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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Lingerie Care

By Maureen Colfer

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At lingerie4two we recommend you wash you lingerie by hand. If using a washing machine for your lingerie place them in a mesh lingerie wash bag. This will protect all of your lingerie from being wrapped around the agitator. You should wash lingerie separate from your other clothing. When washing your bras, lingerie, panties or other delicates, it is suggested you use a delicate soda-based fabric wash. Regular detergents contain harsh chemicals that breakdown fabrics. Avoid putting your lingerie or panties in the dryer. The heat of the dryer breaks down the lycra, spandex and elastic, so you will find yourself replacing your lingerie, delicates more frequently. Rotate your bras. Bras do not need to be washed after every wear. This being said, you should avoid wearing a bra two days in a row. The bra will requires a day of rest after wearing, to return to its original fit and to breathe, wearing one bra constantly puts a lot of stress on the fabrics and causes it to rapidly stretch out of shape and to lose its fit. Replace your bras every six months. Most bras get worn out and do not function as they should after six months.

None

Today's Lingerie – Just Not Women's Underwear

By Wendy Yeager

The modern dictionary's definition for lingerie is women's underwear or linen articles, especially garments. Today our choices of lingerie are not so limited.

Some women think of lingerie as only sexy panties, sleepwear, teddies, bustiers, or thongs. Lingerie also includes bras, comfy panties, slips, camisoles, girdles, robes, nightshirts, pajamas, nylons and more.

Lingerie Care

Womens lingerie is made of many different fabrics including cotton, nylon, satin, silk, lace, etc. We can also choose from an array of colors from pastel pink and lavender to more bold red and black.

So, with all of the choices and styles in womens lingerie, any woman can find something to fit her taste. Whether your lingerie of choice is thong underwear and teddies or cotton briefs and nightshirts, youre sure to find lingerie for women that is both comfy and flattering.

Wendy Yeager
Publisher

Publish in Whole

Today's Lingerie – Just Not Women's Underwear
Bridal Lingerie Buying Guide
5 Ways In Which You Can Use Fine Lingerie
Finding Wedding Lingerie In Plus Sizes Can Be A Breeze!
"Men in Tights.....and garters"

The Art of Kissing
How to Gain and Retain More Customers
101 tips to stay fit and live longer.
Baby's First Year –What Parent Needs To Know
Coping With Alzheimer's Disease



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