

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Let's Pretend**

**By Anita DeFrank**

**Let's Pretend by Anita DeFrank**

Children have amazing and wild imaginations. The next time you hear "I'm bored" or "What can we do", give them a few household items, or let them make their own and watch them expand into endless hours of fun and entertainment. The following are just a few ideas to get the fun started and be sure to use your imagination too!

---->Make an Obstacle Course

Obstacle courses can be a lot of fun, spark creativity and also be great exercise for the little ones. These can be set up in and out of doors. Pillows, chairs, tires and stools are just a couple of things that can be used to be climbed, jumped and skipped over, through, around and under. Time each child as they scramble their way through and have a race. Best thing about these is that once they've done everything they can think of with the first one, it can be torn down and set up again another way. Have each child take turns in choosing the way it's set back up.

---->Let's Play Dress Up

Don't give away all those old shoes, shirts, pants, hats, gloves and costume jewelry! Set aside a special drawer or box for these item to play dress up. Have children act out their favorite play, television show or put on a fashion show. You'd be surprised exactly how cute she really looks in your old high school prom gown. Be sure to take snap shots or keep the video camera rolling!

---->Kid's Café

Set up old card table and let the children play restaurant. Have children make up or use play money and menus. Children that can't write yet can draw the food items on the menus. Give them some paper plates, cups, plastic silverware, a little notebook and they're open for business. Take turns being waiter, customer and busboy (or girl ).

---->Go Camping

This too can be played in or out of doors and the possibilities are endless. If you have a smaller pop-up tent, it can be set up in the living room. If you're taking this activity outdoors, you can hang an old sheet over a clothesline securing with rocks at the bottom. Have children draw or cut out windows if you're

## Let's Pretend

using an old sheet. (Remember to keep for the next camping trip.) Set up some lawn chairs around your faux fire and tell stories, sing songs, make smores in the microwave or any other favorite camping activity. Go all the way and sleep there tonight!

### --->Movie Night

Go to your favorite video rental store and have your child help pick out a movie for the whole family. Have children make tickets for the show, play money, popcorn, baggies of dried fruit, paper cups of juice or any other favorite snacks. Set these items up for "sale" and have each family member "purchase" their tickets and munchies. Then sit back and enjoy the show!

Anita DeFrank is a busy work at home mom who specializes in helping others become successful

home business owners. Visit her site [MommysHelperOnline.com](http://MommysHelperOnline.com) for more information how you can too.

### **"Pretend Interest" and Apathy... What To Do About Them!**

**By Sue and Chuck DeFiore**

### **"Pretend Interest" and Apathy... What To Do About Them!**

by: **Sue and Chuck DeFiore**

According to Merriam-Webster's dictionary "apathy is defined as the following: lack of emotion; lack of interest; indifference".

Wow, that's pretty depressing. However, look around you. Don't many of you work with people with this attitude. I don't, because I run my own business. However, I can remember when I worked for others and how many of the people I worked with fit this description. At that time, I couldn't understand how they could be that way. While I left corporate America, for my own separate set of reasons, apathy was certainly not one of them.

Unfortunately in the business that Chuck and I run we also see too much apathy. Of course, we get people who show what I like to call "pretend interest". They figure if they pretend an interest in something else, maybe no one will notice their apathetic behavior.

The individuals who pretend an interest in creative real estate will call us, and want us to guarantee that they will succeed (without any effort I might add). NOTE: NO ONE CAN GUARANTEE YOUR SUCCESS BUT YOU. Or they will want to know how quick they can make a million dollars (again, without doing any work). Or, how do I know it will work for me, in my area. As far as their area, creative real estate works in most areas. However, will it work for them, that I can't answer. They have to decide if they are going to work at it or not, they have to put the effort out. I put effort out every day and get rewarded for it. I realize, however, "if there is no effort, there is no reward". For these individuals, because they are so apathetic about everything, of course it won't work. They don't want to work. They are too indifferent.

## Let's Pretend

If you find yourself with the above characteristics, and want to make a change do the following. Find something you have an interest in, that you are not indifferent to, and watch your emotions soar. I am not telling you to quit your job, unless you really want to or need to. Look at your job in a different light or look for something you would like to do, and research it. Find out how you can start it in your spare time, or part time, and build it up so you can get out of where you are. Once you do that you'll have a new purpose for yourself. Put all of yourself into it, heart and soul.

Don't let apathy make you say, "I'm not good at anything", "I don't know what I want to do", etc. These kind of statements are just perpetuating your apathetic behavior.

If it is not your job that is making you apathetic, take a good hard look at yourself, and be honest so you can find out what it is and do something about it. Sometimes it is as easy as finding a new hobby, or doing something special for yourself – dinner, a movie, walking, whatever, will make an enormous difference. If that doesn't help, go talk to someone on a professional level, but do something to remove the apathetic behavior, and I don't mean by using "pretend interest".

As Nike is so fond of saying, "Just Do It!"

Copyright 2003 DeFiore Enterprises

Interested in having your own successful, home based creative real estate investing business? Chuck and Sue have been helping folks start successful home based businesses for over 17 years, and we can help you too! To see how, visit

for the latest FREE tips

and tricks, educational products and coaching in creative real estate investing and home based businesses. No time to visit the site? Subscribe to our FREE "how to" Home Business Solutions Digest, it's like having your own personal coach:

Let's Pretend



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**