

Music – a great tool to develop your child's intelligence

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Music – a great tool to develop your child's intelligence

By Esther Andrews

Music – a great tool to develop your child's intelligence by Esther Andrews

Whether you have high aspirations for your child in the area of music or not, learning and listening to music is highly advantageous for your child.

It is common for mothers of very young children to sing to them, in order to calm them at the end of the day, so that they go to sleep. Hymns and patriotic music are played in official occasions and conventions, to arouse patriotic feelings in people. Loud and fast music with strong tempo is played at parties, to motivate people to dance and "have fun". "Romantic" type music is played in movies as accompaniment for romantic scenes.

Music has the power to change our mood and affect us in ways no other tool can.

In addition to all that and most important for our children, it has been shown in research and statistics, that listening to music results in the creation of special neural connections in our brain, neural connections that increase our intelligence. There is a very interesting correlation between math and music, and it has been shown that people who are mathematically inclined, are also talented in music. Learning musical theory is very enriching to a child, and listening and playing music is a superior tool for the development of the audio memory.

Above all, when your child is learning to play music, he is achieving all this growth, while having fun and enjoying himself. Offer to your child the opportunity to take music lessons, to choose his favorite instrument, and let him decide if and when he is interested. If your child is not interested in the present moment, don't forget to offer it again later, your child might be ready to start at a later time.

If you love music, or are interested in music yourself, why not do this activity with your child? It will bring you closer together, and strengthen the bond you have with your child forever! Music is an excellent tool to improve your relationship with your child, especially during the "difficult" teenage years.

Music – a great tool to develop your child's intelligence

Babies and Toddlers: Start with listening to music. If you have a newborn, or a young baby, you can play classical music during the day, while you are doing all other activities. It is also good to play soft, classical music while the child is asleep. A good time to play classical music is while you are driving with your baby in the car. But don't limit yourself just to classical music! Play children's songs, sing to your child and with your child often. Another thing you can do is taking your child to concerts. If possible, you can take your child to a concert, maybe with a partner or a friend, and agree ahead of time that if the baby cries, one of you takes the baby out. See how it goes. You might have a baby that is naturally quiet in concerts. Another thing you can do, is taking the baby to outdoor concerts. In most cities, during the summer there are free outdoor concerts of different styles of music. Those are excellent opportunities to expose babies and toddlers to various styles of music, while they can watch the players and the different instruments.

Very young children can start learning to play a musical instrument. There are many teachers that are

trained to work with babies, and especially the Suzuki method was developed with the very young in mind. Make sure you find a teacher that understands children! When my son was a baby (about 18 months old) I have taken him to a piano teacher who claimed to be an expert in young children. However, she has expected her young students to sit quietly for extended periods of time, listening to other children play. She has reprimanded us when Eric got up and tried to walk around during a long recital. This teacher didn't have children of her own, and did not understand how to work with children and what can be expected. The teacher we have found later really knew how to engage Eric in the lessons, and how to adjust her lessons plan to his interests.

For parents who would like to find a suitable music teacher for their children in their area, here is a directory of music teachers:

www.musicstaff.com

School Aged Children: Since the cost cutting measures many school districts have taken, music is hardly taught in school any more. If your child has not taken any music lessons yet, make sure your child is exposed to different kinds of music. One trick that worked for me was, playing the classical music channel while we had to drive in the car. Having a busy schedule, like most people nowadays, we spent a long time in the car, and I took the opportunity to play classical music from the radio, or from CD's.

A highly recommended activity that children love, is learning to play an instrument "by ear". This is an excellent method of strengthening the audio memory of your child. This will have a profound effect on your child's learning ability. A good program for learning to play the guitar by ear is provided by Jamorama. This program is an excellent place to start, until your child is ready to go to music lessons, or if it's difficult for you to enroll your child in guitar lessons at the moment. Your child can use this program at the privacy of your own home. He will learn to play popular music, and maybe later will be interested in classical guitar.

