

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Men, Look Forward to Shaving

By Jessica Friedman

Men, Look Forward to Shaving by Jessica Friedman

La Vita Body's line of all natural skin care products is offering men a new outlook for the morning shave.

Seattle, WA — 10/25/2004 — Shaving was always just another one of those morning necessities — until a friend gave me a sample of a new product by La Vita Body, Shave Cream For Men - Ginger.

The Shave Cream for Men label invites you to "Experience a close, comfortable shave with this rich, moisturizing cream. Plant extracts and vitamin B & E soothe and protect the skin from irritation, with coffee extract for added stimulation."

The shiny cream has a swirly appearance that resembles a custom, pearlized paint job found on an expensive car. It's thick and creamy — like a vanilla shake. It feels cool and invigorating. But for me, the best part of the experience was the aroma.

Its distinctive, fresh, clean smell brought back childhood memories of going to the one-chair barbershop with my father. I didn't know that you could bottle that smell, but it's a great sensation.

It's amazing that so many memories can be triggered by a scent, and La Vita Body Shave Cream has transformed my morning shaving experience into something that I look forward to. The product can be purchased online at LaVitaBody.com.

Located in Seattle, WA, La Vita Body products promote soft, silky, calm, toxin-free skin while contributing positively to the environment and global community.

None

Tips On Removing Facial Hair

By Angela Myers

Facial hair can be embarrassing for women especially if it is darker than the surrounding skin. You want to always look your best, but it's tough to put your best face forward when it is covered in facial hair.

How much your facial hair bothers you is a personal choice. You can go all out and reshape the eyebrows, remove hair from inside the nose and remove hair from the chin, lips, and face.

Is shaving truly the best method of removing unwanted facial hair? It is certainly the most used method by men. A whole industry has arisen around shaving; gels, shaving creams, after shave, and the vast array of shavers available, all designed to reduce skin trauma and irritation from shaving. Shaving may work for men, but for women it really isn't much of an option. In fact, some men are even seeking an alternate method for removing hair from the face.

When women have excess facial hair, it is usually along the upper lip and on the chin. So what is the best method for removal? Plucking is not a good choice because it would take forever and it is painful. Are there any methods of hair removal acceptable for use on the face?

Depilatories are one option although probably not the best. They are however an inexpensive short term hair removal option. The downside is that they contain harsh chemicals which can burn and irritate the skin, so care must be taken when using depilatories. Since only the visible hair is removed by being dissolved, the process is short lived and must be repeated often.

Electrolysis and laser are the best options. These methods remove hair permanently by damaging the base of the hair follicle so the hair just stops growing. The options are quite pricey and are long procedures to undergo.

Waxing combines the best of the two methods above and is quickly becoming the hair removal method of choice by both men and women. Waxing pulls the hair out by the root just like tweezing. The hair will grow back, but it will take quite a long time. Waxing is inexpensive and you can do it yourself at home if you need to.

And there you have it, a few good methods of removing unwanted facial hair. If all else fails, see your doctor for recommendations.

Angela Myers is a staff writer at

and is an occasional contributor to

several other websites, like

Men, Look Forward to Shaving



This Free E-Book has been brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!