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M.B.A. – The Three Factors of Success

By Anita Foley

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You will often hear it said that things come in 3's. My Grandma used to say, "Good news, bad news, and blind mice all come in 3's." Well, she was right, and, over the years, I have discovered the 3 most important things needed to be successful.

I've found that Motivation, Belief, and Action (M.B.A.) are three factors that go hand-in-hand and are all needed to succeed with anything you do in life, including doing business online. To accomplish anything, you must not only be Motivated by your dream, but you must Believe you can accomplish it, and then you must Act.

Motivation begins with a dream or a desire. It may be for better working conditions, more money, a better house in a better neighborhood, a desire to travel and see the world, play a musical instrument, learn a foreign language, prepare a fabulous feast, or whatever else your imagination can conjure up. Motivation is usually accompanied by enthusiasm. It sets your blood tingling, puts that fervent look in your eye and a smile on your face.

The old saying, "when the student is ready, the teacher appears" is often true when keen motivation is present. You suddenly become aware of things you were not aware of before. It seems everything you need is made available to you. Opportunity knocks, so to speak. When you are motivated, your enthusiasm leads to passion. You become passionate about your dream, and you can think of nothing else. That is what leads to the second factor – Belief.

When you are passionate about your dream, you feel a strong belief in your heart that you will accomplish it. There exists a "knowing" that cannot be explained - you just know you will succeed. No one will be able to tell you otherwise. They may even think you're a little looney. This is a good indication that you're on the right track.

When I think about this level of belief, I am reminded of the time I interviewed for a job for which I had no background or experience. I was motivated by the fact that I needed to make more money and I hated the job I was doing at the time. I really wanted the job and believed that I could do it and that I'd

be good at it. On the interview, I portrayed such passion about the position and my deep desire to do the work that I was hired on the spot. I "believed" my way into it.

Without Belief, you may as well forget about doing whatever you've set out to do. As soon as you DON'T think you can achieve something, you will not achieve it. Remember another old saying, "you experience what you believe, unless you believe you won't, in which case you don't, which means you did!" We've all been told the mind is a powerful thing. Do not doubt the validity of that statement. If you focus your mind on believing you can accomplish something, your mind will believe you!

With the strong adherents of Motivation and Belief as partners, Action, the remainder of the trio, falls into place. Naturally, if you are motivated about your dream and believe you can accomplish it, you will be anxious to take action. Would there be a more logical next step than to answer the door when

opportunity knocks? You will be ready to take action, even if it means taking risks. The benefits of taking action far outweigh the risks when you are motivated and you believe. I am, once again, reminded of an old saying, "In life, as in basketball, you miss 100% of the shots you don't take."

So, dream big, my friend. Open your spirit to a new abundance and you will be motivated to pursue that dream. Then, believe that you can achieve your goal, and take action! And remember what my Granny said about good things coming in 3's!

Anita Foley of <http://Wealth-Happens.Tripod.com> publishes a motivational ezine providing information & inspiration, articles & resources, opportunities & action plans for netpreneurs. Get Your M.B.A. (Motivation, Belief, Action) plan in every issue! Subscribe by email to: <mailto:Wealth-Happens@GO-Subscribe.com>

Defining Success: What Does it Mean to You

By Tyler McKinna

We have all heard success stories, success quotes, and seemingly endless gurus touting how they have achieved success in life.

What is interesting about all of these success stories is that very few of them are ever the same. There are various traits, success factors and keys to success that are shared by those individuals. However, each individual has achieved success in life through a success pattern unique to them.

This is why we must spend time with ourselves defining success and developing our own personal meaning of success. We must each develop our own recipe for success, steps to success, and understanding of how to measure success.

It is only when we develop our own meaning of success that we can start to develop success strategies that will lead us to our ultimate goals.

The following are a few questions that can help determine your personal definition of success:

1. What risks would I take if I knew there was no chance for failure?
2. What do I want out of life?
3. What is my ultimate career goal?
4. What would I most like to do, but can not?
5. What does a perfect relationship feel like?
6. On a perfect day, what would I do?

What we doing in this exercise is customizing our own strategy for success. This is by no means a comprehensive list of questions to ask yourself. This is a sample of questions in order to ignite the thought of personal success within you. Just like all other successful individuals, you have the ability to achieve success. However, you must carve your own path and seek your desires. Your personal desires will inspire you and lead you to develop your own strategies for success.

In the next post we will explore answers to these questions and begin to shape our definition of success. We will also begin a base of how effective communication with others can be a catalyst in your rise to success.

Tyler McKinna is a Marketing and Communications Consultant. More great articles from Tyler McKinna can be found at talksuccess.blogspot.com



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