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Medicines In Mental Health

By Steven Hall

You walk into a moderately business office sit down a chair in a well-dressed lobby and wait for your name to be announced. Finally, it comes and you are assessed by an intake worker, finally sent to a therapist a week later, and then recommended to the staff psychiatrist. In this short time, you were diagnosed with Bipolar, Depression, which is an element of bipolar, and posttraumatic stress disorder.

You also have a history of Diabetes, High-Blood Pressure, and Allergies. Now the doctor is not aware of the inflammatory fiber nerve disease underlying the symptoms. You continue to visit the mental health experts complaining constantly of your symptoms, and they begin treating you like a Hypochondriasis. (Someone occupied with health issues and most times are exaggerated)...you begin feeling confused, disappointed with the therapist, and decide to go to see a physician that finds a fiber nerve disease, which proves that you complaints are valid.

However, you were already given prescriptions for psychotic and depressive symptoms. You begin taking the medications and suddenly your insurance policy stops payment on the drug Effexor XR. Suddenly, you explode feeling aggressive, wanting to kill, wanting to die, wanting to harm and there is no explanation since these feelings has never occurred to this magnitude before you took the antidepressants prescribed. Now the problem has increased and you are searching desperately for an answer, yet you find nothing. What went wrong you might ask?

Well, Effexor XR is given to patients with depression and bipolar symptoms. Since Effexor is said to target the brain chemicals increasing the Norepinephrine and Serotonin in the brain, it is claimed to eliminate symptoms of depression and bipolar. Now Effexor XR is notorious (once the medication is stopped abruptly) for increasing behaviors including, suicidal thinking, impulsive behaviors, violent outburst and so forth.

The Prescription has caused increase in Blood making it a bad deal for patients with High-Blood Pressure. Now you went to the therapist to fix a problem and your problems has increased dramatically at it is all because of health care, mental health, medical, and so on. You start feeling that it cannot get any worse, but the doctors continue increasing your medicines prescribing Tenormin (Atenolol) for your pain and after prescribing numerous doses of inflammatory prescriptions, which lead to stomach

disorders, you are now taking meds to control your stomach. Moreover, it does not stop here. Next, you are given Imipramine HCL for pain, Tramadol for pain, and rotated between antidepressants finally prescribed Effexor XR again.

If you are feeling alone you are not, since many times doctors, mental experts, and health care providers make this mistake excessively many times to count. It is ludicrous to go to mental health experts all to find severe complications exploding your life and you are the one to blame, when in reality these experts made a serious mistake. Since the mental health expert obviously had no choice but to eliminate Hypochondriasis, and claim that they were only searching for answers to the problem (making excuses) you finally say I am searching for another mental health expert, since you have no idea what you are doing.

You go to the next office; sit, wait, and when you are called you talk to an intake worker, then a

therapist, and finally a psychiatrist. You go through the same procedures wondering if these experts are smarter than the other experts you just left, and soon find yourself on Effexor XR, Imipramine HCL, Tramadol, and a variety of other medications.

I told you people what happen before you tell the experts, yet they ignore your cries and tell you to take your medications as prescribed. Are we fixing problems or are we adding to the many problems we face every day. Some mental diagnoses were later proven a medical problem or central nervous interruption that created a series of symptoms delusional to mental health experts, believing that the patient was mentally ill.

Caught in a web of testing and despair we often fight to find a reason that our minds are tricking us into acting out of accordance to the so-called normal. The solution is right in front of them in most cases, yet everyone is turning their heads and looking for another answer.

Steve Hall is the owner of

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, your one-stop location for getting the

information you are looking for on a wide ranging and ever-growing list of subjects.

Does Your Health Insurance Cover Alternative Medicines And Remedies?

By Elizabeth Newberry

When we think of health insurance and the kind of coverage it provides, we tend to think of emergency room visits, doctor visits, hospital stays, and standard medication such as pills, liquids, and injections, i.e., drugs. However, there is enough of an increase in interest in alternative medicines and remedies that is causing a few health insurance companies to include them, to a degree, in their health

insurance policies.

Alternative medicines and remedies tend to be more cost effective than standard medicines and remedies, and scientific evidence shows that alternative medicines and remedies are more than just beneficial to our wallets - they are also beneficial to our health. A few examples of alternative medicines and remedies include: acupuncture, massage therapy, meditation, mind and body stress management, chiropractic services, and herbal remedies.

People who choose to use alternative medicines and remedies currently pay for most of the cost, if not all of the cost, themselves. Even though the consumer demand for alternative medicines and remedies continues to grow, most health insurance companies don't offer coverage for these types of health services, and those that do might offer very limited coverage.

One of the main reasons health insurance companies are skeptical about including alternative medicines and remedies in their health insurance policies is the fact that many of the alternative medicines and remedies don't seem to work; however, the reason many of them fail to work is because the health insurance companies that do provide coverage for alternative medicines and remedies do so only to a limited degree. In other words, due to the limited coverage health insurance companies provide for alternative medicines and remedies, many of the practices aren't given enough time to be effective.

If you're interested in purchasing health insurance that covers alternative medicines and remedies, give your state insurance agency a call. Find out what health insurance companies in your state offer coverage of alternative medicines and remedies.

<http://www.myquoteguide.com/Car-Tips.shtml>

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