

Love is in the air—Science too!

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**Love is in the air—Science too!**

**By K.A.Cassimally**

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Ah... love! What a wonderful thing. The meaning of life itself, isn't it? Artists, poets and play writers have made the greatest progress in humanity's understanding of love. So what's love doing in a science column? Well lately scientists have managed to get themselves included in the restricted group of love—explainers.

Scientists now think that love is nothing else but a series of chemical reactions in people.

If you are in love with someone then you are also in love with that person's genes subconsciously. More surprising still—if there is anything more astonishing that this last `fact'—is that not only do your eyes work when you see a perfect partner but so does your nose—and of course heart. Smell apparently plays an important role in the attraction between two persons. You are in fact attracted to a person who is more like your own parents not only physically speaking but also olfactory speaking. This chosen person of your heart is also the chosen person of your nose!

Many external appearances will prove that you are well and truly in love. Flushed cheeks, racing heart beat and clammy hands are only a few examples. `Inside' the body though, there are other definite signs that Cupid has passed by.

Helen Fisher of Rutgers University is one of the most respected researchers in the field. She proposed that people fall in love in 3 different stages.

**Stage 1: Lust**

Lust is driven by the sex hormones testosterone and oestrogen. Testosterone, as many readers might have thought, is not only found in men. In fact it plays a major role in women's sex drive.

**Stage 2: Attraction**

This second stage is the classic love part often featured in romantic comedies. When people are in stage 2, they lose their appetite and often need less sleep. They instead find it more interesting to daydream about you—know—who.

During this stage, the body secretes a number of hormones. One of these hormones is serotonin. It is one of love's most important chemicals and it may actually make people temporarily insane.

### Stage 3: Attachment

If you have the guts to talk to that person, then you may well have entered this stage. If a relationship is going to last, this attachment process is the last stage.

Attachment is a longer lasting commitment and is the bond that keeps couples together when they start having children.

But are all these stuff really important at all? Scientists think so. By understanding the paths that

regulate social attachments, scientists might be able to deal with some people's inability to form relationships. Some people even see love being guaranteed in the future generation because love will be chemically provided: in pills.

Well when we say that love is madness, it's sort of true literally speaking. And if you still doubt this, that hormone serotonin is there, somewhere in your body, to prove it.

K.A.Cassimally is the editor in chief of Astronomy Journal and Astronomy Journal Ezine. He is also the co-founder of the RCPL Astronomy Club. He is also Senior Columnist at BackWash.com and Columnist for [bbc.co.uk](http://bbc.co.uk) h2g2 The Post where he writes 'Not Scientific Science'.

## **Science Fiction DVD**

### **By David Evermon**

The world of Science fiction is a vast one. Millions of fans enjoy their science fiction collection for many different reasons. For example, a science fiction DVD may have tremendous monetary value, sentimental value, or just the value of enjoyment. Whatever the reasons science fiction fans have raised the popularity of owning their own science fiction DVD.

One extremely popular reason of watching science fiction DVD's is that they can be watched over and over again. Some of your favorite television show episodes have now arrived on DVD, which means you can watch your favorite show as many times as you want to, commercial free. Furthermore, fans of science fiction take great pride in owning every science fiction DVD available in a certain category, movie, of a specific actor, or of a television series. They make for great bragging rights when you attend your next sci-fi convention.

What is great about a science fiction collection is that it can be steadily built, with very little monetary investment for the most part. Now do not get me wrong, some specific science fiction DVD may cost you quite a bit of cash. However, for the most part, you can build an extremely vast collection without much of a dent in your wallet. For example, if you are looking to build your science fiction collection or start one for the first time, you could consider looking online to find a cheap science fiction DVD.

## Love is in the air–Science too!

There are many places you can look, for example, there are complete websites available to you on the internet that caters only to science fiction fans and movies. Furthermore, you can save even more money by visiting auction sites such as eBay or find a wholesale distributor to save money on a science fiction DVD. Some other places you may be able to save big money on your science fiction collection is in general merchandise stores such as Wal–Mart or K–Mart.

You do have the option of shopping at specialize movie stores; however, you should expect to pay a little more money at these places. You could also find a cheap science fiction DVD in a video rental store. It may be a previously viewed movie, but it will still be cheaper than buying elsewhere.

Many fans looking to buy a science fiction DVD, may not even watch the DVD at all. It may be a special part of their collection. After all, many things are worth more when still in the original packaging, in mint condition, and has never been opened or used. This gives the science fiction more trading and selling power. Trading a science fiction DVD is a popular activity in the collecting world. Perhaps one person has a real desire to have a DVD that is in your science fiction collection, while they may have something of equal value that you have been looking so hard for. This again, gives you trading power, especially if the science fiction DVD is in good to mint condition.

David Evermon has been involved in many environment related projects, writing on many subjects including his science fiction hobby, David writes articles at



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