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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Making the Connection**

**By Rosalyn Bronstein**

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Making the Connection

Have you ever had the experience of meeting someone, and after a few minutes of conversation, settled into the feeling of having known that person all your life? This sort of incident – an immediately strong emotional connection – is quite rare. It's happened to me on two occasions, and in both cases, resulted in long-term friendships.

Why is there an instant connection with some people and not others? It seems that it is easier to relate to people who are open to wanting to get to know another. There is a certain chemistry that simply happens when individuals are tuned into each other. Both experience it simultaneously.

There is also a school of thought that says we are destined to have certain people in our lives. Perhaps that's why some interactions don't seem to make a lot of sense. When we try to force relationships that shouldn't happen, the end result is usually trouble.

No where has this been more obvious than on the new "reality television" shows. It is not realistic to place people in an artificial environment and expect them to instantly bond on an intimate level. These programs may have found such a large audience because the premise of what they are doing is so peculiar.

People learn to relate on different levels. There are times when relationships are formed without even seeing the other person. Pen pals and telephone conversations, while not usually an instant connection, can quickly develop into so much more. Physical components don't get in the way, and true personalities can emerge.

On the other hand, many attractions start out as purely physical. In order to endure, they must transcend beyond this level, because images change as we age. Special friendships go beyond the superficial to the essence of the people we are.

## Making the Connection

Rosalyn Bronstein, for more than 20 years an author and consultant, has been an advisor to numerous multinational corporations and international organizations. Understanding the value of maintaining relationships, [www.ntouchnrat.com](http://www.ntouchnrat.com) was created. It's a unique and secure way to never lose touch again with the people who have brought meaning to your life without having to use e-mail.

### **How To Use a Custom Ring Tone On Your Phone**

**By Dalvin Rumsey**

Having a custom ring tone on the phone you own has moved from something special to a fashion kind of development. Everybody has his phone singing the song that he heard this morning or an 80s hit or just some song that is special to the mobile phone owner.

How can I change my ring tone?

Every company has a system of it's own so it depends a lot on what phone you have. With Ericsson, for example, you can use a web based ring tone composer and design the ring tones that you can then manually input in your phone. You can also find already designed ring tones on the web that you can download or input into the phone.

Only a few Nokia phones have a ring tone composer, if your phone doesn't have a ring tone composer but supports customizable ring tones then the only way to use them on your phone is to connect the phone to your computer through a data cable or a "Smart Message" can be sent, containing the ring tone.

With new phones, ring tones can also be sent from phone to phone or from computer to phone through other data connections such as bluetooth or infrared, making the ring tone transfer and other transfers a lot easier.

How can ring tones be uploaded directly to the phone?

Most phones will not allow a direct input of the ring tone on the phone so if you don't want to use one of the services that are available online, sending the ring tones through Smart Messages, you can transfer them from the computer.

The first step is the connection environment that you'll use to connect the phone and the computer. One possibility is the infrared connection, or Irda, if your computer has an Irda device and your phone has it too. If no such connection is available then a connection through a data cable is your other option, a data cable can be purchased at specialized stores.

Once the connection between the devices is established you will need a specialized software. Such software can be bought but you can also find shareware software that you can download.

Now you know how you can change the ring tone your phone uses. Remember that if your phone has bluetooth or Irda you can just connect to friends that have phones with the same connection

possibilities for an easier transfer.

Get the latest real tone

, true tone

, polyphonic ringtones and sound effect ringtones

from your Australian mobile phone.



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