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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Making Your Home The Center Of Activity

By Dionna Sanchez

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As our children grow up, there are certain boundaries that naturally loosen as they become more mature and independent. When – and – if these boundaries ease up, all depends on how responsible each individual child is. When that point comes, your child's peers will seem to dominate their world more than you. There is a way for you to still guide your child without domineering them.

That way is to make your home the center of their activities.

By doing this you will learn who your child's friends are, how they act around one another and most importantly; what they are doing.

Make your home inviting to your children's friends. Encourage your child to invite them to activities. Some ideas of things they could do in your home are:

- *watch movies (enabling you to oversee content)
- *have BBQ's (kids can bring their own meat to lesson costs)
- *swimming parties (if you own a pool or are in a community with access to one)
- *watch sports – basketball, Olympics, Super-Bowl, World Series, etc.
- *have dances (furniture can be pushed aside for a few hours)
- *study groups (it can make homework more fun as long as it IS being done!)
- *holidays – N. Year's Eve, Memorial Day, 4th of July, etc.
- *dinners – (how about sharing your family dinner with a friend once in awhile?)

Be available not only to welcome your child's peers in your home, but to get to know their parents as well.

The price to pay for a fuller and noiser house, sometimes, is well worth the knowledge and tools it will equip you with in guiding your growing child into a safe and trustworthy adult.

~Dionna Sanchez works on creating an activity-centered home for her 3 children in Boise, ID. She is Editor of Emphasis On Moms at <http://www.EmphasisOnMoms.com/>

Problems at day care

By Ted Belfour

Many parents complain about the problems faced by their children at the day care centers. Parents complain that their child is not ready to go to day care center. To top it, the child misbehaves at the center and possesses erratic behavior when brought home. These are normal problems associated with children going to day care centers.

Always remember one thing – your child is actually crying for you. She has that terrifying thought of missing her parent for the whole day. Her child brain doesn't allow her to think of being away from her parents for such a long time. This psychological problem should be handled with care. Save yourself with some time in the morning with your child before starting for work. These few minutes will be great for the child. Talk about the great things that will happen to the child in the day care center. Discourage your child from thinking of negative things about the day care center.

Reach the center earlier than the stipulated time and spend few minutes with the child at the center. Try to get involved your child in some creative activity of her choice. Always sport a smile on your face – this will give the impression to the child that the center is a nice place full of fun. Try to meet persons out there with warmness. Spend few extra minutes with the person loved most by your child at the center. Child will be normal within few minutes of your departure from the scene.

Picking up child in the evening time is a mix of challenging situations – child is happy that the day has ended and that tomorrow is not far away. Child may start building the background for missing the tomorrow to day care center. This requires the maximum management skills on your part. Talk to the child about good things happened in the day at the center. Spend some quality time with the child in the evening.

If your child doesn't adjust herself even after few months, its time to take a call on the situation. You may have to opt for special day care for your child. This may come in the form of home care, nanny or a college student. Let the child get adjusted in the homely setting, and then switch to a day care center after some time. It is worth remembering that you may have to work on child separation some time before these facilities are actually used.

Ted Belfour is the founder of

and

websites providing information on daycares.



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