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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Life Is Boring In That Bubble

By Nicole Dean

>From Seinfeld – Jerry: He's a bubble boy. George: A bubble boy?! Susan: What's a bubble boy?! Jerry: He lives in a bubble! George: BOY!

When I consider everything good that's happened in my life, it's all been due to taking risks. When you look at your dreams, do they require you to sometimes be uncomfortable? To stretch outside of your safe zone - outside of your `bubble'? Absolutely!

Do you want to hear a confession?

The first few times Kelly McCausey asked me to be on WAHMTalkRadio.com, I made excuses! I tried to hide in my bubble....

"I have Boy Scouts that night." "I'm not feeling well."

BAWK! BAWK! I was terrified to record with her. I admired her so much and didn't want to make a fool out of myself.

After this happened a few times, I was getting embarrassed. My friend Annette Yen and I dared each other to do one thing we were scared to do. She promised to write an article and I agreed to go on Kelly's show. We shoved each other out of our bubbles. Now, Annette is an article-writing machine - and Kelly can't get rid of me!

Consider one of the biggest risks in life - parenthood. If we had been too scared to take the chance to become Moms, think of everything we'd be missing.

Yes, it caused considerable agony at times.

Being naked in a room of doctors? NOT fun. Dealing with a screaming baby in an airplane? Absolutely awkward. Driving your 4 year old to the emergency room with a broken leg? Downright terrifying.

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The rewards of parenthood? Priceless. Thank God for risks and rewards.

Your business is the same way. Yes, it's hard to reach out and to take risks, but that's where the payoff is.

Think about it.

I hope that this year brings you rewards and joy beyond anything you can imagine. Dream big and set your goals high.

You deserve every happiness.

Nicole Dean is the mostly-sane mom behind

<http://www.ShowMomtheMoney.com>

– a fun and

informative resource for Work at Home Moms. She invites you to sign up for her free ShowMomtheMoney 101 Tutorial at

<http://www.showmomthemoney.com/free-tutorial.htm>

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Free Bubble Wrap & Popcorn

By V. Raposo

Where to find it, What to do with it Bubble wrap is a great way to securely send your items to make sure they arrive at their destination intact. But when you go into an office supply store it can be quite expensive. Here in Canada, bags of packing popcorn can be around \$8–10.00! So where can we all find this FREE bubble wrap?? I used to own retail stores and at the end of every night we would put out our garbage for the mall to pick it up. We often would find bubble wrap and popcorn just tossed into the garbage. No need to let it go to waist. So, here is what you do..... Find a retailer that gets in alot of breakables; then get to know the store owner or manager. Ask them if you can help them out and take all that popcorn and bubble wrap off their hands.

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They will be happy to have it picked up as they just don't need it. And while you are at it, ask if you can have some of the smaller boxes that their merchandise arrives in. These boxes can take up a lot of room as well. The store owner may be happy to have it taken away along with the bubble wrap.

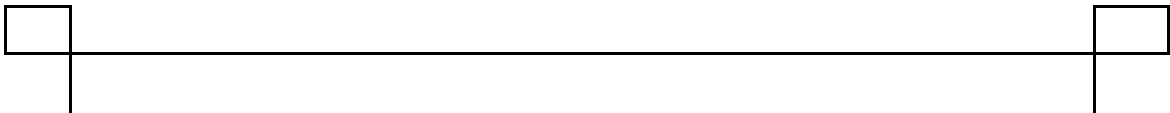
Get all the FREE popcorn & bubble wrap you need! Take it a step further and sell it on eBay. Why not? Everyone needs bubble wrap. :) Just sort the bubble wrap and packing peanuts. The ones that look brand new go into the sell on eBay pile. Use the rest for your own packaging. Next time you're in the mall, start taking note on which stores have a lot of glassware, dishes, porcelain or glass gift items and anything else that needs to be shipped in bubble wrap. Talk to the owner and see if they are interested in letting you pick it up. Don't limit yourself to just the mall though. There are many small stores in strip malls and downtown areas as well. You can find sources of free bubble wrap in many places. And then make room for it all. Have Fun!

Vera Raposo has been making a living with online auctions since 1997. With thousands of completed auctions under her belt, Vera is now sharing some of her best auction strategies in a free 90-minute interview at

<http://www.auctionstrategists.com/special>



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