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**Menopause, Andropause And Other Hormone Imbalances**  
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**Myths Of Pool**

**By Jerry Powers**

## The Dominant Eye ## Everybody thinks you need to put your cue under your dominant eye or

under your chin. But where does Keith McCready and Earl Strickland fit in then? If this were the case, I guess they might need to give back their world championships. Neither Keith nor Earl hold their cues underneath their "dominant eye." Keith and Earl, of course, are not the only players who hold their cue in a place other than their "dominant eye," or chin. The dominant eye is only good for the length of your arm. After that length, both eyes must work together to give you true precision in aiming.

## Hit the Ball and Then Follow Through ## If you hit the ball, it's gone. What good is follow-through going to do? The ball has already left the tip of your cue. What would a baseball batter do if he hit the ball mid-swing, and THEN finished his swing. What would he have? A bunt, right? How about a golfer: if a golfer hits the ball, and then he decides to finish his swing and follow through... What would this be? Well, it'd just be a chip shot. The same principals that apply to both of these sports must, also, then apply to Billiards. A follow through is a two-part action when you hit something and THEN follow through. This is, of course, opposed to the correct method: a one-part action of hitting the ball!

## You've Got To Hold Your Cue Six Inches From the Balance Point! ## The problem with this is that the idea of a standard balance point came from a book that was established in 1954 based on Willie Mosconi. Willie Mosconi was only 5'4" and had only 26" arms, and it goes without saying - these are likely not the dimensions of the average player. And what about players like Jim Rempe and David Howard who hold their cues either at the back of the wrap or the back of the cue? With the varying length of their wingspan, the position in which they grip their cues also vary. I see guys that are about 6'4" trying to hold their cues up closer to the wrap, but they eliminate their needed stroking room!

## The Longer the Bridge or Heavier the Cue! ## People think if they need to turn or twist their back end of the cue while striking, however, this is ridiculous because the cue is only in contact with the cue ball for 1/1000th of a second. What effect then does the extra movement accomplish? Are you breaking balls for dough or for show? If a heavier cue is the answer, why not have a 50 lbs break cue? It would break better, right? And if a longer cue is better why not make it 50 feet long? Based on the premise that you want to get the heaviest cue with the longest bridge, your new cue would be great with such a combination.

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**## Transferring Spin ##** Putting right spin on a ball before it contacts another ball will not truly spin another that it contacts because of the simple fact that was stated above: The balls are only in contact for 1/1000th of a second. A good experiment for this is putting two striped balls on the table (say a 10 and a 13), turn the stripes exactly the same direction, and put extreme right or left on the ball that you're hitting. If the other ball takes the spin, then the other ball should take off spinning opposite just as fast as you put the spin on the other. However, in a real-life circumstance it turns out it'll shoot just as straight. The contact surface between two balls is only about the size of the tip of an ink pen; not a particularly large surface to transfer spin with, is it?

**## Swing your cue until it feels right, THEN hit the cue ball ##** Another big mistake that players make is swinging their cue until it "feels right." That is as preposterous as aiming at a target while wave your gun until you feel it's time pull the trigger. This would never let your eye lock on the target, because you are in motion. When you move, your eyes keep gathering information so you can make a decision, but

if you keep swinging until "it feels right" how will your eyes focus at the target to hit object ball correctly?

**## The Cue Never Misses - It's so good you can't believe it! ##**

The funniest thing I have ever heard is that one's "cue never misses, because it's so good you wouldn't believe it!" I have personally laid the cue on the table, backed up, and stood and watched the cue and it has never made a shot by itself. I have actually said get it, shoot it, and despite this, it just doesn't seem to do a thing on its own. People really believe the cue is what plays the game for them. A good cue is ONLY a good cue, and will only go as far as the player's skill will take them.

Jerry Powers is a veteran in his industry with over 20 years of manufacturing experience. His website and cues can be viewed at

<http://www.jericocues.net>

, or you can check out Jerry's articles at the

Budget Billiards pool cues newsletter (

<http://www.budgetcues.com/>

).

## **Pool Patio Furniture: How To Find The Right Set**

**By Jesse Akre**

While a backyard pool is great, it's not really a place to relax unless you have comfortable pool patio furniture. Pool patio furniture can make or break the ambiance of a swimming area. Get the right pool

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patio furniture, and you will have a warm-weather retreat for you and your guests to escape to. Get the wrong pool patio furniture, and you will have a place where no one wants to stay for very long.

Shopping for pool patio furniture can be more involved than shopping for regular outdoor furniture. Pool patio furniture has to be able to withstand constant moisture in addition to the outdoor elements. If you buy outdoor furniture not suitable for a pool environment, the furniture in most cases will not last very long.

Pool patio furniture comes in a variety of shapes, styles, colors and materials. Over the years, plastic pool patio furniture has become popular among many swimming pool owners. This is mainly because water can't really damage the plastic this type of pool patio furniture is made from. However, anyone who has tried seating themselves upon sun-heated plastic pool patio furniture after a swim will tell you just how uncomfortable the experience can be.

While some plastic pool patio furniture is indeed uncomfortable, there is quality plastic pool patio furniture that can be very durable and quite comfortable, especially if used with waterproof seat cushions. When buying plastic pool patio furniture, the trick is finding furniture made of high-quality recycled plastic referred to as "Resin" that's thick enough to provide you with years of comfortable use.

Many people avoid wood pool patio furniture because they think wood can't hold up to the abuse of a poolside environment. Contrary to popular belief, some wood can make absolutely wonderful pool patio furniture. Cedar, for instance, doesn't warp and doesn't rot. It also stays cool in warm weather, allowing for comfortable poolside seating. If you like the look and feel of wood, you can definitely find wood pool patio furniture to suit your tastes.

Jennifer Akre, owner of numerous home and patio decor websites, makes it easy to find fantastic

<http://www.adirondackchairs-store.com/teak-furniture.html>

and beautiful

<http://www.adirondackchairs-store.com/view-all-adirondack-chairs.html>

. Learn how to decorate your

patio and garden in style – click the following link:

<http://www.adirondackchairs-store.com>

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