

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Let's Go Camping

By James Munroe

Camping is a terrific way to enjoy the great outdoors. It can also be an economical way to take a vacation.

There are two main kinds of campgrounds: public and private. Campgrounds have facilities established for campers, including sanitation, showers, perhaps even shops and dining. You may be assigned a site, or allowed to choose your own. Public campsites include national parks, national forests, and public areas managed by the Army Corps of Engineers or the Bureau of Land Management. There are many state parks that allow camping, too.

What campground you choose can depend upon the type of camping you plan. Some campgrounds cater only to tents, others only to RVs, and many cater to both. Still others offer rustic cabins for campers to rent. RV (recreational vehicle) camping can include everything from a pop-up camper that you tow behind the car to the most elaborate of mobile homes on wheels.

The other type is tent camping, also called car camping since everything you need can be carried inside your car. Basic needs for tent camping are a tent and a sleeping bag. A tent not only protects you from the weather, but also keeps out insects and airborne debris. A tent also provides privacy from people passing by.

All sorts of sleeping bags are available for campers. Many can handle great extremes of low temperature, but most people use "summer" sleeping bags since summer is by far the most popular camping season. You will also want to use a groundcloth for protection of your sleeping bag against moisture and dampness. Some people prefer to use inflatable mattresses or padding to make sleeping on the ground feel more comfortable.

Cooking supplies are another category of camping gear. You may choose to bring a cookstove or grill, or you may use grills provided by the campground. If cooking over a campfire, make sure that fires are allowed and that you follow prescribed fire safety procedures. Some natural parks and forest may prohibit campfires in drought periods.

<http://www.campingontariorating.com>

Where To Purchase A Camping Air Mattress Of Superior Quality

By Jodie Philips

Today's camping enthusiast is discovering that the camping air mattress is a very popular and comfortable alternative to sleeping on the ground. As they now come in various shapes and sizes you are certain to find one that exactly suits your particular needs. Make sure a camping air mattress is among your supplies when you are preparing to head out on your next camping trip. You will find that sleeping on an air mattress instead of the hard ground will definitely make your camping experience much more enjoyable.

There are many different ways to find a suitable camping air mattress. The first and most obvious is by visiting your local camping or outdoors store. These stores usually carry a vast range of products including anything you could possibly need when camping or going outdoors. It is vitally important that you carefully look into all the various options before committing to your purchase and don't jump in and buy the first one you come across. Shopping around can certainly help you to get the best deal possible.

If a camping or outdoors store doesn't have anything suitable, a sporting goods store would be the next option for you to visit. Go to the camping section and talk to an experienced salesman. They will be able to fill you in regarding options and information regarding the camping air mattress. By doing so, the salesman can advise on which item would be most suitable to your requirements. This will then help narrow down your choice of camping air mattress.

So, when looking to make your camping experience more comfortable, a camping air mattress is definitely the way to go. Seek out your local camping or sporting goods stores to complete your purchase. Then while organizing your next camping trip think about how comfortable and relaxed you will feel sleeping under a starry sky on your camping air mattress instead of the hard ground.

Jodie Phillips is a successful Webmaster and publisher of

<http://ultimate-air-mattress.com>

and she

provides more camping air mattress facts, tips and advice on finding the best camping air mattress on her website, where you can research in the comfort of your own home.

This PDF eBook is for free information distribution/sharing only, it cannot be sold.

Let's Go Camping



This Free E-Book has been brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!