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Lift Chairs: Making Use Of Technology In Taking Care Of The Elderly

By Jeanette Pollock

We all grow old. No one can deny that. No matter how much money you have, how good you have been, how much people respect you, the fact remains that we grow old.

No one can bargain for one more second of time or of youth. Sure, certain advancements in technology have allowed people to minimize the ravages of time, but they all realize, sooner or later, that every battle we fight against time will lose.

This does not stop the fighting spirit of humanity, however. We continually face adversity and yet we go on fighting. Some of us have faced their darkest enemies and emerged triumphant. For we are human, and we never choose to go quietly.

We make use of our different technologies in order to make our lives a bit easier. If we cannot win the battle against time, at least we can delay its effects.

The lift chair is a perfect example of one such innovation. With the lift chair, an elderly person can rise from seating without the need for assistance from others.

We take pride in our little accomplishments of independence. Whether it is building a skyscraper, or getting up every morning, we feel that our little accomplishments make us the persons that we are.

The lift chair does do many things for the elderly other than let them stand on their own. Lift chairs give elderly people a sense of independence. Imagine how it would feel like to be on the prime of your life one day and be unable to rise from your chair the next.

Lift chairs give the elderly the sense that they control their lives. Each human appreciates the need for control. Think about it: when have you felt your darkest despair? The answer would be when you felt helpless and unable to do anything about a problem, right?

What are the different factors you need to consider in getting a lift chair?

Well, in order to get an effective lift chair, you'll need to take into consideration the physique of the person who will use it.

This includes the weight and the height of the person who will use it. In taking this into consideration, you can make sure that the lift chair will be able to support the person effectively.

You can also be sure that no mishaps will happen because of the lift chair.

You also need to consider the specific features you want built-in to your lift chair. Some lift chairs offer you a massage function and still some offer heat therapy. This is to further care for the one using the lift chair. These features assure comfort and relief for the elderly.

The intended use of the lift chair should also be considered. Some lift chairs recline fully and may be used as beds, while others are merely for sitting and only recline a bit.

There are also a variety of designs to choose from. Take the design into consideration as sometimes visual stimuli can affect the relaxation of the person using it.

The location of the controls, the adaptability of the lift chair to the user should also be taken into consideration.

And, of course, you need to keep within your budget. You need to find a good quality wheelchair within the range of your intended price. After all, you don't want to waste money, right?

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. Visit

Jeanette's site to learn more about lift chairs

Choosing A Lift Chair

By Paul Graham

For some people, getting up from a sitting position can be quite a chore. Lift chairs help in this regard. In today's modern world, lift chairs offer those who have difficulty sitting down and getting up from sitting the opportunity to live normal lives even with their disability.

There are many reasons why people have difficulty getting into and out of a sitting position. Some suffer from arthritis, and getting up from a sitting position is all but impossible for them. Many of those who are advanced in age show signs of muscle weakening and difficulty in moving about. This is to be expected as people age. However, without assistance, life for these people becomes extremely

inconvenient and, at time, embarrassing.

To help make their lives easier, lift chairs were invented. Lift chairs are furnitures that make getting into and out of a sitting position easier. They are made of usual couch material and may look like a normal couch. They, however, have built in motors that change the position of the seat that helps the user as he moves to stand up. The contraption is activated by buttons on the seat or on a remote control. When the user wants to sit down, all he or she has to do is lean weight on the seat. This triggers a mechanism that lowers the user into sitting position. The mechanism of these chairs prevents users from flopping down unceremoniously on the couch. It provides stability and support for the sitting and standing movement.

There are many reasons why one would want to use a lift chair. As mentioned earlier, one of the reasons one would want to use lift chairs is arthritis. Other diseases include Parkinson's, Lou Gehrig's and other mobility limiting conditions.

People who suffer from other conditions such as knee and hip problems also need lift chairs - as do people who have had accidents, muscular weakness, or even advanced age. For these people lift chairs present the best way to continue living a functional life. They will also be less dependent on other people to get around their homes.

Lift chairs also help caregivers. Instead of having to carry their patients in and out of their chairs, their patients can now be assisted by automatic lift chairs. This helps them avoid getting fatigued and sore from carrying their patients.

Lift chairs come in different styles, colors and functionalities – and yes prices. At first sight, lift chairs will resemble normal upholstered chairs. They look like your typical sofa, recliner, or chair. Some even double as beds. If you are to buy such furnitures, make sure you choose one that fits the needs of its user. If he or she is more comfortable with a recliner or chair, then by all means consider that style for him or her.

You should also consider the fabric for the lift chair you wish to purchase. Some patients have sensitive skin conditions. You should take this into consideration when choosing a lift chair. Leather might irritate some, while some might be irritated by fur. A good knowledge of your patient will assist your decision.

You should also consider the size and height of the chair. Its dimensions should match the needs of its

user. When shopping for a lift chair, it is important to consider the size and height of the individual who will be using the chair. If it is too small the chair will be uncomfortable for the user. If it is too large, the user might feel the same way.

Consider also the weight of the user. Lift chairs can carry large loads but you must make sure the brand you choose can handle the weight of its user.

Lift chairs are usually plugged into your typical electric outlet. There are versions, however, that can

operate on battery packs. This makes them convenient even in the event of a power black out.

There are also brands that have massage units and heating implements. If your patient needs these features, you can have them installed too.

For more great lift chair info and advice check out:

<http://www.weknowlifts.com>



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