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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Look Good Nude: Health And Beauty Tips

By Amy Covington

Oh stop blushing. We're not asking you to run through the streets in your birthday suit or attend a business meeting sans clothes. But we all have times when we want to look our best in the buff. While some of us are blessed with blemish-free, wrinkle-free and jiggle-free skin, the reality is nobody is absolutely perfect. So, we need products. Thankfully there are lots of them out there, although not all are created equally. Here's a roundup of quality cosmetics, lotions and potions to get your skin and body in tip-top shape for when the lights go out-or stay on.

Sex appeal has a lot to do with sense of smell and touch. Start things off right with sexy skin. You'll feel as sweet as sugar (and possible taste as good, too) with the Age Defying Body Buff(\$14.95) from Zia Natural Skincare. Spread the honey and brown sugar scrub over your skin, leaving your body tastily smooth.

Most of us have indulged in too much sun at one point in our lives. While we'd like to consider it a lesson learned, we may have some sun damage on our "decollete" to remind us of our past sun-worshipping sins. The Sea Tonic Bust Gel (\$49.50) by Phytomer soothes and tones the skin of the decollete, instantly firming and contouring the bust. What's more, iridescent bubbles create an enticing shimmer, perfect for candlelight.

Get a flawless complexion without worrying about a meltdown. Amazing Base(\$42), the all-in-one foundation, powder, concealer and sunscreen by Jane Iredale provides unsurpassed coverage and staying power and actually helps improve the skin with titanium dioxide and zinc oxide, which act as anti-inflammatories.

The French have such polite names for body parts. Whip your derriere in shape with Victoria's Secret's Cellulite Rx Lipotherm Contouring Cream (\$96). The powerful agents in this firming cream smooths and actively slims the skin, leaving your delicate derriere smoother and sensually contoured.

Make your skin irresistible to touch with the Hydra System Rich Delicate Body Cream(\$146.50) from Vie. Drape your skin with this silky velvet cream and you'll never spend another night alone. Not to be overlooked, your hair should send the right message. Go for the tousled bedhead with ISO

Nexture(\$20.99). With one treatment you'll have soft, sexy waves that can last up to 20 shampoos.

Amy's passion is writing about the good things in life: food, wine, fashion, and travel. Writings include websites such as

<http://www.justluxe.com>

and

<http://www.livingluxe.com>

A Beauty Salon Will Help You Look Your Best!

By Mike Yeager

A beauty salon will help you look your very best with a price that will fit in almost any budget. A beauty salon will be able to make your hair, skin, toes, and fingernails look marvelous. In addition, most beauty salons offer their services for a fairly reasonable price. However, sometimes it may be difficult to choose what service you want. If that is the case, simply be on the lookout for any fashion style that you like. Look through magazines and cut out photos of styles and colors that you find pleasing. Take notes so that when you do go to a beauty salon, you will know exactly what you want. However, be aware that some beauty salons are better than others. To make sure that you are in high-quality beauty salon, check to see if it has clean beauty salon equipment and a clean work area. Also, be aware that in most states, beauty salons are required to publicly display their establishment license. If the salon or barbershop won't show you an establishment license, you don't know whether the shop's health and safety procedures have been approved by the state.

Time saving Beauty Salon Tips.

A beauty salon visit can be time consuming. To get the most from your visit and still have time left in your day, try these time-trimming tips. Before you leave your beauty salon, schedule your next appointment. Call ahead on your appointment day to see if your stylist is running on time. If not, you won't have to waste time sitting at the beauty salon when you could be home. If you want to be quickly in and out for your beauty salon appointment, try to schedule the first appointment for the day.

Mike Yeager
Publisher

<http://www.a1-beauty-4u.com/>

A Beauty Salon Will Help You Look Your Best!

A thing of beauty is a joy forever! And that can be You!

The right Beauty Supplies Will make you look Great!

A Clothing Optional Vacation – Give A Unique Father's Day Gift

Make time for beauty

101 tips to stay fit and live longer.

The Ultimate Rose Garden– Neighbors envy, owners pride!

Smoothies for Athletes

Profitable Crafts Vol 2

Profitable Crafts Vol 1



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