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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## Making Your Own Flower Arrangements

By Sintilia Miecevole

Flowers have long been used to symbolize life's important events and emotions. Roses are

symbols of love, lilies, the flowers of death and renewal, and carnations a sign of appreciation. We use flowers as wedding decorations, Valentine's Day presents and Christmas ornaments. No matter what the occasion is, a beautiful flower arrangement is a wonderful way to celebrate life through vibrant colors and rich floral scents.

Florists provide customers with a variety of arrangements made specifically for certain occasions and events. However, if you are on a budget, flower arrangements can be fairly pricey. Professional florists charge exorbitant amounts for their expertise, and the flowers themselves can be extremely expensive. Making your own arrangements can be a fun and creative alternative to ordering pieces from a florist. By purchasing flowers individually, you can choose the exact colors and scents you need to say exactly what you want to communicate.

When making your own flower arrangement, you should first consider its purpose. If you are making arrangements for a wedding, white is typically the presiding color. You should start with basic white flowers and add a few accents that match the bridesmaids' dresses. Large leafy green pieces add a nice contrast to delicate buds for table centerpieces, and sometimes simplicity is the best aesthetic tactic. If you are making centerpieces for several tables, you can purchase your flowers in bulk and use one design over and over again, or you can make each piece an individual work of art.

For vase arrangements, choose your container first, and pick flowers that are the correct height for the vase. When you cut your flowers, be sure to cut the stems at an angle so they can absorb water correctly and stay fresh for a long time. Vase arrangements require a focal point, and this can be one large flower or a grouping of several. It is important to choose a color scheme and to stick with it. For instance, you would not want to mix red and pink roses, or to combine yellow daisies with died green carnations. Make sure you choose flowers that look and smell good in combination with each other, and fill in the gaps with baby's breath and leafy greenery.

When you are making larger potted flower arrangements, an aesthetically pleasing plant is a great base for your design. However, you might not want to combine a spiky cactus with soft blooming roses.

## Making Your Own Flower Arrangements

If you are using only flowers, you will need a piece of arranging foam to provide a structure for the piece. Green foam can be purchased at most craft stores, and it can be cut to fit any shape you need. Before you start sticking in your stems, you might sketch out an idea of the final product. If the arrangement is to be large, pick a few large flowers to act as focal points rather than picking a multitude of tiny blooms. Too many small flowers distract the eye and make the arrangement seem busy rather than soothing.

Once you have chosen all of your flowers and greenery, begin arranging them in the container. It will take several tries and lot of adjusting before your create a finished product, but be confident and do what looks best. Arranging flowers is an intuitive art, and if you have chosen a good color scheme and a variety of shapes and sizes, the correct eye-pleasing concoction will often fall into place with little effort. When you are finished, you will have a beautiful, natural decoration to perk up even the gloomiest of environments, and you will have the satisfaction of having created a wonderful work of art.

Flowers lift our spirits and give delight to our souls. Sintilia Miecevole, host of

<http://www.yaflower.com>

has a ton of flower information from florists and special occasions to gardens and more. Be sure to visit

<http://www.yaflower.com>

and enjoy!

### **Flowers And Weddings**

**By George Meszaros**

It is an unwritten law that you cannot get married without flowers. Flowers are the essence of a beautiful wedding day celebration. Flowers are a three dimensional element of your decorating strategy. Because they are beautiful, elegant, and provide a wonderful scent, flowers satisfy all senses. The flowers you select should compliment everything else in your wedding. Its colors should complement not just your dress. The colors of your flowers work with the colors of the décor of your reception site and the ceremony location.

Unless you are lucky enough to be a florist, you'll need to hire one. The florist should be experienced with wedding arrangements, and you'll be hard pressed to find one that isn't. Make sure your florist is able to deliver, install, and remove the arrangements at the end of your event. Even though many reception halls can recommend a florist to you, you should do your homework. Ask for references, and be sure to follow up. It may be tempting to hire a florist without check references, but it could also be irresponsible.

Your wedding flowers should complement the season, your wedding dress, and your color scheme. Your wedding flowers should also complement your attendants' attire, and the style of your wedding.

## Making Your Own Flower Arrangements

Before you talk to your florist, prepare a list of wedding flowers you'll need. It will help focus your discussions, and help you stay within your wedding budget.

When you plan the flower arrangements with your florist, she should be able to recommend arrangements based on the size and location of your wedding. Ask to see photos of previous wedding arrangements – Don't accept generic photos of flower arrangements, insist on seeing the work of the florist.–, which will give you a feel for their creative qualities and what you can expect to see on your wedding day. It is even better if you arrive prepared with some pictures and magazine cut outs with your ideas. You don't have to take the florist's advice on everything, be part of the decision making process. If you feel strongly about a certain flower or color, it should worth fighting for it. It is your wedding, and you are the customer. You have to feel good about your flower arrangements. Your day is about you.

George Meszaros with

<http://www.partyandweddingfavors.com>



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