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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Memories Of Disneyland Paris**

**By Steven Cronin**

The harness forced me rigid in my seat. The pressure across my chest momentarily took my breath away. Fixed in position the only things I could move were my hands and feet. My heart raced at least twice its normal rate as we inched towards the starting point.

Anxiety began to swell inside me; I could feel my stomach turning. A deep fear within was urging me to escape and free myself from this unknown. As apprehension hit the zenith, loud rock music started blasting from two speakers concealed either side of the headrest.

White smoke normally reserved for nightclubs began to fill the arena. The only illumination was from disco lights perched above and beside the track, the only clue as to where you were heading.

As the mechanism took up the slack and prepared to slingshot us into next week, my backside began to twitch as I realised we had gone past the point of no return. The coaster was now primed and nothing was going to stop it.

Then it happened. Without warning we accelerated with such ferocity your cheeks were sucked through your skull. It was impossible to raise your head to see where you were going. Not that it made any difference, smoke was everywhere and visibility was zero.

It seemed to be over in seconds. It was the best ride I had ever been on. I wanted to go straight back on but there was the whole of Disneyland Paris to explore and time was money. But I would return to the Aerosmith rollercoaster.

Perhaps what surprised me most about Disneyland Resort Paris was how much there was for adults. I went with the expectation of a child oriented theme park with little time for grownups. But Disney Village is superb, full of bars and restaurants, shops and even a cinema. The only downside is the sheer volume of tourists. Even out of season you can expect to queue endlessly for food and drink.

The Cheyenne hotel is a throwback to the days of the American Wild West. Suitably decorated, it offered all the taste and flavour of cowboys and indians. The saloon bar feels altogether authentic;

country and western singers provide the entertainment as you down another bottle of beer.

If you can avoid the likes of Goofy and Mickey Mouse, you may just be able to suspend reality long enough to believe yourself in the world of Wyatt Earp.

Steven Cronin owns the City Breaks website featuring city break special offers from luxury hotels to budget accommodations. For more information please visit

<http://www.sargas.co.uk>

### **Planning a Vacation? How about Disneyland!**

#### **By Justin Brown**

After working hard all year long, everyone deserves a vacation to relieve all the stress and to enjoy time with friends and family. This is why it's important to choose a destination that will fulfill all expectations...Disneyland!

As many go on holiday with family, it is essential that there is something to enjoy for all members of the family, and this is certainly the case at Disneyland. Surprises are always welcomed, but if you have children and you decide to spend your vacation in a city that has nothing fun to offer them, then the surprise turns into a nightmare. Going away from friends, even if for a week, seems to children something that requires an effort, so try and make them want that vacation by offering them exciting with plenty of things to do, things that can combine education and pleasure.

The choice of Disneyland vacation destinations is entirely yours. Depending upon a number of factors you may choose to visit Disneyland in Paris, Florida, California, or Tokyo. This will depend on how far you are willing to travel, your vacation budget, and if there are any other attractions that you may wish to visit whilst there. All offer great features for kids and adults to enjoy, and there is always plenty going on at all times of the day to ensure that no-one gets bored.

Maybe Disneyland isn't for you, but of course there are wonderful places to visit all around the world. If budget allows it, you can make a trip around the world to visit the seven world's wonders, which will be something that you will never forget. The Pyramids for instance are mysterious buildings, dated since the ancient Egyptians, enclosing a technology and architecture that can hardly be matched even in today's world. Go and walk through these world wonders to try and understand the mystery, to see for yourself the simplicity of the people and the splendor of the country.

Vacation can simply be spent at home also. We can just relax and catch up on lost sleep if we feel too exhausted to travel. Meeting friends, having barbecues, sitting by the pool and playing with children will make us forget the hard year that passed. However, make sure one of your vacations is spent at Disneyland; it really is a "must-do" vacation that shouldn't be missed!

Disneyland Tickets

provides some great information on a variety of

Disneyland

topics including the

Disneyland hotel

. Be sure to stop by the site and have a read through the information available.

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