regenerating activator. It is a Natural Biological Skin Care Cream and it's made with a natural substance gathered from a little creature that nature has endowed with the ability to repair his skin quickly when damaged, the garden snail of the species *Helix Aspersa Müller*. Bio Skin Care Cream is gentler than most solutions being offered in the market. It actually utilizes biological activators of skin growth factors collected from mucins produced by land snails to regenerate their own skin and shell when injured, to fight skin infection and to protect themselves from the sun and environmental hazards. Now, for the first time, **BIO SKIN CARE CREAM** brings you an effective skin renewal product that incorporates natural skin renewal activators to gently exfoliate worn out cells while at the same time triggering the reproduction of new collagen and elastin cells and restoring the water holding capacity of healthy skin, resulting in a coordinated biological regulation of the skin renewal process and thus advanced skin rejuvenation.

Try this natural treatment cream and see why "real beauty can be brought forth by natural beauty care".

Martha Fitzharris is a free lance journalist for

<http://www.naturalbioskincare.com>

a website offering a

new biological natural skin care product that activates skin renewal.

If you want more information about Stretch marks, please clic natural skin care cream with natural skin renewal activators.

Acne Skin Care Tips

By Paton Jackson

Some basic tips can help you to gain control over your acne.

Acne skin care is no easy thing. For most people it is very challenging. Sometimes, acne lasts only through puberty and once those crazy adolescent years have past, things just get easier. Your face clears up and you don't really worry about acne. But, that does not mean it goes this well for everyone. For many, acne will last well into their 20's, 30's and even beyond. And, for that there is a need for acne skin care tips like these.

Tips You Can Use Now

1. Find an effective skin care regimen and cleanser. There are many out there that are both natural acne treatments and those that are chemical in nature. The fact is that in order for your skin to heal, the bacteria on it will need to be cleared up. You will need to insure that your acne products will do this.
2. Use exfoliating acne skin care products. By exfoliating, you are removing the dead skin cells on your skin that are literally feeding the bacteria on your face. As disgusting as it sounds, getting rid of them through exfoliation is critical to getting rid of the acne.
3. Use natural acne skin care products as well. These will be found on the web and can provide you with the most fundamentally solid way of treating acne in a natural way. Have an arsenal of good quality natural skin care products can give your body what it needs to fight off bacteria and to heal.

Getting Acne Skin Care Training

You may be thinking that acne skin care training sounds silly. The fact is that if you have the necessary knowledge to fight off your acne infections you will be more likely to make it work for you. So, before you head off to make a purchase of some costly acne medication, learn why they will work or maybe even why they may not. There are many out there that may be able to provide you with just what you need in acne skin care.

Learn Why Natural Acne Medications Are The Best

Our experts have executed a research to find the best acne treatments. Find the results only on

<http://www.tigilet.com/c/Acne.php>

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