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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Natural Mosquito Repellants

By Scottie Johnson

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NATURAL MOSQUITO REPELLANTS

When you are in your home environment, there are many things you can do to stop mosquitoes from invading your space. When you are away, on camping trips, traveling, or for other outdoor activities away from home, you need to be armed with a good repellent. Most over the counter products contain DEET, a powerful and effective repellent. Many people prefer to stay away from using DEET. DEET, while effective, is still toxic to humans and incautious use may have negative health consequences. While the Center for Disease Control and other governmental authorities recommend its use, many medical experts caution against it. Instead, consider using a natural mosquito repellent. Like the rest of us, mosquitoes find certain scents attractive, and some repel them. Natural mosquito repellants have been around much longer than their manufactured chemical counterparts. And, it is safe to say that what works for one person will not work as well for another. When applying natural mosquito repellants, keep in mind that, because of their gentler nature, they will probably have to be applied with greater frequency, generally at least once per hour, and after heavy perspiration. There are many, many different "home remedies", so experiment with all of them to see which natural mosquito repellants work best for you.

CATNIP OIL

One of the most promising new natural substances for repelling mosquitoes is catnip oil. The active substance in this oil, nepetalone, is 10 times more effective at repelling mosquitoes than DEET, according to a recent study at the University of Iowa. Catnip oil repellent can be obtained in three ways. First, you can grow your own, crush the leaves and rub it on your skin. Catnip is very easy to grow and is a short lived perennial in most of the United States. The second way is to make your own infusion. You can take two or three large handfuls of the stalks and leaves, cover them with olive or canola oil, heat very gently for 15 minutes and let sit overnight. Then strain the solids out, and refrigerate the oil.

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Or, if you are not inclined to grow and bottle your own, you can buy essential catnip oil from a limited number of herbal oil suppliers.

HORSEMINT

You can do the same thing with horsemint.

This natural mosquito repellent is made by infusing horsemint (*Monarda punctata*) in olive oil. Horsemint has a scent similar to citronella. Place the leaves and flowers in a saucepan. Cover with olive oil and heat over low heat for approximately 15 minutes. Allow to stand overnight and then strain. Store in a cool, dark place. Rub on skin before going outdoors. Horsemint grows wild in most of the Eastern United States, from Mexico, Texas up to Minnesota to Vermont. This oil is not available commercially, so you make your own or do without.

ROSEMARY OIL Rosemary oil is another great natural mosquito repellent. The procedures for making your own oil are the same as for catnip oil. Most essential oil merchants have this oil available for purchase.

BOUNCE

Grab a sheet of Bounce fabric softener and rub on exposed areas. This is even safe for babies and it is easy to tuck a few extra sheets into the ever-present diaper bag, for Mom and Dad too. And, like all of the more natural mosquito repellents, it needs to be reapplied often.

Several suppliers have done the hard work for you and combine some of these natural oils in easy to use preparations.

A few of the better ones are:

BUZZ AWAY

Buzz Away is an herbal, all natural mosquito repellent that is very effective. It contains natural oils of cedarwood, citronella, peppermint, eucalyptus and lemongrass, which gives it the added plus of giving it a nice, clean scent. It has been awarded the National Parenting Center Seal of Approval. One advantage is that it contains a variety of oils. There are many different types of mosquitoes, so having a broad spectrum of natural mosquito repellent ingredients is a better attack strategy.

JUNGLE JUICE

Jungle Juice is another plant oil based natural mosquito repellent which is also quite effective. It contains essential oils of clove, eucalyptus, geranium, orange, palma rosa, rosemary and sage. No chemical preservatives, alcohol or artificial colorings are used. It is also waterproof. Its aroma is very pleasant, resembling a mix of cinnamon and cloves. Jungle Juice, as a natural mosquito repellent, is a great solution. It is safe, easy to use and completely natural.

Natural Mosquito Repellants

Scottie is a life long mosquito warrior. She has spent years researching ways to kill and combat mosquitoes. If you want to know more, she recommends the following site:www.mosquito-kill-net.com

Mosquito Magnet

By Graeme Ramsey

There's nothing worse than trying to get a good nights sleep and hearing the buzz of a mosquito, knowing that within minutes it will land on you, only to disappear when you turn on the lights to catch it.

Maybe there is something worse.

Have you ever had a barbeque and everyone is standing around slapping the bare skin on their arms and legs trying to kill all the mosquitos that keep landing on them?

Fortunately there are some solutions that can save you from the torment of those pesky insects.

You have a choice between the mosquito repellents and the mosquito killers.

Mosquito repellents come in various types and generally have Citronella that ensures the mosquitos will not pester you.

Citronella can be used in candles where the burning of the candle will keep the mosquitos away or as a rub on cream that will stop the mosquitos from landing on your skin.

The most popular products for killing the mosquitos are the mosquito zappers and the mosquito magnets.

These products attract the mosquito to them where they are then killed.

By using either of these two products there is less likelihood of having mosquito problems as they will be exterminated whereas the repellents only work for a specified time after which the mosquitos will return.

The zappers and mosquito magnets can attract mosquitos from quite a distance and with regular use they will reduce the population and in doing so require less and less use.

Mosquito magnets are an economical solution to a problem that can be very disruptive over the summer months.

There are various different brands of mosquito magnets and their prices vary accordingly. You will need to determine the extent of your mosquito problem and the area where they need to be eradicated to decide on what type of mosquito magnet is best suited to your requirements.

Graeme Ramsey offers advice on a common summer problem Mosquitos

Natural Mosquito Repellants

Mosquito Magnet

Mosquitoes in Your Garden? Try Planting These.

Send West Nile Virus Packing

The History of the West Nile Virus

Mosquito Farms? Is That What Water Gardens Are?

Natural Pain Management

How to Gain and Retain More Customers

Understanding Acne: Causes, Cures and Myths

How To Improve Blood Circulation

30-Day Low Carb Diet 'Ketosis Plan'

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