

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Make a Living or Design a Life:13 Tools for Successful Living in 2005

By Sheraun Britton-Parris

Make a Living or Design a Life:13 Tools for Successful Living in 2005 by Sheraun

Britton-Parris

On the journey through this thing called life, we all endure the challenges of mass confusion, unanswered questions and feelings trepidation as we navigate our way to "SUCCESS". As elusive as the achievement of Success may seem, it is indeed a process with universal laws, principles and tools that nature uses to create everything we see in material existence.

So as you reflect on 2004 and prepare for 2005 I offer you 13 tools for achieving success and inner peace. If practiced daily and incorporated into your consciousness, these tools will help you create the future you desire instead of the one life serves you. God Bless!

- 1.Program your mind for SUCCESS, deleting any thought, word, idea or person that disempowers you from pursuing your purpose
- 2.Own your own decisions, not letting the opinions of others distract you from following your heart's desire
- 3.Sit still in silence connecting with the Divine source by which the unmanifest becomes the manifest
- 4.Speak ONLY edifying words to yourself and others
- 5.Inherent in every intention is the mechanics for its accomplishment. Make sure you maintain "Definiteness of Purpose"
- 6.Believe SUCCESS is your birthright. What YOU become comes from what YOU believe about yourself
- 7.Invest in your personal development ALWAYS seeking wisdom and growth

- 8.Love your self and others because faith works by love
- 9.Infinite patience produces immediate results. Patience is how you act while you are waiting for your dreams to materialize
- 10.To have, GIVE all to all, because into the hands that give, the gift is given
- 11.Express what you want to impress, focusing on what you want to manifest in your life
- 12.Eliminate your pre-disposition to be critical and judgmental of others
- 13.Show gratitude. Gratitude keeps you connected to the divine source that brings things into your life

Have a Happy New Year and a Prosperous 2005!

Sheraun Britton-Parris, is Founder & CEO of The Possibili-Tees Inc. The Possibili-Tees are women's tee shirts with motivational affirmations that awaken your personal power, provoke your self-confidence and stimulates your human potential. ThePossibiliTees.com is your source for quality novelty tee shirts that promote Success, Empowerment and Positive Self-Esteem.

The Art Of Happy Living

By Hifzur Rehman

What do you think about happiness? A philosophical approach to life; an intellectual activity or an academical pursuit. No, not at all, nothing of the sort.

Happy living is nothing more than living a normal life free from undue pressures, problems and tensions. The Art of Happy Living is not a complicated kind of art difficult to learn rather a simple art of living well, eating well, thinking well and feeling well. Just tune up your mind to enjoy every moment of life and let the happiness follow you.

Happiness is purely an internal matter. It has nothing to do with your external circumstances. Most people do the fatal mistake of looking outwards for happiness rather than looking inwards. Only fools worry about the circumstances on which they have no control. Why worry if you cannot change the weather, rather enjoy it whether its hot, humid, cold, cloudy, foggy or snowy. Keep your internal weather pleasant all the time. Don't allow external matters to take your smiles away.

The feeling of happiness is within you. There is something positive within you which keeps you happy and there is something negative within you which keeps you unhappy. That "something" needs to be looked into thoroughly. If you want to live a happy life then get rid of the negative "something" which makes you unhappy. Negative approach always complicates the problems and increases unhappiness.

Happy living is the reward of positive thinking. Remember, only the positive thinking can bring happiness in your life. If you cannot think positively, you cannot live happily. Be your own coach and adviser. Look everything with a positive angle. Find something good even in most critical moments of your life. Make positive thinking the basis of your happy living.

Happiness is all around. Its not far away from you. If you do not want to live happy, its upto you. Its your own choice. Don't blame others. Don't blame your fate or external circumstances.

Hifzur Rehman is the author of popular articles on Self Improvement. His website

provides free inspirational articles, tools, tutorials, institution search,

travel assistance, and other material for a successful and happy living.

Copyright: © 2003 Hifzur Rehman. All rights reserved.

The Art Of Happy Living

Is It Possible To Make A Living From HYIPs?

Live Your Own Life

How To Succeed As An Interior Designer

Interior Design, Getting It Done, Right

The First and Second Adam

Gate Crash into the Interior Design Industry.

Your Own Bible Research Library

One Million a Year

How to Buy a Car Without Getting Ripped Off!



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!