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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Lipcare Collagen Products For Healthy Lips**

**By Jane Wyvern**

Collagen enriched lip care products are great for maintaining the moisture of your lips.

Women can spend a lot of time on their skin trying to maintain its softness and fighting back aging. They use cleansers and moisturizers and lotions to protect their skin but then walk out the door without a thought to their lips. But your lips need protection too.

Because the lips have a less melanin, oil glands and a thin outer layer, they are in constant need of moisture. The lack of collagen also aggravates this situation. Lips can be burnt easily. Dermatologists have begun to see a rise lip cancer. It is frightening to think that if you don't protect your lips you may end up with cancer.

Applying lipstick to your lips is not enough to care for them. There is a range of products for them today. You can now get lip creams containing alpha hydroxyl acids to help exfoliate dead skin and even products that help with the wrinkles above your lip line.

The elements, (wind, cold, or sun) can affect your lips with time. Collagen is used in other moisturizing skin products, you should think about getting it for your lips too. There are lip care collagen products that make the claim that their product stimulates the production of collagen and that collagen would end up making your lips look moisturized.

There are a variety of products lip care products available aside from collagen such as lip moisturizers with vitamins added. Some lipsticks may contain collagen too. These products are all useful for the protection of your lips.

The following are some tips that may help your lips stay soft, plump and protected. First of all, begin by exfoliating your lips using your tooth brush for about five seconds or more. Your lips will get red and plump out. When you buy lipstick next you can choose the color of your lips as they are when brushed.

Moisturize them using a collagen enriched moisturizer. It is best to do this before you go to sleep. Lip care is not such a demanding task and it is not so complicated. It is just a matter of exfoliating, plumping and keeping them protected.

Jane Wyvern is an established freelance writer. You can find more of her writing at

<http://www.collagenguide.com>

and

<http://www.skincare-source.com>

## **Collagen And Fat Injections For Smoother Skin**

**By Jean Bowler**

Most surgical procedures, such as chemical peels and laser resurfacing are meant to remove the outer layers of skin, forcing new collagen growth which eventually fills in the wrinkles. The opposite approach is to fill in the wrinkles with an injectable substance such as collagen or fat. This fills in the defects giving the skin a smoother appearance.

The most common filler is bovine collagen. Since there is a risk of allergic reactions, a skin test is required before its use. There are now bioengineered collagen products that are non-allergic and do not require a skin test, as well as synthetic fillers. Another choice is a transplant of your own collagen or even fat removed by a mini-liposuction procedure just before injection.

Usually you will receive a local anesthetic and the collagen product will be injected directly under the surface of the skin. There may be some bruising or swelling in the treated areas.

The collagen injection restores the skin's natural collagen and you skin will look younger as it fills out.

Just like your own natural collagen, injected collagen will eventually start to break down and need to be replaced. You might have to repeat the treatment several times a year. However, injected fat tends to last a lot longer and the results may be permanent, especially if it was injected into other areas in the face containing fat.

According to a report issued by the Harvard Medical School, a new product is being developed that is designed to produce new collagen as needed. Called Isolagen, it uses a sample of your own skin to clone fibroblasts, the cells that produce collagen. Since this is a new procedure, its long term effects are still unknown.

Anyone who watches movies or TV knows the results of overdoing these types of procedures. Many famous actresses wound up with lips reminiscent of Bozo the Clown from overzealous collagen injections. Make sure you use a doctor experienced in this procedure and be frank with him on the results you expect to receive.

When properly done the results should be undetectable and natural looking, giving you another

weapon against wrinkles and creases in your face.

This article is for informational purposes only. It does not purport to offer medical advice. Consult a qualified physician if you are interested in any of these procedures.

For more information on cosmetic procedures, visit

<http://www.ageless-beauty.com/antiaging-cosmetic-procedures.html>

Jean Bowler was a ballet dancer and instructor, a teacher, a personal trainer and a cosmetics consultant. She is editor of Ageless Beauty -

<http://www.ageless-beauty.com>



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