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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Letting Go**

**By Judi Singleton**

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Letting go is done knowing that what you are wanting has already happened. Hence it includes gratitude and celebration.

Most people are not especially comfortable with letting go. Yet it is the most important part of manifesting and evolving. Manifesting and evolving are the same process in many ways. Everything that exists and everyone are made of energy. This energy is love. The purpose of love is to evolve to become more the love it already is, eventually merging with Source. Therefore, love is evolution. When you try and force something to happen, to come your way, you are slowing its evolution and yours.

What would you like to change in your personal life?

What dreams are you aspiring to, but hold back from doing because of a past belief or set of circumstance which causes negative thinking for you?

What are you holding onto that you know is not for you anymore?

What relationship has troubled you?

What big change are you avoiding? Are you feeling more comfort in unhappy familiarity rather than delving into unknown territories?

What career changes, perhaps even a total change of direction, could bring about more satisfaction?

It's time to let go of the past, to release that which no longer serves our growth, and to rebuild upon a new foundation. We are all healers, and this is a great opportunity to transform our lives in a way that will nourish our soul.

We need not be guilty of creating a life of happiness. There is no need to hurt those who have limited us in freeing ourselves. And, in some cases, we may need to break free from a career, a job, a

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relationship, or even family in order to create the life we want. However, most letting go is not usually burning a bridge, but often letting go is an inside job: letting go might mean changing our belief pattern, a way we process emotion, or how we view life.

Sometimes there just isn't room in our lives for anything new. So some times letting go is just making room for the new. We struggle with letting anything go we like our sameness. It is like an old bath robe comfortable though it is falling apart.

Some times negative things are comfortable. They are all we have ever known and we don't know what will fill that empty place they will leave if we really let them go. This is where faith comes in we have to know that we deserve something different and our good is on its way.

This process is an inside job. By changing what we BELIEVE we deserve, letting go of our our negative self-criticism, and embracing loving thoughts and behavior, we can create the life of abundance, joy, fun, and love that we deserve.

Judi Singleton publishes these blogs  
[http://ToThe Universe.blogspot.com](http://ToTheUniverse.blogspot.com)  
<http://AnAngelOnMyShoulder.blogspot.com> <http://JudisRamblings.blogspot.com>  
<http://CreativeImaginationblog.blogspot.com> <http://BeWellnowblogspot.com>  
<http://AlightInTheWindow.blogspot.com> <http://GoddessGospel.blogspot.com>  
<http://HerbalHarvest.blogspot.com>

### **Hiring a Letting Agent**

**By dan the roommate man**

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You may be interested in finding tenants to occupy your property while you're temporarily away from your home. Many people feel more comfortable hiring letting agents to manage their property for them. By hiring a professional to take care of their home, the homeowners don't have to handle typical tenant dilemmas.

#### **Choosing a Letting Agent**

A personal recommendation is always the easiest way to find a good letting agent, but if you don't know anyone who has used one, you'll have to look for one on your own. While you can go any "Joe, Letting Agent", it's advisable to find an agent who is a member of a professional body or association. For example, members of the Association of Residential Letting agents (ARLA) have been operating for two or more years, have Professional Indemnity Insurance, hold separate accounts for their clients, and only take commissions from landlords (not from tenants). The extra experience and support of a large organization can't hurt!

**Once You've Found One**

## Letting Go

Once you've established a relationship with the chosen letting agent, they will typically ask you to sign an agency agreement. This agreement generally covers the agent's right to let the property on your behalf and manage it during the tenancy. Make sure you read through and understand the agreement. Do not sign anything you aren't sure about. If you don't agree with a clause in the lease, let the agent know. You may be able to delete that clause before you sign. If the agent refuses to compromise with you, find another agent. You want a good, agreeable relationship with your letting agent. After all, he or she will be looking after your home while you're gone!

It is a good idea to compile a list of things you feel should be looked after during your leave. For example, if you do not want the tenants to use the wood burning stove during their stay, make sure you put that in writing, get the agent to sign and date it, and keep a copy for yourself.

### Let The Agent Handle It

Once you have signed the agreement, and the letting agent knows what you want out of him or her, leave all matters to him or her. The agent doesn't want you continually involved with the new tenants or interfering with their role as property manager. You have hired this agent to handle these things for you... so by all means, let them do their job!

However, if you are incredibly unhappy with the way your agent is managing the property, then you may interfere. This is best done by writing a dated letter and sending it to your agent explaining the problem. Keep a copy of this letter for yourself in case it's needed for future reference.

It is a good idea to keep all documents and correspondence with your agents in a folder clearly marked

"Letting Agents re (address of property)" or something similar. All letters sent to the agents should be dated and signed and you should keep a copy.

Since 1989 dan the roommate man has helped 1000's of people find roommates. Need help? Contact him at 800-487-8050 or [www.roommateexpress.com](http://www.roommateexpress.com)



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