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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Mercury-Free Dentistry – Is There Poison In Your Mouth?**

**By Sanoviv Medical Institute**

100 Million Americans have it in their bodies, right now, reeking havoc in every cell. 72 tons of it is placed directly in the mouths of North Americans each year.

It can contribute to major chronic degenerative diseases including heart disease, multiple sclerosis, Alzheimer's, Parkinson's, autism, chronic fatigue syndrome, kidney disease, and other neurological diseases, just to name a few.

Is it in your mouth? It might have been put there innocently by a well-intentioned dentist many years ago. But now, more and more research is showing that this toxic substance may be causing untold damage to your entire system. And the only way to eliminate the risk is to eliminate the substance from your body, safely and thoroughly.

The substance is Mercury. Mercury is the most toxic, non-radioactive heavy metal on the planet, more toxic than lead. According to the World Health Organization, or W.H.O, there is no known safe level of mercury for humans. The tiniest amount of mercury entering the body can inflict widespread damage to cells, tissues and organs.

While mercury can enter our bodies through many environmental avenues, the W.H.O. data shows that mercury released from amalgam fillings is, by far, the primary source of exposure. In fact, the W.H.O. estimates that exposure from amalgams is 6 to 7 times greater than exposure from fish or other food sources and 400 to 500 times the level of exposure from the environment.

"The controversy regarding amalgam fillings has been raging for over 100 years. Yet one thing is clear: the U.S. Environmental Protection Agency and the Occupational Safety and Health Administration have both declared the mercury in amalgam fillings as a toxic, dangerous substance, that should not be touched or released into the environment. OSHA requires that dental amalgam materials be stored in unbreakable, hazardous waste containers, away from heat and no one should handle amalgam material without protection. If OSHA has determined that the mercury release from amalgam is so dangerous that it can't be touched, then why in heaven's name are we putting this stuff in our mouths?"

## Mercury-Free Dentistry – Is There Poison In Your Mouth?

Mercury's most profound health damage is inflicted upon the central nervous system, the tissues in the brain and spinal chord. We now know that mercury from amalgam/silver fillings can contribute to many health problems. Most frightening perhaps is that mercury can pass through the placenta of a pregnant woman and infiltrate the fetus' central nervous system. Mercury from amalgam fillings can also pass from breast milk to a nursing newborn.

At Sanoviv's state-of-the-art Oral HealthCare Center, we understand the important relationship between oral health and overall health. We also understand that neglecting these dental health problems may jeopardize the successful treatment of other, more serious diseases. Because of our commitment to whole body health and healing, we offer a unique Mercury Detoxification Program. This exceptional program is available for anyone wishing to have his or her dental care performed at Sanoviv's mercury-free holistic dental center.

Because of Mercury's extreme toxicity it will not be enough just to have your mercury/amalgam filings removed and replaced. While it is possible to remove amalgam fillings and replace them with a safe, non-toxic composite, removal must be done using a rigorous protocol in order to eliminate potential mercury exposure when taking out the fillings.

When you choose to have your amalgams removed, you will be examined for amalgam fillings and tested for harmful mercury vapor using our state-of-the-art mercury vapor analyzer. If necessary, additional tests will be recommended to help determine whether mercury has accumulated in your body. The best approach to removing and replacing these toxic fillings will be designed specifically for you. We will also provide you with a scientifically designed Mercury Detoxification Program. This program may include "chelation therapy" – an intravenous therapy that will help flush the body of mercury. It may also include anti-oxidant supplements, antihomotoxic medicine and lymphatic drainage massage after every amalgam removal treatment.

These processes provide the best opportunity for your body to rid itself of mercury that has accumulated in your tissues and organs. In depth studies show that individuals who have had their amalgam fillings removed report marked improvement in their health over a series of weeks and months.

Sanoviv is a toxin-free, breathtakingly beautiful, licensed medical hospital and health retreat. The Sanoviv medical team is a highly experienced, internationally trained group of physicians, nutritionists, psychologists, and fitness experts committed to treating your whole being: mind, body and soul.

<http://www.sanoviv.com/>

## **Cosmetic Dentistry – A Perfect Smile**

**By Ryan Bombard**

Teeth are an important aspect of your personality. They play a major role in speech, digestion and enjoying food. It is essential to care for your teeth. Modern dentistry with high-class equipment has

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made a visit to the dentist a less daunting and painless experience. Plain dentistry has evolved into a new role – cosmetic dentistry. The teeth can be so re-modeled and repaired that they bring happiness into the lives of people who were discontented with their looks. One need not lose self-esteem and self-confidence due to unattractive teeth. Cosmetic dentistry corrects the defects, gives you a dental facelift and augurs well for your confidence. It can change your appearance, making you feel better, look better and happier.

Advances in Cosmetic Dentistry Cosmetic dentistry has made rapid advances in dental procedures. High-speed drills, anesthesia, sedation and comfortable surroundings relax the patients. The trauma of pain and anxiety associated with dental visit is greatly reduced. Natural colored filling material is available for front teeth, while back teeth can be plastic coated or filled with sealants to prevent tooth decay. Badly damaged teeth can be capped or crowned. Plastic braces have replaced the ugly metal braces. The invisible mouthpiece corrects the teeth without effecting your smile and confidence.

Services Porcelain laminate veneers are specially made porcelain wafers. They are the same shade as your original teeth and can be placed over the chipped or disfigured teeth to make them look new. A gum-lift procedure can rid or lift the gum so that your teeth appear longer and whiter for an attractive smile.

Brilliant and dazzling white teeth are any persons dream. They can be achieved by tooth whitening method. Use of high intensity light along with 35% hydrogen peroxide can whiten the teeth within an hour or two by an experienced orthodontist. At-home whitening is another self-help method. In this method special trays made to size are fitted in patients mouth, filled with 20% carbamine peroxide gel. They can be worn during sleep for a week to show whitening results.

The potential for modern dentistry is unlimited. A good, experienced doctor can give you the smile that you have always desired.

Ryan Bombard writes about various cosmetic dentistry topics. For more info visit:

<http://www.smile-cosmetic-dentistry.info/sitemap.htm>

and

<http://www.top-cosmetic-dentistry.info/sitemap.htm>



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