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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**My Mother, the Person**

**By Heidi B. Lapin**

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I left home at 17 and got my own apartment. I was very rebellious and independent. The first few months away from home, I was excited, but deep down I felt the insecurity of not having my mom, my safety net, to take care of me if and when I may be in need. As I grew up, I realized how she must have felt when I left home. (It was just the two of us for a long time because my dad left when I was 10 and my brother was off at college.) My mom had so much stress on her; especially around the time I was between 14 and 17 years old. We had no money, her mom died, she had a rough job, and all this was happening when she was going through her own reassessment of life; as was I.

As an adult, I understand her anger and resentment regarding my leaving home. I left her...alone. I realize now that when I was feeling insecure being newly on my own, my mother must have been feeling the same way. She wasn't just feeling the effects as MY mom. She was feeling the effects of being a woman on HER own for her first time, too. She was feeling the effects of being a divorced woman, overdue bills, the loss of her mom, an independent son far away at college, and the daughter whom she pushed away due to misdirected anger while her daughter did the same to her.

A few years later, Mom and I began working out our kinks. We both realize now, that we both had our own demons as individual people. It was 2 hormonally changing females who both got the short end of The Stick of Life, together, against the world. What's the lesson we both learned in time? Those two words I just said...Together. Together we are mother and daughter, sometimes against the world still, but not against one another.

I know now that my mom was more than MY MOM, she was a woman, a wife, an ex-wife, a working woman, a daughter, a sister, and more. At age 32, I still believe the world revolves around me, but now I know that it's not my mother's life-purpose to keep that world moving. I think now I have earned her respect as her daughter, and as a person. I know she sure earned mine. If she wasn't my mom, I would be so lucky just to know her.

A 9 time published author of poetry, a long-time practicing witch, and day career of a 14 year manager of a veterinary hospital, I am hoping to publish my own first non-fiction book of writings and poetry in the near future. I have been writing and creating my own "greeting cards" since approximately age of 7 and still continue to date.

## **Mother's Day, The Second Sunday In May**

**By James Zeller**

The second Sunday in May comes every year with little fanfare. Many of us nearly forget it as Mother's day one time or another. Mother's Day can be a joy of sharing thoughtfulness, care, and consideration with Mother's Day cards, flowers, and gift ideas. But, the true gift is showing mom we love her and expressing it in a way that is meaningful to her.

Every year in America we celebrate Mother's Day on the Second Sunday of May. Although we are only half way to Christmas, a special gift is due to a special endearing person, your mother. You can tell your mom, in a very special way, how much you love her and how much you appreciate her, but showing her that you love her is what truly counts.

A bouquet of flowers for her on Mother's Day is certainly an appropriate and thoughtful gift idea. Mother's Day flowers tend to express what words cannot say and fill the home with beauty and soft fragrance. Mother's Day flowers convey tenderness and beauty to a mom who will remember moments of sweetness a bouquet of flowers will bring to mind.

We can show mom our love by taking time out of our busy lives to visit her, to call her, and to be with her. As children we experienced unconditional love from our mother. As adults we need to honor that love in reciprocation. This year, on the second Sunday in May, take time out to tell her how special she is. You may say it with a lovely Mother's Day card or a Mother's Day gift that is selected especially for her.

A Mother-in-law is also entitled to a sincere gesture of care and thoughtfulness on Mother's Day. Mother's Day can help us to strengthen this special relationship. On Mother's Day you can convey that she is truly an integral part of the family, and that you wish to give her a place in your family's daily life. Mother's Day offers an opportunity to share a few moments of consideration for your mother-in-law with caring thoughts, a Mother's Day card and a unique Mother's Day gift she would enjoy.

The ideal Mother's Day gift would be a gift idea that she would find useful and practical. It would also be elegant and exquisite. A gourmet kitchen gift or selections of imported gourmet condiments make great gift ideas for a Mother's Day.

An excellent gift idea would be to present her with a hand blown glass teapot for her kitchen. Perhaps an oil and vinegar set from Europe would be appropriate. A gourmet gift accentuates your appreciation of her cooking and taste, and adds flavor to a time of reflection, such as tea time. Today you will find all of these Mother's Day gift ideas online. The perfect Mother's Day gift is easily found in numerous gift shops and boutiques, but remember **SHOWING** your mother that you do indeed love her, means more than any item you could send her. Mother's Day is always the second Sunday in May, halfway to Christmas, yet "a gift to give" well worth remembering.

James Zeller writes for gift related websites and blogs. One such site for unique gift ideas is

where he found a creative collection of culinary gourmet gifts perfect for

holidays such as Mother's Day.



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