

Lifestyle changes – a conscious choice!

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Lifestyle changes - a conscious choice!

By Ingela Berger

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Are you ready for a change? Is it time for those plans that you've been thinking about for so long?

Ingela Berger

Ingela Berger started her own Internet business

in 2003 to inspire and encourage

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By Donald Malloy

Donald Malloy Freelance writer founder of

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