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Manifesting Effectively

By Roy E. Klienwachter

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After years of studying the process of manifesting and writing about it, I have come to this conclusion. The process of creating, itself is very simple. Letting go of our need to control it, is mankind's greatest challenge.

The awareness of need for manifestation comes up in our wakened consciousness, when there is a desire or need brought to the surface. We are made aware of our hunger when we feel the pain, or the clock nears a meal time. We are reminded that we need money, when we receive the bill in the mail. We become aware of need to increase our productivity, when we are presented with a low pay cheque that doesn't meet our expenditures.

But how do we manifest the things that we need or desire? In the spiritual sense, all our needs are provided for.

Our health and bodily functions are on auto pilot and are taken care of internally by a build-in consciousness. Our basic human needs are regulated from a lower level of consciousness.

Our desires and wants come from the ego at a higher state of awareness. However the fulfillment of both needs and desires come from the same place. Individually and together, we have created a system in the physical world that supplies our needs. We are left to our own resources to create or manifest fulfillment of our desires or wants.

The process of manifesting is a three step process...thought, word, and deed. First we are made aware of a desire (thought), I want more money! Then we declare (word) that we are going to do something that will bring us more money. And lastly we do it (deed).

So, what is the difference between having our needs met and fulfilling our desires? The big stumbling block to having our desires met, is our thought process. The very thing (thought) that causes us to be made aware of a desire, is the thing that gets in our way of having it. It's our own individuality or thought process about a thing that limits us in the acquisition of that thing. Because the choices are endless, and the ways are many, often we sabotage the process and the result is "trying." We spend more time trying to get what we want and less time actually getting it.

So how do we spend less time getting what we want? Why do we try, try, and try again only to end up trying? Within the last sentence, the answer is obvious. Stop trying! The fastest and most effective way to get what you want is to stop trying to get it. The quickest way to having what you desire or want, is to already know that you have it.

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Let go of control. Stop trying. Let the system work! Give in to the system. I'm not saying to quit, but just get the hell out of the way and let it happen. It is your thought process that is confusing everything. It is the changing of your mind about how you are going to get what you want, that confuses the process. The process may start off in one direction, your thought changes and then so does the process.

Think clearly about what you want or desire. Be specific, have a clear picture in your mind and be purposeful in your desire to get it. Then forget about it. Don't try to make it happen. Simply start noticing the changes around you, without making any judgements. Notice new choices that are coming your way. Choose wisely.

You will always get what you desire. If you do not, or not in the way that you would expect, it's because you were unsure of your thoughts and the inner interpretation was different than your conscious one.

Thought is always made manifest at some level. Thoughts always become physical, although for most of your thoughts, you would not be aware of it. Thoughts that are purposeful, focused and well thought out will come into your awareness. It's the law of the universe, it's how it works.

My point is to let go, let it happen, give up control and watch your magic happen.

Roy E. Klienwachter is an ordained minister, light worker, writer and author of New Age books. Visit him at <http://www.klienwachter.com> for 100's of articles on New Age Wisdom. Written in simple language with the eloquence of Zen wisdom. Free gift!

Roy E. Klienwachter is a resident of British Columbia, Canada. An ordained minister and New Age Light Worker. Roy has written three books on New Age wisdom. "Simple Manifesting," "First Steps To Spiritual Enlightenment," "The New Age of Healing." Roy's books are thought provoking and designed to empower you to take responsibility for your life and what you create. His books and articles are written in the simplicity and eloquence of Zen wisdom.

Short vs Long Term Manifesting: Home or Business

By Susan James

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You have a "bill" to pay, maybe your rent is due on your office building, or you need to pay your graphics designer, or your mortgage is due. You don't know how it will get paid. You've been around this "creating on purpose" stuff awhile, so you go into bringing that bill to a successful conclusion. Your desire level is high. It first showed up as a fear. You recognized it as a fear, and went about moving it "on purpose", your attention was on the matter at hand. You had emotion attached to it. This simply had to be done. You were giving full focus to your "attention to intention".

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Something happens.....the situation is remedied. You wipe your brow. Good made it through that one !

What happens however, if you stay on the right track, this short term stuff becomes so easy that you don't have to think about the bill part anymore, you just know, that at the proper time all that is needed to appear , simply will. You did not have that monster fear driving the experience, therefore it comes to you with ease. It has become a knowing. All of your focus and attention has taken root, and now it is a knowing.

Ok, now....what about what we may put under the term of long term manifesting. Maybe it's a career change or a lifestyle change or you want to be president of your company and presently you are in the mail room.

How do you do "that"?

You do it the same way. You use focus and intend. You focus with attention on the intention, (goal). This is where you may have to address your belief systems. If you are in the mail room, you have to believe that you are the president of the company. If you don't believe that yet, then you have some "work" to do. You work on your belief systems by changing your mind. There are many ways, to change your own mind.

The quickest way, if you are willing to do it, is to write about what you want, and write every day. If you want to add some momentum, ask the part of you that put that carrot there in the first place to help you. So who put that idea in your mind

of wanting to be the president? Well you did, in the form of your higher self.

Just ask. State your intention. Focus on it, and follow the inspiration, (which means you must PAY ATTENTION, to your inner voice) that comes. When you are willing to do that from the get go, then what you may have thought was "long term manifesting" all of a sudden fits under the "short term manifesting" column.

Ask, Ask, Ask , and Pay Attention !

Maverick Momentum Consultant, Susan James, Writes & Teaches the Application of ©User Friendly Physicsto Human Potential. Dreams Come True To Weight Loss.Author of 6 books incl: *Manifesting

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