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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Little Big Bird**

**By Jean Woods**

A few years ago while sitting on a bench outside my workplace I noticed two birds running around

making all kinds of noise. One was much larger than the other was so I assumed that she was the mother trying to feed her young. I couldn't believe that the small bird, a lovely little sparrow, was jumping up and down trying to put food in the mouth of this ungrateful screeching little big bird who did nothing but keep his mouth open and run around as if he wasn't getting enough to eat. The mother was exhausted from all this jumping about. I thought I'd give the mother a break and throw some breadcrumbs out there for them to share. Do you think the 'Baby' bird would feed itself – NO! It still waited for Mom to jump up and put the morsels in its mouth. If this were the real mother of this monster bird, then I would hate to see the father! I've heard of birds laying their eggs in 'foreign' nests but the least they could do is pick a surrogate mother their own size!

Since then I've been reading up on 'brood parasites' – that's what they call these deadbeat mothers who leave it up to other birds to raise their babies. The one most popular in the Americas seems to be the Brown-headed Cowbird which is a pretty big bird in comparison to the sparrow. To help out the sparrow I decided to go into real estate – wild bird real estate that is: bird houses and feeders, plus baths and fountains. This way the sparrow can move in a small holed birdhouse and not worry about a bigger bird coming in and laying its eggs for her to raise. She can bring up her own little sparrows the way nature intended.

After working for over 20 years in an office, (the place I witnessed the above) I decided to work at home and sell something I really like. To me there is nothing like the sound of birds chirping in the morning. So after lots of pondering I chose to help them out and provide them with their own home at

<http://www.birdbathplus.com/>

**Humming Birds Make Wonderful Pets**

**By Mike Yeager**

## Little Big Bird

Humming birds are wonderful birds that are smart, playful, and easy to take care. Many new bird owners are surprised by the intelligence that many birds show. They are also very playful. Make sure you do research on all of the different types of birds. Some types of humming birds are more expensive and require more care than do others. Fortunately, most humming birds require only a little care. If your bird will be alone for most the day, consider buying two birds, so they can keep each other company. Also, bird toys will help pass the time. Birds have advantages over other pets in that they require only a little space for their cage, will never have trouble with ticks or fleas, and will never cut or scratch anybody.

How to take care of your Humming Birds.

Humming birds require a few basic supplies. The most important is the bird cage. Make sure that your bird cage is large enough for your humming bird to move freely around. No humming bird will be happy if it always cramped. Also, make sure to buy healthy bird food. Be aware that some types of bird food are made for only certain birds. If you are unsure of what type of bird food is right for your humming bird, contact your veterinarian. Although humming birds are usually resistant to diseases, they do sometimes become ill. If you notice that a humming bird is ill, contact your veterinarian immediately. Also, quarantine it from any other humming birds you, to prevent the spread of the disease. If you take proper care of your humming bird, it will be a friend of yours for years to come.

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