Whether your child is taking music lessons or not, playing an instrument or not, make sure to provide for your child ample of opportunities to listen to music, and to watch other people playing a variety of

Music – a great tool to develop your child's intelligence

instruments. When my son was about 13, he has requested to go to a concert of a popular band. We wanted to support him, and thought that it would be a great opportunity for us all to enjoy music together, so my husband and I bought 3 tickets to the concert. The music was so loud, that we could not take it. As we left the concert hall, a savvy fan has offered to give us a pair of ear plugs. We went back in, and enjoyed the rest of the concert with our son, who was having a great time! In my son's opinion, we were the coolest parents, making it possible for him to attend the concert, and enjoying the evening with him. You want to expose your child to many types and styles of music, not just what he is naturally exposed to by his friends. Go to concerts together, (even if the style of music is not your favorite).

Let your child listen to "oldies", he might like it! Tell him stories about old singers, especially the singers that you like and admire.

Summary: Music is an excellent tool to increase your child's intelligence and his audio memory and discrimination, while enriching his enjoyment in life. It gives your child the opportunity to meet other children their age, participate in recitals and bands, and excel in one more area. It is advantageous for children of all ages, from infant to college students (and adults), and gives you, the parent, the opportunity to enjoy this activity with your children and strengthen your bond and friendship with your

child.

To find out more about activities you can do with your child to develop his intelligence, go to www.all-gifted-children.com.

Esther Andrews is a mother of 2 brilliant children. She has dedicated her life to learning how to develop a child's genius. She has developed her own method, and applied it to her own children with great success.

Introducing Children To Music... Strategies For Success

By Adwina Jackson

I've heard a million parents lament the fact that they didn't get their children interested in music sooner.

There are also hundreds of adults out there that wish they had learned how to play an instrument when they were younger.

Studies actually support the idea that music stimulates certain brain connections and can actually help children grow smarter!

Music also provides an invaluable outlet for safe expression of feelings and emotions, and can also serve as an important learning tool throughout your children's lives!

Music – a great tool to develop your child's intelligence

Music helps educate in many ways, by developing children's memory skills and nourishing their spirit.

Now, some children are a bit resistant to music at first, but you can easily find ways to encourage them to enjoy music in many different forms early in life.

You need to simply adopt some creative ways to introduce music in your children's life without forcing them to take on a task they aren't interested in (Hint: don't go buy a saxophone and tell them to practice or else).

Here's how you can successfully and gently introduce music into your children's life:

- Allow them the opportunity to select an instrument they are interested in. Even if that instrument is something you consider too large or incompatible for them. Be willing to let your children make their own decisions and encourage them when they do.
- Play a variety of different music in the home whenever your children are around. Turn on the radio and turn off the TV, and make a point to try and play something different every day.
- Teach your children how to sign songs. Children learn through music. You can use songs to teach numbers, the alphabet and even help develop basic memory skills.
- Help your children make up their own songs. This will encourage them to use their natural creativity and talent.
- Hum a tune with your child. Praise them when they try something a little different.
- Consider taking your children to age appropriate concerts.

There are many concerts specifically designed with children in mind, chock full of songs and beats that will entertain and delight even the youngest of children.

Music is an important part of the developmental process children go through.

Children who are involved in activities such as band or other musical outlets are less likely to get involved in problematic behaviors and dangerous after school activities.

Music has even reportedly increased the intelligence of newborns, particularly building spatial reasoning.

Music also makes the world a happier place to live in. You'll enjoy learning as much as your children will, and you can even explore music together!

By introducing your children to music while they are still young, you will ultimately improve their lives and their appreciation of the world in many ways.

Music – a great tool to develop your child's intelligence

Adwina Jackson is a wife and mother of a young boy. She's also the editor of Inspiring Parenting, an online source of valuable parenting information. Please visit

for

helpful and free parenting info. Observe your children's health, growth and development by clicking the website.



This Free E-Book has been brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!