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## Liposuction Cost And The Price Of Beauty

By James Guntham

If you are considering liposuction, also know as lipoplasty, you should carefully consider the cost of the procedure. If living a healthy live style is not producing the cosmetic results you are seeking, you should take into account how much lipo will cost in addition to weighing other risk and expense factors.

For many, liposuction cost determines whether or not they decide to move forward with the procedure. Here's why:

There are two basic components used by surgeons to determine liposuction cost. They are: the area of the body, and how much fat needs to be removed. Typically the most affordable areas to have liposuction are the arms and back. These areas cost between \$1,500 and \$5,000. More expensive areas include this breasts and abdomen, which can range between \$3000 and \$7500.

### Fee and Expense Breakdown

Liposuction cost includes both surgical and non-surgical fees. Non-surgical fees will include pre-op lab tests, surgical supplies, use of the operating room, and post-op garments and bandages. The surgical fee is of course the actual cost of surgery. The cost of surgery is largely dependant upon what areas of the body are being operated on --generally, the more fat deposits that need to be removed, the more the procedure will cost. Anesthesia is also often included in the surgical fee.

When shopping around for a good plastic surgeon to perform liposuction, it is not a good idea to hire the cheapest surgeon. Many patients unfortunately end up paying more in the long run when the have to repeat the lipo to remove bumpy spots, or have more fat removed. Although liposuction cost is important when choosing a surgeon, it is wise not to be too frugal about it.

### Financing

Because lipoplasty is a cosmetic procedure, most health insurance plans will not cover it. However, if you choose to undergo this procedure, there are several other ways to pay for it. The recommended option is paying the liposuction cost in cash upfront. If that option isn't realistic for you, there's always

financing it. The financing options include loan and credit card payments. **INSIDERS TIP:** Credit card interest is often much lower than cosmetic surgery loans.

The choice to have lipo done is completely choice. It is for your benefit and satisfaction. Since you care about both your body and your money, you should take care of both wisely. Make sure to carefully weigh all the pros and cons of cosmetic surgery before committing to go under the knife.

For more information and insider tips on the costs of standard, tumescent, and abdominal liposuction, "before and after" information, liposuction alternatives such as mesotherapy, and more go to

<http://www.liposuctioninfo.org>

### **What Is The Average Cost Of Liposuction Surgery?**

**By Greg Cryns**

The short answer to the question posed in the title of this article is \$3,000 to \$4,000.

However, since liposuction surgery is nearly always elective and not used in an emergency situation, the average cost of liposuction surgery is difficult to determine because costs vary by both the doctor and by the region where the liposuction surgery is performed. So, best practice dictates that you should compare two or three doctors to get an average cost in your geographic area.

Doctors may prescribe post–ultrasound and massage treatments. Some do not. The number of laboratory tests and fees will affect your total cost. Some doctors use lasers, others use ultrasonic devices.

Here are the major factors to consider. Keep in mind that for doctors as for most business people, time is money.

1. The amount of fat to be removed – simple formula: the more fat to be removed the more time it will take to remove it. The result for very obese patients is higher cost.
2. Your sex will affect the cost. Fat is easier to remove from women than men. Fat in men is usually tougher (more fiber) than in women. So, the average time of liposuction for men will take longer.
3. If your doctor uses a general anesthesia and a hospital to perform the surgery, your cost is increased.
4. How many areas of your body need treatment? You need to find out what your doctor considers different and separate areas because he or she will charge a fee for each area. Usually the abdomen is divided into the upper and lower to make up two areas. Your waist and your hips are considered as two areas. Front and back thighs are also two separate areas.
5. Do you need to travel a long distance for your surgery? To get an average cost of liposuction

surgery you need to figure in the travel costs including gas for your car or flight tickets and an overnight stay if that is necessary.

6. Will your doctor use lasers or ultrasonic liposuction? These are not standard procedures so you must ask if either will be used to make a fair comparison. Recent estimates show the average cost of liposuction surgery is about \$3,000 in Texas. In New York it is over \$4,000.

When it comes to money, you don't want to be surprised by a bill. Ask many questions about the liposuction surgery and be sure to nail down an approximate cost. If you are comparing costs, always compare the total quote from each doctor as opposed to comparing the smaller component fees separately. This will make it easier for you.

Greg Cryns is the founder of

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