

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

MRSA: the Silent Killer – Are You at Risk?

By C. Bailey-Lloyd/Lady Camelot

MRSA: the Silent Killer – Are You at Risk? by C. Bailey-Lloyd/Lady Camelot

* MRSA represents Methicillin Resistant Staphylococcus Aureus.

Most people have never heard of MRSA, but it is a very common germ, which belongs to the Staphylococcus aureus family. Totally harmless, this germ exists on the skin and in the nasal passages of about one-third of all people. Found mainly on broken skin, MRSA has the potential of becoming a life-threatening infection.

MRSA occurs most frequently among persons in healthcare facilities and hospitals. Furthermore, some patients are at higher risks for MRSA, such as: patients having prolonged hospital stays, patients enclosed in an ICU (intensive care unit) or burn unit, patients who've had recent surgery; and even those who've had minor hospital procedures such as urinary or intravenous catheterization.

Purportedly, rough estimates of persons hospitalized each year for MRSA infections number as much as 100,000.

* Are you at risk for MRSA?

MRSA can be the key invader that causes abscesses; boils, pneumonia, bone infections, and can even contaminate cuts such as accidental wounds or surgical incisions made by catheters or other surgical procedures. Initially, MRSA is a local infection, but can rapidly introduce dangerous toxins into the body's blood causing blood poisoning.

* How is MRSA Prevented?

Because MRSA is most commonly spread through skin contact, it can be widely contained by adhering to simple hygienic practices. Using proper hand washing and sufficient staff training can almost nearly eliminate the possibility of patients contracting MRSA. In addition, avoiding physical contact with other people's wounds or contaminated wound material is helpful in preventing MRSA infection.

If you think you have a staph or MRSA infection, you should see your healthcare provider immediately. Delaying medical care can result in death.

MRSA: the Silent Killer – Are You at Risk?

As cited by the CDC, "MRSA is almost always spread by direct physical contact, and not through the air. Spread may also occur through indirect contact by touching objects (i.e., towels, sheets, wound dressings, clothes, workout areas, sports equipment) contaminated by the infected skin of a person with MRSA or staph bacteria."

According to a report by the NewScientist.com news service, "...In the Netherlands, where meticulous hygiene and isolation procedures were consciously adopted, the MRSA rates have fallen drastically and the Dutch now rate among the best in Europe."

* How is MRSA treated?

According to the CDC (Center for Disease Control), "...MRSA are susceptible to several antibiotics." However, in recent times, certain strains of MRSA are resistant to often-used Vancomycin antibiotic.

In closing, MRSA is a preventable infection if good hygiene and isolation procedures are strictly observed. Having experienced MRSA first-hand with a close, family member, I have physically seen the life-threatening effects of this super-bug. On one hand, MRSA is a harmless germ, but on the other, it can render severe illness and even death. Speak to your healthcare providers about MRSA and ask what preventive measures are being taken to keep MRSA contained. The best way to prevent MRSA, is to be properly informed. Knowledge is key.

MRSA: the Silent Killer – Are You at Risk? © 2004 – All Rights Reserved

C. Bailey-Lloyd/Lady Camelot

Staff Writer and Public Relations' Director for

www.holisticjunction.com

www.mediapositiveradio.com

References:

* CDC: [The Centers for Disease Control, Atlanta, GA – www.cdc.gov/ncidod/hip/aresist/mrsafq.htm]
MRSA – Methicillin Resistant Staphylococcus aureus Fact Sheet

* Health Protection Agency [London – www.hpa.org.uk] : Pamphlet – MRSA: Information for Patients (referred by Dr. Mark C. Enright, Senior Research Fellow, Royal Society University Research Fellow, (Univ. Biological Safety Officer), Dept. of Biology and Biochemistry, University of Bath, United Kingdom]

* New Scientist.com – Report: MRSA deaths up 15-fold in a decade,
[www.newscientist.com/news/news.jsp?id=ns99994723]

MRSA: the Silent Killer – Are You at Risk? © 2004 – All Rights Reserved C. Bailey-Lloyd/Lady Camelot

Staff Writer and Public Relations' Director for www.holisticjunction.com www.mediapositiveradio.com

All work by author is copyright protected. If you would like to use this article, please contact the author for permission.

GARLIC CAN KILL SUPERBUG

By Alfred Jones

GARLIC CAN KILL SUPERBUG by Alfred Jones

The Superbug MRSA which is becoming more common in Hospitals, has developed a lethal strain, that has already killed patients.

Doctor Ron Cutler, a microbiologist at the University of East London, in the United Kingdom, says that Allicin, which is a completely natural extract from Garlic, has shown remarkable success on patients with MRSA.

He has worked on this project for six years and he says that Allicin, not only kills MRSA, but also the increasing number of New Generation Superbugs, that are immune to the normal Antibiotics. We should always remember that all Antibiotics are natural, or derivatives from Natural Products.

Allicin is the part of the Garlic that causes the pungent odour, but Doctor Cutler has developed a odourless version.

At this stage the research success rate, is very promising.

Need Content?

You may use this article at your Web Site, or Newsletter, The only requirement is inclusion of the following sentence,

"Article by Alfred Jones of

<http://www.sugarsr4u.com> and <http://www.rusweetenuf.com>

Web Log <http://essentialsugars.blogspot.com>

Learn about Glyconutrients with the most powerful Antioxidants, or, Himalayan Goji Juice.

The Essential Sugars for Life".

Public Relations and Information Officer

for <http://www.sugarsr4u.com> <http://www.rusweetenuf.com> <http://essentialsugars.blogspot.com>



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!