

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Love At Home

By Rhoberta Shaler, PhD

Love At Home by Rhoberta Shaler, PhD

It's Valentine's Day. This day focused on expressions of love can be wonderful. Unexpected flowers arrive. Gold embossed boxes of delicious chocolates are given. Cute stuffed animals proclaiming love are exchanged. Great start! A good beginning. The important question, though, is: "Do you demonstrate your love every other day?" Unless you do, Valentine's Day is just another 'Hallmark Holiday'.

In the U.S. and Canada, I've noticed an interesting phenomenon. I did not have to look very far or very hard, either. Maybe you've noticed it where you are.

It's simple. Folks seem to treat the people they interact with outside the home a little better than they often treat the folks they say they love the most at home. Isn't this curious?

People will say or do things at home that they would not do in public. They leave their manners outside their doors. They forget that 'please' and 'thank you', used freely, make life much simpler. Recently I was giving a parenting workshop at a college. There were fifteen couples in the room and I asked them what they thought were the greatest lessons they were teaching their children. Many good answers came forth. Then, I told them that with every look, word and action, they were teaching their children how to treat a partner. Oooh! There were some pained expressions in that room.

You know how much simpler it is so say "I love you" than to act "I love you". What could ever be the reason for not using simple

Love At Home

manners with your family? Why would you give up saying, 'Thank you' when the simplest things are done for you? Are you not thankful? Do you simply expect that you should be considered, taken care of, or done for? That's the beginning of the end of love...and, maybe, the relationship as well.

No matter how many times a person says they love you, believe their behaviour. Behaviour over time tells the truth. If someone whispers, 'I love you', it is simply pleasant noise unless their behaviour screams the same message daily!

Make this Valentine's Day the renewal of your love and let it

come with a secret unspoken promise: Every day, my loved ones will feel loved by my words and actions.

Happy Valentine's Day!

Rhoberta Shaler, PhD, Motivational Keynote Speaker, Corporate Team Builder and Executive Coach from San Diego, CA, is the creator of The Consociate Way™: Promoting Performance & Peace in Your Workplace. Call Rhoberta at 1.877.728.6464 or email at RS@SpeakingAboutWork.com. Visit: <http://www.SpeakingAboutWork.com> for further information and free ezines.

Love or Die!

By Hifzur Rehman

If you cannot love, you can't live because love is the soul of life. Can you imagine of living without soul? Of course not!

What love really is?

Love is much more than the romantic feelings, physical attraction, or sexual desires between a man and woman. Love is the divine force within you which keeps you motivated to do the things you love to do. When you are in love your excitement level crosses all boundaries thus giving you the most powerful inner strength you need to excel in any field of life.

Are you in love?

I don't know about you but as far as I am concerned, I am deeply in love. My day starts with love. I love to get up early in the morning and love to take a brisk morning walk in the nearby park. I love my work so I reach office in time. My office work gives me the enjoyment which I badly need during the day. I love to meet new people. I love to exchange ideas with them. After finishing my office work, I love to drive back home in my favorite car. My home is the best place for me to love and relax because I love

Love At Home

my wife and children. I am rich in love and enjoy living in a loving atmosphere.

Are you rich in love?

There is a remarkable difference between the persons who love and who don't. Those who do not know the true meaning of love are very unfortunate people. They are usually unkind, unhelpful, unlucky, unsuccessful, selfish, jealous and even cruel. Nobody likes them. On the other hand, those who love are very gentle, kind, helpful, successful, faithful and friendly with whom everyone wants to associate.

Let the love work for you!

Why not let the power of love work for you to bring happiness in your life. Whatever you do, do it with love. Love your work and be rewarded with success. Love your spouse and live a happy family life. Love your parents and get their blessings. Love all human beings and expand your circle of friendship world-wide.

Attract more and more love!

If you give love, you will get back more and more love. Be a great lover and keep enriching your life and the lives of other human beings with the divine power of love. Only lovers live a fuller, prosperous and a meaningful life.

Hifzur Rehman, the editor of

, has dedicated his popular

"self-improvement" website to the success and happiness of all mankind.

Hifzur Rehman (C) 2006. All Rights Reserved.



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!